In the management of depression...


## CONSIDER SAFETY.

# CONSIDER EFFECTIVENESS. 

## CHOOSE ZOLOFT FOR FIRST-LINE THERAPY.

The most common side effects include nausea, diarrhea or loose stools, tremor, insomnia, somnolence, and dry mouth.


BRIEF SUMMARY
ZOLOFT ${ }^{\text {s }}$ (serfraline HCI)
INDICATIONS AND USAGE: ZOLOFT (sertitroline hydrochloride) is indicated for the treatment of depression.
CONTRAINDICATIONS: None known. WARNINGS: Cases of serious reactions have been reported in patients receiving 2OLOFT in combination with a manoamine oxidase inhibitor (MAOI). The symptoms have included mental status changes such as memary changes, confusion and irritability, chills, pyrexia and muscle rigidity. In patients receiving another serotonin revptake inhibitor drug in combination with a monoamine oxidase inhibitor (MAOH), there have been reports of serious, sometimes fatal, reactions including hyper-
thermia, rigidity, myocionus, autonomic instability with possible rapid fluctuations of vital signs, and thermia, rigidity, myoclonus, autonomic instability with possible rapid fluctuations of vital signs, and mental status changes that include extreme agitation progressing to delirium and coma. These reactions have also been reported in patients who have recently discontinued that drug and hove been started on an MAOI. Some coses presented with features resembling neuroleptic malignant syndrome. Therefore, it is recommended that ZOLOFT (serfraline hydrochloride) not be used in combination with an MAOI, or with in 14 days of discontinuing treatment with on MAOA. Similarly, at leasi 14 days should be allowed affer stopping ZOLOFT before starting an MAOI. PRECAUTIONS General: Activation of Mania/Hypomania During premarketing testing, hypomanio or manio occured in approximotely $0.4 \%$ of $Z 0 L 0 \mathrm{~F}$ (sertroline hydrochloride) treated potients. Activation of mania/hypomania has also been reported in a smoll proportion of patients with Major Affective Disorder treoted with other marketed ontidepressonts. Weight Loss - Significant weight loss moy be on undesirable result of treatment with seitraline for some patients, but on overgge, patients in controlled triols hod minimal, 1 to 2 pound weight loss, versus smolt er chonges on plocebo. Only rorely hove setrraline patients been discontinued for weight loss. Seizure - ZOLOFF has not been evoluoted in patients with a seizure disorder. These patients were excluded from difical studies during the product's premorket testing. Accordingly, like other ontidepressonts, 20LOFT should be introduced with core in epileptic potients. Suicide - The possibility of a suicide ottempt is inherent in depression ond may persist until signiticont remission occurs. Close supervision of high risk potients should occompony initial drug therapy. Prescriptions for 20LOFT should be written for the smollest quantity of toblets consistent with good patient monagement, in order to reduce the risk of overdose. Weak Uricosuric Effect-701OFT is associoted with o meon decresse in serum uric ocid of opproximately $7 \%$. The clinical signiticance of this weok uricosuric effect is unknown, and there hove been no reports of ocute rend foilure with 20 LOFT. Use in Patients with Concomitont Illness - Clinical experience with 7010 FT in potients with certain concemitant systemic ilness is limited. Coution is odvisbble in using 7010 FT in patients with diseoses or conditions that could affect metabolism or hemodynomic responses. 20LOFI has not been evaluated or used to any apprecioble extent in potients with o recent history of myocardiol inforction or unstoble heort diseose. Patients with these diggnoses were excluded from cininicol studies during the product's premarket testing. However, the electrocardiograms of 774 patients whe received $Z 010 F \mathrm{~F}$ in double-blind trials were evoluoted ond the doto indicate that 2010 FF is not associated with the development of signififant ECG obnormalities. 7010FT is extensively metaboized by the liver. In subjects with mild, stable cirrhosis of the liver, the clearance of sertraline was dectensed, thus increasing the elimination half.life. A lower or less frequent dose should be used in patients with cirrhosis. Since ZOLOFT is extensively metabolized, excretion of unchonged drug in urine is a minor route of elimination. However, until the pharmacokinetics of ZOLOFT have been studied in patients with renal impoirment ond until adequate numbers of potients with severe ennol impoiment hove been evoluated during chronic treotment with $\mathbf{Z} 010 \mathrm{FI}$, it should be used with coution in such patients. Inferference with Cognitive and Motor Performance - In controlled studies, 2010 FI did not couse sedotion and did not interfere with pSY. chomotor pefformonce. Hyponatremia - Severol coses of hyponatremia hove been reported. The hypenotremia appeored to be reversible when $20 L 0 \mathrm{FI}$ was discontinued. The mojority of these occurrences hove been in elderiy individuals, some in patients toking diuretics or who were otherwise volume depleted. Platelet Function - There have been rore reports of oitered platelef function and/or abnormal fesults from laboratory studies in potients toking 70 OFF . While there have been reports of obnormal bleeding or purpura in several patients taking ZOLOFI, it is uncleor whether ZOLOFI had a cousative role. Information for Patients: Physicions ore advised to discuss the following issues with patients for whom they prescribe 20LOFF: Patients should be told that olthough 20LOFT has not been shown to impair the ability of nommol subjects to perforen tosks requiring complex motor ond mentol skills in loborotery experiments, drugs that oct upon the central nervous system may affect some individur ols odversely. Patients should be told that althougk 2010FI hos not been shown in experiments with normal subjects to increase the mentol and motor skill impairments caused by otcohol, the cencomitont use of 2010 FT ond alcohol in depressed patients is not advised. Potients should be told thot while ne adverse interactien of 7010 FT with over-the-counter (OTC) drug products is known to occur, the potenticl for interaction exists. Thus, the use of ony OTC product should be initioted coutiously occording to the directions of use given for the OTC product. Patients should be odvised te netify their physicion if they became pregnent or intend to become pregnent during therapy. Potients should be advised to notify their physicion if they ore breosffeeding on infont. Laboratory Tests: None. Drug interoctions: Potential Effects of Coodministration of Drugs Highly Bound to Plasma Proteins - Beccuse sertroline is tightly bound to plosmo protein, the odministrotion of 20LOFT (sefrraline hydrochloride) to o patient taking onother drug which is tightly bound to protein (e.g., warforin, digitoxin) moy cause o shift in plasma concentrations potentiolly resulting in on odverse effect. Converse ly, odverse effects moy result from displocement of protein-bound ZOLOFT by other tightly bound drugs. In a study comparing prothrombin time AUC ( 0.120 hr ) Following dosing with wofforin ( $0.75 \mathrm{mg} / \mathrm{kg}$ ) before ond ofter 21 days of dosing with either $2010 \mathrm{FT}(50-200 \mathrm{mg} /$ day ) or plocebo, there was o mean increase in prothrombin time of $8 \%$ relotive to boseline for 20 LOFT compared to a $1 \%$ decrease for plocebo ( $p<0.02$ ). The normalization of prothrombin time for the 2010FI group was delayed compared to the placebo grousp. The dinical significonce of this change is unknown. Accordingly, prothrombin time should be corefully monitored when ZOLOFT therapy is initioted or stopped. Cimetidine - In a study assessing disposition of Z0LOFT ( 100 mg ) on the second of 8 days of cimetidine ofministration ( 800 mg deily), there were increases in 7010 FT mean AUC ( $50 \%$ ), Cmox ( $24 \%$ ) ond hallifife ( $26 \%$ ) compared to the plocebe group. The clinicol signiticance of these changes is unknown. CNS Active Drugs - In a study comporing the disposition of intravenously administered diazepam before and ofter 21 doys of dosing with either 7010 FT ( 50 to $200 \mathrm{mg} /$ day essaloting dose) or plocebo, there was a $32 \%$ decrease relative to baseline in diazepam cleoronce for the ZOLOFT group compored to o $19 \%$ decrease relative to boseline for the plocebo group ( $\mathrm{p}<0.03$ ). There was a $23 \%$ increase in Imax for desmethyldiazepom in the $7010 F I$ group compored to a $20 \%$ decrease in the plocebo group ( $p<0.03$ ). The clinical significance of these changes is unknown. In o placebo-controlled trial in normal volunteers, the odministration of two deses of ZOLOFT did not signiticantily olter steddy-state lithium levels or the renal clearance of lithium. Nonetheless, ot this fime, it is recommended thet plosmo lithium levels be monitored following initiation of 20LOFT theropy with oppropiate odjustments to the lithium dose. The risk of using 201OFT in combination with other CNS octive drugs hos not been systematically evoluated. Consequently, coution is odvisee if the concomitant odministration of 2010FT and such drags is required. There is limited controlled experience regording the optimal timing of swithhing trom other ontidepressonts to ZOLOFT. Core ond prudent medical judgment should be exerised when switching, porticularly from long-acting agents. The duration of on oppropriote washout period which should intervene before switching from one selective serotonin reuptoke inhibitor (SSRI) to onother hos not been estoblished. Hypoglycemic Drugs - In a plocebocontrolled trial in normal volunteers, administrotion of 20 LOFI for 22 days (induding 200 mg /doy for the final 13 days) caused o statistically significant $16 \%$ decrease from boseline in the clearance of tolbutomide following on introvenous 1000 mg dose. Z0L0FT administrotion did not noticeably change either the plasmo protein binding or the opporent volume of distribution of tolbutomide, suggesting that the decreased clearence was due to a chonge in the metabolism of the drug. The clinical significance of this decrease in telbutamide cleoronce is unknown. Atenolal - 20LOFT $(100 \mathrm{mg})$ when administered to 10 heoithy mole subjects had no effect on the beto-drenergic blocking ability of atenolol. Digoxin - In a placebocontiolled trial in normal volunteers, administrotion of $20 L 0 \mathrm{FT}$ for 17 days (including $200 \mathrm{mg} /$ day for the lost 10 days) did not change serum digoxin levels or digoxin renal clearance. Mirrosomal Enzyme Induction - Predinicol studies hove shown 20LOFI to induce hepotic microsomol enzymes. In clinicol studies 20LOFT wos shown to induce hepatic enzymes minimally as determined by o small (5\%) but statistically significont decrease in ontipyrine half-life following odministrotion of $200 \mathrm{mg} /$ day for 21 doys. This small chonge in antipyrine half-life reflects a dinically insignificont chonge in hepatic metobolism. Electroconvulsive Therapy - There ore no clinicol studies estoblishing the isks or benefits of the combined use of electroconvulsive therapy (ECT) ond 2010FT. Alcohol - Although ZOLOFI did not potentiote the cognitive and psychomotor effects of atcohol in experiments with normal subjects, the concomitont use of ZOLOFT ond alcohol in depressed potients is not reeommended. Carcinogenesis, Mufagenesis, Impairmenf of Ferfility: Lifetime corcinegenicity studies were carried out


## Zowoleft <br> FIRST LINE IN DEPRESSION

as the maximum recommended human dose) and at doses up $1040 \mathrm{mg} / \mathrm{kg}$ in rats ( 10 times on a $\mathrm{mg} / \mathrm{kg}$ basis and 2 times on $0 \mathrm{mg} / \mathrm{m}^{2}$ basis, the moximum recommended humon dose). There wos o dosereloted increase in the incidence of liver odenomos in mole mice receiving sertraline of $10-40 \mathrm{mg} / \mathrm{kg}$. No increase was seen in femole mice or in rots of either sex receiving the some treatments, nor wos there an increase in hepatocellular cartinomas. Liver adenomas have a variable rate of spontaneous occurrence in the $C(-1$-1 mouse ond ore of unknown significonce to humans. There was an increase in follicular odenomas of the thyroid in femole rots receiving sertraline ot $40 \mathrm{mg} / \mathrm{kg}$; this wos not accomponied by thyroid hyperplosio. While there wos on inccease in uterine adenocartinomas in rots receiving sertraline of $10-40 \mathrm{mg} / \mathrm{kg}$ compared to plocebo controls, this effect wos not clearly drug related. Sertroline had no genotoxic effects, with or without metobalic activation, based on the following ossays: battericl mutatien assay; mouse lymphoma mutatian ossay; ond tests for cytogenetic aberrations in wivo in mouse bone morrow ond in vitro in human lymphocyles. A decrease in fertility wos seen in one of two rot studies at o dose of $80 \mathrm{mg} / \mathrm{kg}(20$ times the maximum human dose on a $\mathrm{mg} / \mathrm{kg}$ bosis and 4 times on a $\mathrm{mg} / \mathrm{m}^{2}$ basis). Pregnancy —Pregnancy Categary B: Teratogenic Effects - Repraduction studies have been performed in rats ond robbits at doses up to approximately 20 times and 10 times the maximum doily human $\mathrm{mg} / \mathrm{kg}$ dose ( 4 to 4.5 times the $\mathrm{mg} / \mathrm{m}^{2}$ dese), respectively. There was no evidence of teratogenicity ot any dose level. At doses opproximotely $2.5-10$ times the moximum daily human $\mathrm{mg} / \mathrm{kg}$ dose, sertroline wos associated with delayed ossification in fetuses, probably secondory to effects on the dams. There are no odequote and weil-controlled studies in pregnant women. Becouse animul reproduction studies are not olways predictive of human response, this drug should be used during pregnoncy only if clearly needed. Non-teratogenic Effects - There was also decreosed neanatal survival following maternal administration of sectroline at doses os low as approximately 5 times the moximum human $\mathrm{mg} / \mathrm{kg}$ dose. The deccrease in pup survivol wos shown to be most probably due to in utero exposure to sertraline. The clinical significonce of these effects is unknown. Labor and Delivery - The effect of 2010 FI on labos ond delivery in humans is unknown. Nur sing Mothers - It is not known whether, ond if so in whot omount, sertroline or its metabolites ore excreted in human milk. Beccuse mony drugs ore excreted in humon milk, coution should be exercised when 7OLOFT is administered to a nursing woman. Pediatric Use - Sofety and effectiveness in children hove not been estoblished. Geriatric Use - Severol hundred elderly patients hove parficipated in clinicol studies with 2010 FT . The pattern of edverse reactions in the elderly wos similor to thot in younger patients. ADVERSE REACTIONS Commonly Observed: The most commonly observed odverse events ossocioted with the use of Z0LOFT (sertroline hydrochloride) ond not seen of on equivolent incidence among placebo-treated patients were: gastrointestinal complicints, including nausen ( $26.1 \%$ vs $11.8 \%$ ), diariheo/loose stools $(17.7 \%$ vs $9.3 \%$ ) and dyspepsial ( $(6 \%$ vs $2.8 \%$ ); tremor ( $10.7 \%$ vs $2.7 \%$ ); dizziness ( $11.7 \%$ vs $6.7 \%$ ); insomnia ( $16.4 \%$ vs $8.8 \%$ ); somnolence ( $13.4 \%$ vs $5.9 \%$ ); increosed sweoting ( $8.4 \%$ vs $2.9 \%$ ); dry mouth ( $16.3 \%$ vs $9.3 \%$ ); ond mole sexuol dysfunction ( $15.5 \%$ vs $2.2 \%$ ), primarily ejaculatory delay. Associated with Discontinuation of Ireatment: Fifteen percent of 2710 subiects who received 7010 FT in premorketing multiple dose clinical trials discontinued treatment due to on odverse event. The more common events (reported by ot least $1 \%$ of subjects) ossocioted with discontimuation included ogitotion, insomnia, mole sexual dysfunction (primarily ejaculatory deloy), somnolence, dizziness, headache, tremor, anorexia, diorthea/loose stools, nouseo, and fotigue. Other Events Observed During the Premarkoting Evaluation of ZOLOFT (serfraline hydrochloride): During its premarketing assessment, multiple doses of 20 LOFT were odministered to opproximately 2700 subjects. Events are further categorized by body system ond listed in order of decreasing frequency occording to the following definitions: frequent adverse events are those occuring on one of more occasions in at least $1 / 100$ patients (only those not dready list ed in the tobulated results from plocebo-controlied triols appear in this listing); infrequent odverse events are those occuring in $1 / 100$ to $1 / 1000$ patients; rore events ore those orcurring in fewer than $1 / 1000$ potients. Events of mojer clinical importance ore also described in the PRECAUTIONS section. Autonomic Nervous System Disorders - infrequent: tlushing, mydriosis, increosed soliva, cold dlommy skin; Reve: pollor. Cardiovas-cular-Infrequent: postural dizziness, hypertension, hypotension, postural hypotension, edema, dependent edemo, periorbitol edema, peripherol edema, peripherol ischemio, syncope, tochycordia; Rove: precordial chest pain, substernal chest pain, aggravated hypertension, myocardial inforction, varicose veins. Centrol and Peripheral Nervous System Disorders-Frequent: confusion; Infrequent: otoxia, obnormal coordination, obnormol goit, hyperessthesia, hyperkinesia, hypokinesia, migroine, nystogmus, vertige; Rare: local onesthesia, coma, convulsions, dyskinesia, dysphonio, hyporeflexia, hypotonia, prosis. Disorders of Skin and Appendages-infrequent: acne, olopecia, pruitus, erythematous rosh, moculopopulor rosh, dry skint; Rore: bullous eruption, dermatitis, erythema mulfiforme, obnormal hair texture, hypertiichosis, photosensitivity reaction, follicular rosh, skin discolortion, abnormal skin odor, urticario. Endocrine Disorders-Rore: exophthalmos, gyneromostio. Gastrointestinal Disorders-Infrequent: dysphogio, eructotion; Rore: diverticulitis, fecal incontinence, gosstitis, gostroenteritis, glossitis, gem hyperpiosia, hemorrhoids, hiccup, melena, hemorrhagic peptic uleer, proctitis, stomatitis, ulcerotive stomotitis, tenesmus, tongue edema, tongue ulceration. General-Frequent: osthenio; infrequent: mioloise, generolized edemo, rigors, weight decrease, weight increase; Rare: enlorged obdomen, halitosis, otitis media, ophthous stomotitis. Hematopoietic and Lymphatic-infrequent: lymphadenopathy, purpura; Rore: onemia, anterior chomber eye hemarthage. Metabolic and Nutritional Disorders-Rore: dehydrotion, hypercholesterolemia, hypoolycemia. Musculoskeletal System Disorders-iffrequent: arthralgio, orthresis, dystonio, muscte cromps, muscle weakness; Rare: hernio. Psychiafric Disorders-iffrequent: obnormal dreams, oggressive reaction, omnesia, apothy, delusion, depersonalization, depression, oggrovated depression, emotional tobility, euphoria, hallucination, neurosis, paranoid reaction, suicide ideation and ottempt, teeth-ginding, obnormol thinking; Rare: hysterio, somnambulism, withdrowal syndrome. Reproductive-infrequent: dysmenoriheo (2), intermenstruol bieeding (2); Rare: omenorrheo (2), balanoposthitis (1), breast enlorgement (2), female breast pain (22), leukorthea (2), menorthagia (2), atrophic vaginitis (2) (1) - \%based on mole subjects only: 1005 ; (2) \% bosed on female subiects only: 1705. Respiratory Sysiem Disorders—infrequent: bronchosposm, coughing, dyspneo, epistaxis; Rare: bradypnea, hyperventilotion, sinusitis, stridor. Special Senses-Infiequent: abnormol occommodation, coniunctivitis, diplopia, earoche, eye poin, xerophtholmiac; Rore: obnormal locrimation, photophotia, visual field defect. Urinary System Disorders-lnfrequent: dysuio, focce edemo, nocturio, polyurio, vrinory incontinence; Rare: oligurio, renol pain, virinory retention. Laboratory Tests: In man, osymptomotic elevations in serum tronsominoseses (SGOT [or AST] and SGPT [or ALD) have been reported infrequently (opproximotely $0.8 \%$ ) in association with $Z 0 L O F F$ odministrotion. These hepotic enzyme elevotions usually occurred wiftin the first 1 to 9 weeks of drug treatment end promplly diminished upon drug discontinuation. 2010FT theropy was associated with small meon inceosess in totol cholesterol (opproximately 3\%) and triglycerides (opproximotely 5\%), ond 0 smoll mean decreose in serum uic acid (opproximotely $7 \%$ ) of no apporent clinical importonce. DRUG ABUSE AND DEPENDENCE Controlled Substance Class - 70LOFT (sertoline hydrachloride) is not a controlled substonce. Physical and Psychological Dependence - ZOLOFT hos not been systematicolly studied, in animals or hymans, for its potentiol for abuse, tolerance, or physicol dependence. However, the premarketing clinical experience with 2010 FT did not reveal ony tendency for a withdrowoi syndrome or ony drug-seeking behavior. As with any new CNS active drug, physicions should corefully evoluote patients for histsry of drug obuse ond follow such potients closely, observing them for signs of 7010 FI misuse or obuse (e. g ., development of tolerance, inctementation of dose, drugseeking behavior). OVERDOSAGE Human Experience - As of November, 1992 , there were 79 reports of non ffotol ecute overdoses involving 20 LOFT , of which 28 were overdoses of 20 LOFT olone and the remoinder involved o combination of other drugs ond /or otcohol in oddition to 20LOFT. In those cases of overdose involving only 7010 FT , the reposted doses ranged from 500 mg to 6000 mg . In a subset of 18 of these patients in whom ZOLOFT blood levels were determined, plosmo concentrotions ronged from $<5 \mathrm{ng} / \mathrm{mL}$ to $554 \mathrm{ng} / \mathrm{mL}$. Symptoms of overdose with 20 LOFT alone included somnolence, nouseo, vomiting, tachycardia, ECG changes, onxiety ond dilited pupils. Treatment was primorily supportive and included monitoring ond use of octivated charcanl, gastric lavage or cothortics ond hydration. Although there were no reparts of death when ZOLOFT wos token alone, there were 4 death involving overdoses of 2010 FF in combination with other drugs ond/or olcohol. Therefore, ony overdosoge should be trected aggressively. Management of $O$ verdoses - Establish ond mointoin on airwoy, insure adequote oxygenation and ventilotion. Activated chorcool, which moy be used with sorbitol, moy be os or mare effective thon emesis or lovgge, ond should be considered in treating overdose. Cardioc ond vital signs monitoring is recommended olong with generol symptomatic ond supporive meossues. There ore no specific antidotes for
Z0LOfT. Due to the lorge volume of distribution of 2010 FT ZOLOFT. Due to the large volume of distribution of 7010 FF , forced diuresis, diolysis, hemoperfusion, and exchonge tronstusion are unlikely to be of benefit. In manoging overdosage, consider the possibility of multiple diug involvement.


Roerig Pratt The physician should consider contacting o poison control center on the treatment of ony overdose.

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## DDAVP ${ }^{\circ}$ Nasal Spray <br> (desmopressin acetate) 5 mL

Dry Nights For Good Mornings

## Brief Summar <br> WARNINGS:

1 For intranasal use only
2 In very young and elderly patents in particular, fiuid intake should be adusted in order to decrease the potential occurrence od water intorication and hyponatrema Paricuiar attention shoudd be paid to the possibilty of the rare cccurtence of an extreme decrease in precha osmolity
General DDA:P Nasal Spray at high dosage has ntrequenty produced a sightt elevation of biood pressure, which disappeared with a reduction in dosage The drug shoudd be used with cauton in patients with ccrorary atery insufficency and/or hyperlensive cardiovas. cular dsease because of possble rise in biod wressure.
DOAVP Nasal Spray should be used with caiton in patients with conditons assocaled with fluid and electrolye imbalance, such as oss tic forosis, because these patents are prone to hy ponatiema
Central Cranal Dabetes inspidus. Since DDAWP Nasal Spray is used itranasaliy changes in the nasal mucosa such as scarino edema ar ather usease may cause erratc, unveliable absorption in which case DDAVP Nasal Spray shoud not be used For such situations. ODAP injecion should be considered
Primary Nociumal Enuress If changes in the nasal mucosa have ccoured unrelable absorption may resut DDN. Nasal Spray should be discontinued unti the nasal problems resolve.
Intormation for Patents Patients stould be informed that the botlie accurately delvers 50 doses of 10 mog each. Any soltion remaining ater 50 doses should be dscarded since the amount delivered thereater may be substantaly less than 10 mog of drug No attempl should be made to transter remaining solution to another botte. Paterls should be instucled to read accompanying directions on use d he spray putip caretuly before use
Laboratory fests Laboralory tests for following the patent with central cranal dabeles nspiodus or post-surgcal or head trauma-related poyura and poydpsia notude urine volume and osmolaity In some cases plasma osmobaliy may be required Fox the healthy patient wth primary noccurnal enuresis, serum electrolyes shouid be checked at least once f therapy is continued beyond 7 days Drug interacions Athough the pressor activity of DDAMP Nasal Spray is very low compared to the artduretic activit, use of large doses Carcinogenesis. Mutagenesis, impaiment of Fenily Teran ogy done whes caretu patent monitoring
avaiable
boll 125 tmes ate There are severa pubications of management of diabetes insipdis in pregrart women with no tharm to the tot des 'eported how ace no controled studies in pregnant ao management do dabeetes insipidus in pregrart women with no harm to he fetus reported, however ratural hormones DOAUP Nasal Scray (desmopressin acetalel in antiduretic cosses has no oterdonic action, but he physican will have Nuegh possidie therapeutic advantages against possible dangers in each indvidual case
Nursing Mohers There have been no controled studes in nursing mathers A single study in a post-partum woman demonstrated a marked change in plasma, bu intie \& any change in assayable DOANP Nasal Soray in breast mik following an intranasal dose of 10 mcg Pedatric Use Primary Nocturnal Enuress. DOANP Nasal Spray has been used in chidhood nocturnal enuresis Short-term $14-8$ weeks hood noctumal enuresis Adequately controled sudies wh DDAvP Nasal Sorayy in primary nocturnal enueresis $\alpha$ older with severe chidheyond 4.8 weeks The dose should be individualy ad uthed Doachieve the best resits beyond 4.8 weeks the dose should be indivdualy adusted to achieve the best resuts
equire crectif luid intake ectrcion to prevent sossib has been used in chidren with dabetes nsipious. Use in intants and chidren wil e patient whatherton in the very young to the danger d an extreme decrasce in placation. The dose must be indvidually adusted to should star al 005 mL or ess.
Since the soray cannot delver less than $0.1 \mathrm{~mL}(10 \mathrm{mcg})$, smaler doses should be admnistered using the thinal tube delvery system Do not use the nasal spray in pediatic patients requiring less than 0.1 mL ( 10 mcg ) per dose.
here are repons of an ccoasonal change in response wit time, usualy greater inan 6 months Some patients may show a decreased esponsweness, others a shortened duration of effect There is no evidence this effect is due to the development do binding artiocoies Sut may be due to a local nactiation of the peptide.
ADVERSE REACTIONS: Infrequertiy high dosages have produbed ransient headache and nausea Nasal congestion, thintis and ushing have aso been repoted occasionaly along with mid abdominal cramps These symploms disappeared with reduction in dosThe Nolowing table ists the percent and pateper respratory infections have also been repoted


OVERDOSAGE See adverse reactions above In case do overdasage, the dose should be reduced, trequency of administration decreased, or the drug withdrawn according to the severity of he condfon There is no known specific aniddole for DOAVP Nasal Spray An oral $\mathrm{L}_{50}$ has not been established. An intravenous dose o 2 mg kg in mice demonstrated no effec
HOW SUPPLED: A5-mL botte with spray pump delvering 50 doses of 10 mcg (NDC $0075-2450-02$. Aso avalable as 25 mL per vial, packaged with Wo thinal hibe appicators per carton (NDC $0075-2450-01$. Keep refigerated $a^{\circ} 2^{\circ}-8^{\circ} \mathrm{C}\left(36^{\circ} .46^{\circ} \mathrm{F}\right)$ When traveling, CAUTION. Federal IUSA) (or up 103 weeks when stored at room temperature, $22^{\circ} \mathrm{C}\left(72^{\circ} \mathrm{F}\right)$
Please see
Please seef full prescribing intormation in product croviar

## References:

1. Aladjem M, Wohl R. Boichis H1, et al: Desmopressin in noctumal enuresis. Arch Dis Child 1982;57:137-140 2. Bloom DA: The American experience with desmopressin. Clin Pediatr 1993(July, special edition):28-31

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Nighttime fluid intake should be restricted to decrease the potential occurrence of fluid overload; serum electrolytes should be checked at least once when therapy is continued beyond 7 days.

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# For the Management of Mild to Moderate Hypertension 

Warnings: Veraparnis should be avoided in patients with sevare LV dyslunction (eg, ejection fraction < 30\%) or moder ate to severe symptoms of cardiac tailure and in patents wit any degree of ventricular dysfunction if they are receving a
 zation and or duretics before Caian sh is used. Verapamimo occasionaly produce hypotension, Elevations of liver enaymes have been reported. Several cases have been demonstrated to be produced by verapami. Penodic monitoring of iver function in patients on verapami is prudent. Some patients with parox ysinal and/or chronic striai furter/itioniation and an accessory AV pathway (eg. WPW or LGL syndromes) have developed an increased antegrade conduction across ine accessory pathway bypassing the AV node, producing a very rapid ventncular response or ventricular fibriltation after receiving I.V., verapami (or digitalis). Because of this risk, oral verapamil is contraindicated in such patients. AV block may occur (2nd- and 3rddegree, $0.8 \%$ ). Development of marked ist-degree block or progression to 2 nd- or 3 rd-degree block requires reduction in dosage or, rarely, discontinuation and institution of appropriate therapy. Sinus bradycardia, 2nd-degree AV block, sinus arrest therapy. Sius bradcardor 2nd- anere hypotension were seen in puimonary edema and/or severe hypotension were seen in some criticaly il patients with hyp
who were treated with verapamil
Precautions: Verapamil should be given cautiously to Precautions: Verapami should be given cautiously to
patients with impaired hepatic function (in severe dysfunction patients with impaired hepatic function (in severe dysfunction use about $30 \%$ of the normal dose) or impaired renal function, and patients should be monitored for abnormal prolongation
the PR interval or other signs of overdosage. Verapamil may the PR interval or other signs of overdosage. Verapamil may decrease neuromuscular transmission in patients with Duchenne's muscular dystrophy and may prolong recovery from essary to decrease verapamil dosage in patients with attenuated neuromuscular transmission. Combined therapy with beta-adrenergic blockers and verapamil may result in additive negative effects on heart rate, atnoventricular conduction and/ or cardiac contractility; there have been reports of excessive bradycardia and AV block, including complete heart block. The nisks of such combined therapy may outweigh the benefits. The combination should be used only with caution and close monitoring. Decreased metoprolol and propranolol clearance may occur when either drug is administered concomitantly with verapami. A variable effect has been seen with combined use of atenolol Chronic verapamil treatment can increase serum digoxin levels by $50 \%$ to $75 \%$ during the first week of therapy, which can result in digitalis toxicity. In patients with hepatic cirrhosis, verapamil may reduce total body clearance and extrarenal clearance of digitoxin. The digoxin dose should and extrarenal clearance of digitoxin. The digoxin dose should monitored. Verapamil will usually have an additive effect in monitored. Verapami will usualy have an addreve fect in amide should not be given within 48 hours before or 24 hours mide should not be gven with. fter verapamil admisuation. Concomian use of hlecanide and verapamil may have additive effects on myocardial contractility, AV conduction, and repolarization. Combined verapamil and quinidine therapy in patients with hypertrophic cardiomyopathy should be avoided, since significant hypotension may result. Concomitant use of lithium and verapamil may result in an increased sensitivity to lithium (neurotoxicity), with either no change or an increase in serum lithium levels; however, it may also resuit in a lowering of serum lithium levels. patients recerving both drugs must be monitored carefully. Verapamil may increase carbamazepine concentrations during combined use. Rifampin may reduce verapamil bioavaliability. Phenobarbital may increase verapamil clearance. Verapamil may increase serum levels of cyclosporin. Verapamil may inh bit the clearance and increase the plasma levels of theophylline. Concomitant use of inhalation anesthetics and calcium antagonists needs careful titration to avoid excessive cardiovascular depression. Verapamil may potentiate the activity of meuromuscular blocking agents /curare-like and depolarizing): neuromuscular blockiy age required. There was no evidence of osage reduction may required. There was no evidence of carcinogenic potentia of verapamir administered to rats for 2 years. A study in rats did not suggest a tumosigenic potential, and verap. C . There are no adequate and well controled studies Category C. There are no adequate and well controled studies in pregnant women. This drug should be used during pregnancy, labor, and delivery only if clearly needed. Verapamil is excreted in breast milk; therefore, nursing should be discontinved during verapamil use.
Adverse Reactions: Constipation (7.3\%), dizziness (3.3\%), nausea ( $2.7 \%$ ), hypotension ( $2.5 \%$ ), headache ( $2.2 \%$ ), edema ( $1.9 \%$ ) CHF, pulmonary edema $(1.8 \%)$, fatigue $(1.7 \%)$, dyspnea ( $1.4 \%$ ), bradycardia: AR < $50 / \mathrm{min}(1.4 \%)$, AV block. total $1^{\circ}, 2^{\circ}, 3^{\circ}(1.2 \%), 2^{\circ}$ and $3^{\circ}(0.8 \%)$, rash ( $1.2 \%$ ), flushing $0.6 \%$ ), elevated liver enzymes, reversible non-obstructive paralytic ileus. The following reactions, reported in $1.0 \%$ or less of patients, occurred under conditions where a causal relationship is uncertain: angina pectoris, atrioventricular dissociation, chest pain, claudication, myocardial infarction, palpitations, purpura (vasculitis), syncope, diarrhea, dry mouth, gastrointestinal distress, gingival hyperplasia, ecchymosis or bruising, cerebrovascular accident, confusion, equllbrum disorders, insomebrovascular accios, paresthesia, psychotic symptoms, shakinia, muscle crace, paresthis and rash, exanthema, hair loss, ness, somnolence, aruhragia and rash, exanuema, hair loss, hyperkeratosis, macules, sweating, urticaria, Stevens-Johnson syndrome, erythema multiforme, blurred vision, gynecomastia, galactorrhea/hyperprolactinemia, increased urination, spotty menstruation, impotence.

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The recommended starting dosage for Calan SR is 180 mg once dally. Dose titration will be required in some patients to achleve blood pressure control. A lower starting dosage of $120 \mathrm{mg} /$ day may be warranted in some patients (eg, the elderly, patients of small stature). Dosages above $\mathbf{2 4 0} \mathbf{~ m g}$ dally should be administered In divided doses. Calan SR should be administered with food. Constipation, which is easily managed in most patients, is the most commonly reported side effect of Calan SR. Verapamil should be administered cautiously to patients with impalred renal function.
"My medicine helps, but I still can't function fully at my job...
l've just learned to live with it."


## MORE OF YOUR PAIIIENIS MAX



The most frequently reported adverse events associated with IMITREX are injection-site reactions (59\%), alypical sensations (e.g., tingling, warm/ hot sensation) ( $42 \%$ ), and dizziness/vertigo ( $12 \%$ ). IMITREX is contraindicated in patients with ischemic heart disease, symptoms or signs consistent with ischemic heart disease, or Prinzmetal's angina because of the potential to cause coronary vasospasm. IMITREX is contraindicated in patients
with uncontrolled hypertension because it can give rise to increases in blood pressure (usually small). IMITREX should be used during pregnancy only if the potential benefit jusifies the potential risk to the fetus. (Please see Precautions.) IMITREX should not be administered to patients with basilar or hemiplegic migraine.
Reference: 1. Cady RK, Wendt JK, Kirchner JR, Sargent JD, Rothrock JF,
Skaggs $H$ Jr. Treatment of acute migraine with subcutaneous sumatriptan.

## Bansit from Imlirex

Because it works well. ${ }^{1}$

Because it is nonsedating.

T
ThITlia PATIENTS' LIVES

## BRIEF SUMMARY

Imitrex ${ }^{\circ}$ (sumatriptan succinate) Injection
or Subcutaneous Use Only.
The following is a brief summary only. Before prescribing, see complete prescribing information in Imitrex ${ }^{*}$ Injection product labeling. INDICATIONS AND USAGE: Imitrex ${ }^{*}$ Injection is indicated for the acute treatment of migraine attacks with or without aura
Imitrex Injection is not for use in the management of hemiplegic or basilar migraine (see WARNINGS).
Safety and effectiveness have also not been established for cluster headache, which is present in an older, predominantly male population. CONTRAINDICATIONS: Imitrex ${ }^{*}$ Injection should not be given intravenously because of its potential to cause coronary vasospasm.
For similar reasons, Imitrex Injection should not be given subcutaneously to patients with ischemic heart disease (angina pectoris, history of myocardial infarction, or documented silent ischemia) or to patients with Prinzmetal's angina. Also, patients with ymptoms or signs consistent with ischemic heart disease should not receive Imitrex Injection. Because Imitrex Injection can give rise to
increases in blood pressure (usually small), il should not be given to patients with uncontrolled hypertension.
Imitrex Injection should not be used concomitantly with rgotamine-containing preparations.
Imitrex Injection is contraindicated in patients with hypersensitivity to sumatriptan.
WARNINGS: Imitrex ${ }^{\circledR}$ Injection should not be administered to patients with basilar or hemiplegic migraine.
Cardiac Events/Coronary Constriction: Serious coronary events ollowing Imitrex Injection can occur but are extremely rare nonetheless, consideration should be given to administering the firsi dose of Imitrex Injection in the physician's office to patients in whom unrecognized coronary disease is comparatively likely (postmenopausal women; males over 40; patients with risk factors for CAD, such as hypertension, hypercholesterolemia, obesity, diabetes, smokers, and strong family history). If symptoms consistent with angina occur, electrocardiographic (ECG) evaluation should be carried out to look for ischemic changes.
Sumatriptan may cause coronary vasospasm in patients with a history of coronary artery disease, who are known to be more susceptible than others to coronary artery vasospasm, and, rarely, in patients without prior history suggestive of coronary artery disease There were eight patients among the more than 1,900 who participated in controlled trials who sustained ciinical events during or shortly after receiving subcutaneous sumatriptan that may have reflected coronary vasospasm. Six of these eight patients had ECG changes consistent with transient ischemia, but without symptoms or signs. Of the eight patients, four had some findings suggestive of coronary artery disease prior to treatment. None of these adverse events was associated with a serious clinical outcome
There have been rare reports from countries in which Imitrex Injection has been marketed of serious and/or life-threatening arrhythmias, including atrial fibrillation, ventricular fibrillation ventricular tachycardia; myocardial infarction; and marked ischemic ST elevations associated with Imitrex Injection. In addition, there have been rare, but more frequent, reports of chest and arm discomfort thought to represent angina pectoris

## Ise in Women of Childbearing Potential: (see PRECAUTIONS)

## PRECAUTIONS

General: Chest, jaw, or neck tightness is relatively common after Imitrex njection, but has only rarely been associated with ischemic ECG changes. Imitrex Injection may cause mild, transient elevation of blood pressure and peripheral vascular resistance.
Imitrex Injection should also be administered with caution to patients with diseases that may alter the absorption, metabolism, or excretion of drugs, such as impaired hepatic or renal function.
As with other acute migraine therapies, before treating headaches in patients not previously diagnosed as migraineurs and in migraineurs who present with atypical symptoms, care should be taken to exclude other potentially serious neurological conditions. There have been rare reports where patients received sumatriptan for severe headaches that were subsequently shown to have been secondary to an evolving neurological lesion (cerebrovascular accident, subarachnoid hemorrhage). In this regard, it should be noted that migraineurs may be at increased risk of certain cerebrovascular events (e.g. erebrovascular accident, transient ischemic attack).
Although written instructions are supplied with the autoinjector, patients who are advised to self-administer Imitrex Injection in medically unsupervised situations should receive instruction on the proper use of the product from the physician or other suitably qualified health care prolessional prior to doing so for the first time. Information for Patients: See PATIENT INFORMATION at the end o the product package insert for the text of the separate leaflet provided for patients.
Laboratory Tests: No specific laboratory tests are recommended for monitoring patients prior to and/or after treatment with Imitrex Injection. Drug Interactions: There is no evidence that concomitant use of migraine prophylactic medications has any effect on the efficacy or unwanted effects of sumatriptan. In two Phase III trials in the US, retrospective analysis of 282 patients who had been using prophylactic drugs (verapamil $n=63$, amitriptyline $n=57$, propranolol $n=94$, for 45 other drugs $n=123$ ) were compared to those who had not used prophylaxis ( $n=452$ ). There were no differences in relief rates at 60 minutes postdose for Imitrex Injection, whether or not prophylactic medications were used. There were also no differences in overal adverse event rates between the two groups.
Ergot-containing drugs have been reported to cause prolonged vasospastic reactions. Because there is a theoretical basis that these effects may be additive, use of ergotamine and sumatriptan within 24 hours of each other should be avoided (see CONTRAINDICATIONS).
Orug/Laboratory Test Interactions: Imitrex Injection is not known to interfere with commonly employed clinical laboratory tests
Carcinogenesis, Mutagenesis, Impairment of Fertility: In a 104-week lifetime study in rats given sumatriptan by oral gavage, serum concentrations achieved were dose related, ranging at the low dose from approximately twice the peak concentration of the drug after the recommended human subcutaneous dose of 6 mg to more than 100
times this concentration at the high dose. There was no evidence of an increase in tumors considered to be related to sumatriptan administration. In a 78 -week study in which mice received sumatriptan continuously in drinking water, there was no evidence for an increase in tumors considered to be related to sumatriptan administration. That study, however, did not use the maximum tolerated dose and therefore did not fully explore the carcinogenic potential of Imitrex (sumatriptan succinate) Injection in the mouse.
A Segment I rat fertility study by the subcutaneous route has shown no evidence of impaired fertility.
Pregnancy: Pregnancy Category C: Sumatriptan has been shown to be embryolethal in rabbits when given in daily doses producing plasma evels 3 -fold higher than those attained following a $6-\mathrm{mg}$ subcutaneous injection (i.e., recommended dose) to humans. There is no evidence that establishes that sumatriptan is a human teratogen; however, there are no adequate and well-controlled studies in pregnant women Imitrex Injection shouid be used during pregnancy only if the potential benefit justifies the potential risk to the fetus
In assessing this information, the following additional findings should be considered.
Embryolethality: When given intravenously to pregnant rabbits daily throughout the period of organogenesis, sumatriptan caused embryolethality at doses at or close to those producing maternal toxicity. The mechanism of the embryolethality is not known. At these doses, peak concentrations of drug in plasma were more than 3 -fold higher than the range observed in humans after the recommended subcutaneous dose of 6 mg .
The intravenous administration of sumatriptan to pregnant rats throughout organogenesis at doses producing plasma concentrations more than 50 times those seen after the recommended subcutaneous human dose did not cause embryolethality. In a study of pregnant rats given subcutaneous sumatriptan daily prior to and throughout pregnancy, there was no evidence of increased embryo/fetal lethality.
Teratogenicity: Term fetuses from Dutch Stride rabbits treated during organogenesis with oral sumatriptan exhibited an increased incidence of cervicothoracic vascular defects and minor skeletal abnormalities. The functional significance of these abnormalities is not known.
In a study in rats dosed daily with subcutaneous sumatriptan prior to and throughout pregnancy, there was no evidence of teratogenicity.
Studies in rats and rabbits evaluating the teratogenic potential of sumatriptan administered subcutaneously only during organogenesis (standard Segment II studies) have not been pertormed.
Nursing Mothers: Sumatriptan is excreted in breast milk in animals No data exist in humans. Therefore, caution should be exercised when considering the administration of Imitrex Injection to a nursing woman. Pediatric Use: Safety and effectiveness of Imitrex Injection in children have not been established.
Use in the Elderly: The safety and effectiveness of Imitrex Injection in individuals over age 65 have not been systematically evaluated. However, the pharmacokinetic disposition of Imitrex Injection in the elderly is similar to that seen in younger adults. No unusual adverse, age-related phenomena have been identified in patients over the age of 60 who participated in clinical trials with Imitrex Injection.
ADVERSE REACTIONS: (see also PRECAUTIONS) Sumatriptan may cause coronary vasospasm in patients with a history of coronary artery disease, known to be susceptible to coronary artery vasospasm, and, very rarely, without prior history suggestive of coronary artery disease.
There have been rare reports from countries in which Imitrex ${ }^{\text {© }}$ Injection has been marketed of serious and/or life-threatening arrhythmias, including atrial fibrillation, ventricular fibrillation, ventricular tachycardia; myocardial infarction; and marked ischemic ST elevations associated with Imitrex Injection (see WARNINGS). More often, there has been chest discomfort that appeared to represent angina pectoris.
Other untoward clinical events associated with the use of subcutaneous Imitrex Injection are: pain or redness at the injection site, atypical sensations (such as sensations of warmth, cold, tingling or paresthesia, pressure, burning, numbness, tightness, all of which may be localized or generalized), flushing, chest symptoms (pressure, pain, or tightness), fatigue, dizziness, and drowsiness. All these untoward effects are usually transient, although they may be severe in some patients. Transient rises in blood pressure soon after treatment have been recorded.
Among patients in clinical trials of subcutaneous Imitrex Injection ( $n=6,218$ ), up to $3.5 \%$ of patients withdrew for reasons related to adverse events.
Incidence in Controlled Clinical Trials: The following Table lists Incidence in Controlled Clinical Trials: The following Table lists
adverse events that occurred in two large US, Phase III, placebocontrolled clinical trials following either a single dose of Imitrex Injection or placebo. Only events that occurred at a frequency of $1 \%$ or more in Imitrex injection treatment groups and were at least as frequent as in the placebo group are included in Table.

## Treatment-Emergent Adverse Experience Incidence <br> in Two Large Placebo-Controlled Clinical Trials:

Events Reported by at Least $1 \%$ of Imitrex Injection Patients

|  | Percent of Patients Reporting |  |
| :--- | :---: | :---: |
|  | Imitrex Injection <br> 6 mg SC <br> $\mathrm{n}=547$ | Placebo <br> $\mathrm{n}=370$ |
| Adverse Event Type | 42.0 | 9.2 |
| Atypical sensations | 13.5 | 3.0 |
| Tingling | 10.8 | 3.5 |
| Warm/hot sensation | 7.5 | 0.3 |
| Burning sensation | 7.3 | 1.1 |
| Feeling of heaviness | 7.1 | 1.6 |
| Pressure sensation | 5.1 | 0.3 |
| Feeling of tightness | 4.6 | 2.2 |
| Numbness | 2.2 | 0.3 |
| Feeling strange | 2.2 | 0.3 |
| Tight feeling in head | 1.1 | 0.5 |
| Cold sensation |  |  |
| Cardiovascular | 6.6 | 2.4 |
| Flushing | 4.5 | 1.4 |
| Chest discomfort | 2.7 | 0.5 |
| Tightness in chest | 1.8 | 0.3 |
| Pressure in chest |  |  |
|  |  |  |

Percent of Patients Reporting

|  | Percent of Patients Reporting |  |
| :---: | :---: | :---: |
| Adverse Event Type | $\begin{gathered} \text { Imitrex Injection } \\ 6 \mathrm{mg} \text { SC } \\ \mathrm{n}=547 \\ \hline \end{gathered}$ | $\begin{gathered} \text { Placebo } \\ n=370 \end{gathered}$ |
| Ear, nose, and throat |  |  |
| Throat discomfort | 3.3 | 0.5 |
| Discomfort: nasal cavity/sinuses | 2.2 | 0.3 |
| Eye |  |  |
| Vision alterations | 1.1 | 0.0 |
| Gastrointestinal |  |  |
| Abdominal discomfort | 1.3 | 0.8 |
| Dysphagia | 1.1 | 0.0 |
| Injection site reaction | 58.7 | 23.8 |
| Miscellaneous |  |  |
| Jaw discomfort | 1.8 | 0.0 |
| Mouth and teeth |  |  |
| Discomfort of mouth/tongue | 4.9 | 4.6 |
| Musculoskeletal |  |  |
| Weakness | 4.9 | 0.3 |
| Neck pain/stiffness | 4.8 | 0.5 |
| Myalgia | 1.8 | 0.5 |
| Muscle cramp(s) | 1.1 | 0.0 |
| Neurological |  |  |
| Dizziness/vertigo | 11.9 | 4.3 |
| Drowsiness/sedation | 2.7 | 2.2 |
| Headache | 2.2 | 0.3 |
| Anxiety | 1.1 | 0.5 |
| Malaise/fatigue | 1.1 | 0.8 |
| Skin |  |  |
| Sweating | 1.6 | 1.1 |

The sum of the percentages cited is greater than $100 \%$ because patients may experience more than one type of adverse event. Only events that occurred at a frequency of $1 \%$ or more in Imitrex (sumatriptan succinate) Injection treatment groups and were at least as frequent as in the placebo groups are included
Other Events Observed in Association With the Administration of Imitrex Injection: In the paragraphs that follow, the frequencies of less commonly reported adverse clinical events are presented. Because the reports cite events observed in open and uncontrolled studies, the role of Imitrex Injection in their causation cannot be reliably determined. Furthermore, variability associated with reporting requirements, the terminology used to describe adverse events, etc., limit the value of the quantitative frequency estimates provided.
Event frequencies are calculated as the number of patients reporting an event divided by the total number of patients ( $n=6,218$ ) exposed to subcutaneous Imitrex Injection. Given their imprecision, frequencies for specific adverse event occurrences are defined as follows: "infrequent" indicates a frequency estimated as falling between $1 / 1,000$ and $1 / 100$; "rare," a frequency less than $1 / 1,000$.
Cardiovascular: Infrequent were hypertension, hypotension, bradycardia, tachycardia, palpitations, pulsating sensations, various transient ECG changes (nonspecific ST or T wave changes, prolongation of PR or OTC intervals, sinus arrhythmia, nonsustained ventricular premature beats, isolated junctional ectopic beats, atrial ectopic beats, delayed activation of the right ventricle), and syncope. Rare were pallor, arrhythmia, abnormal pulse, vasodilatation, and Raynaud's syndrome.
Endocrine and Metabolic; Infrequent was thirst. Rare were polydipsia and dehydration.
Eye: Infrequent was irritation of the eye.
Gastrointestinal: Infrequent were gastroesophageal reflux, diarrhea, and disturbances of liver function tests. Rare were peptic ulcer, retching, flatulence/eructation, and gallstones

Musculoskeletal: infrequent were various joint disturbances (pain, stiffness, swelling, ache). Rare were muscle stiffness, need to flex calf muscles, backache, muscle tiredness, and swelling of the extremities.

Neurological: Infrequent were mental confusion, euphoria, agitation, relaxation, chills, sensation of lightness, tremor, shivering, disturbances of taste, prickling sensations, paresthesia, stinging sensations, headaches, facial pain, photophobia, and lacrimation. Rare were transient hemiplegia, hysteria. globus hystericus, intoxication, depression, myoclonia, monoplegia/diplegia, sleep disturbance, difficulties in concentration, disturbances of smell, hyperesthesia, dysesthesia, simultaneous hot and cold sensations, tickling sensations, dysarthria, yawning, reduced appetite, hunger, and dystonia.
Respiratory: Infrequent was dyspnea. Rare were influenza, diseases of the lower respiratory tract, and hiccoughs.
Dermafological: Infrequent were erythema, pruritus, and skin rashes and eruptions. Rare was skin tenderness.

Urogenital: Rare were dysuria, frequency, dysmenorrhea, and renal calculus.

Miscellaneous: Infrequent were miscellaneous laboratory abnormalities, including minor disturbances in liver function tests, "serotonin agonist effect," and hypersensitivity to various agents. Rare was fever.
Postmarketing Experience: Frequency and causality for sumatriptan are not established for many of the following reports, which come from worldwide postmarketing experience: Episodes of Prinzmetal's angina, myocardial infarction, acute renal failure, seizure, cerebrovascular accident, dysphasia, subarachnoid hemorrhage, and arrhythmias (atrial fibrillation, ventricular fibrillation, and ventricular tachycardia). Hypersensitivity to imitrex Injection has been reported, including anaphylactoid reactions, rash, urticaria, pruritus, erythema, and shortness of breath.
DRUG ABUSE AND DEPENDENCE: The abuse potential of Imitrex ${ }^{3}$ Injection cannot be fully delineated in advance of extensive marketing experience. One clinical study enrolling 12 patients with a history of substance abuse failed to induce subjective behavior and/or physiologic response ordinarily associated with drugs that have an established potential for abuse.

CERENEX
January 1994 RL-091 SUC9

# LOZ01.25 INDAPAMIDE TABLETS 

# Anilhypetensive Efificary Equirident to $2.5 \mathrm{mg}{ }^{\prime \prime}$ 

# With the benefits of a lower once-daily dose 

Favorable metabolic profile ${ }^{\dagger}-n o$ adverse effect on lipids; only $2 \%$ incidence of clinical hypokalemia ${ }^{\ddagger}$
Safe and effective for step-down therapy
Side-effect profile compatible with other antihypertensive agents

> LOZOL 1.25 mg once daily is now the recommended starting dose for indapamide

## LOZZOL 1.25 VIG. A LITTLE MIEANS A IOT.

In a controlled clinical trial at 16 weeks, the changes in supine diastolic and systolic BPs with 1.25 mg of indapamide were not statistically different from LOZOL 2.5 mg .
$\dagger$ Because of the diuretic effects of LOZOL 1.25, changes in certain electrolytes and blood chemistries can occur. Serum electrolytes and blood chemistries should therefore be monitored.
$\ddagger 19.6 \%$ of patients had values less than $3.4 \mathrm{mEq} / 2$. Only $7.5 \%$ had potas sium levels below $3.2 \mathrm{mEq} / \mathrm{L}$ and less than $1 \%$ fell below $3.0 \mathrm{mEq} / \mathrm{L}$. Metabolic changes at higher doses of indapamide may be greater.

Please see brief summary of prescribing information on this page.

LOZOL ${ }^{9}$ (indepamide) 1.25 mg and 2.5 mg tablets
BRIEF SUMMARY
INDICATIONS: LOZOL (indapanide) is indcated tor the reatment of hypetension. alone or in combinaton with other anthypertensve drugs, and tor the treament of sat and fuid retention associated with congestive heart falure
Usage in Pregnancy See PRECAUTIONS
CONTRAINDICATIONS: Anuria. hypersensitivity to indapamide or other suitonamide-derved drugs
WARNINGS: Infrequent cases of severe hyponatremia. accompanied b typokalemia. have been reported with 25 mg and 50 mg indapamide pimarily eldetly females Symptoms were reversed by elecirolyte replenishmen Hyponatemia consdered possibly cinicially sgificant ( 125 mEq L) has not bee observed in clinical trials with the 1.25 mg dosage (see PRECAUTIONS Hypokalemia occurs commonly with diuretics (see ADVERSE REACTIONS hypokaiemia), and electrolye monitoring is essential. In general, duretcs shouid not be gven with lithum.
PRECAUTIONS: Petom senum electroy he determinations at appropnate intenas essecially in patents who are voniting excessively or receeving parenteral fuids, in patents subect to electrokte mbalance, or in patients on a salt-restricted diet in aodition. patients should be observed tor cinical signs of fluid or electrolyte imbalance, such as hyponatremia, hypochioremic akalosis, or hypokalemia. The nsk of hypokalemia secondary to duressis and natituresis is increased with larger doses with boskd duress, with severe oithosis, and with concomitant use of corticosteriods or ACTH interference with adequate oral intake of electrivives wil a iso contricute to hypookiemia Hyookalemia can sensitize or exagoerte the response of the hear to the toxic effects of digtals. such as increased ventricular iritability
Dilutional hyponatiemia may occur in edematous patients, appocoprate treatment is Diutiona hyponaliemia may occur in edematous patients, approprate reaiment is usualy water restrction. In actual sar depletion, appropnate replacement is the treatment of choce Chionde defort is usualy mid. not requing specic reaiment except in exvaordnary crummstances (ver, renal dsease), miazo--Me dured have been shouni
Hyyporuntcemia may occur, and trank gout may be precpitated in certain patients recelving indapamide. Serum concentrations of unc acid should be monitored leceiving in
Use with caution in patients with severe renal disease: consider with olding or discontinuing it progesessive renal imparment is observed. Renal function tests discontinuing if progresssive ren
sould be performed penodicaly
use with caution in patients with impared hepatic function or progressive liver isease. since minor atteratons of fuid and electrolve balance may precipitate hepatic coma

Latent dabetes may become manifest and insuin requirements in dabetcic patents may be altered during thiazide administration. A mean increase in glucose of $6.47 \mathrm{mg} / \mathrm{d}$ was observed in patents treated with indapamide 125 mg which was not considered dinically signiticant in these trals. Serum concentratons of qucose should be monitcred routinely dunng treatment with indapamide.
Calcium excretion is decreased by diuretics pharmacologically related to indapamide. Ather six 10 eight weeks of indapamide 125 mg treament and in long-
 serum concentrations of calcium increased only slightly with indanamide. Incaparide may decrease serum PBI levels without signs of thytid disturbance Complcations ol hiperparathyrodism have not been seen. Discontrinue before tests omparathyrod fundion are peformed
Thazdes have exacertated or activated systemic lupus enthematosus. Consider this poss blity with indapamide
DRUG INTERACTIONS: LOZOL may add to or potentate the action of other anthypertensve orvgs. The antitypertensve effect of the drug may be enhanced the postsympathectomized patient Indapamide may decrease arteria responsiveness to norepinephrine, but this does not preclude the use of norepinephrine.
In mouse and rat fifetime carcinogenicity studies, there were no significan diterences in the indidence of tumors between the indapamide-treated animals and the control groups.
Pregnancy Category B: Diuretics cross the placental bamier and appear in cord blood. Incapamide shouid be used during pregnancy only ic clearly needed USe may be assocated with feta or neonata aundice, tromocolopenia. and possibil other adverse eftects that have cccurred in adilts. It is not known whener this dry is excreted in human mik. II ise of this drug is deemed essential. The patient shoud stop nursing.
ADVERSE REACTIONS: Most adverse etlects have been mid and transient. From Phase llitil placebo-controled studes with indapamide 1.25 mg , avverse reactions with $25 \%$ cumulative incidence headache, infection, pain, back pain, dizzness thints: $\mathbf{5 \%}$, cumulative incidence: asthenia. fú sundrome, abdominal pain, chest pain, constoation, darithea, dyspepsia, nausea, peripheral edema, nevousness hyvertonia cough, pharyngtis, sinustis, conunctivts. All other cirical adverse reactions occurred at an incioence of <1\%\% In controled dinical trials of sax to eigt1 weeks in duration. $20 \%$ of patients receiving indapamide $1.25 \mathrm{mq} .61 \%$ of patents receving indaparride 5.0 mg , and $80 \%$ ot patents receving indapamide 100 mg had at least one potassium value below 3.4 mEqL . In the indapamide 1.25 mg group, about 40 Sol those patients who reportec hypokalemia as a laboratory adverse event relumed to normal serum potassum values without intervention Hypokalemia with concomitant clinical signs or symploms occured in $2 \%$ of patents
receving indapamide 1.25 mg . From Phase ll placebo-controled studies and long term controled dincal thals with LOZOL 2.5 mg or 5.0 mg , adverse reactions with $25 \%$ cumulative incidence. headache, dizzness, latigue, weakness, loss of energy. lethargy. tredness or malase, muscie cramps or spasm or numbness of the extremities, nervousness. tension, anxiety, irrtability or agitation; $<5 \%$ cumulatve incidence inghtheadechess, drow sness, verigo insomna depression. blurred vision, constipation, nausea. vomiting, diarthea. gastric iritation. abdominal pain or cramps, anoteria, orthostatic hypotension, premature venticiular contractions. irequat hear beat palpitatons, trequency of uination noctuna polyuria rash, hives, pruitus vasculits, impotence or reduced libido. thinomtea fushino hypervicemia, hypergycemia, hyponatremia, hypochicremia increase in serum BuN or creatinine, gycosuria weight loss, dry mouth tinging of extrenites Hypokalemia with concomitant cirical signs or symptoms occurred in ${ }_{30} 8$ of patents receving indapanide 25 mg ad and 75 of patents recerving indapanide 5 mg ad In lonoterm controlled clinical trials comparing the indapamide efy als of dalivy coses of indaramide and tydrochlorothiazide. hypokalemic effects of daly coses of indapamide and hydrochioromiazzo. however. 4750 patients receving ndapamide $25 \mathrm{mg} .72 \%$ or paseents receving
 35 mE a 10 the indapaide 25 mg oroup over $50 \%$ of those patients retumed 3.5 mEqL In the indapamide 2.5 mg group, over $50 \%$ of frose patients etumed to noma senm polipertensivedureics are itraho reponed with antinyperiensive dureics are intahepaic cholestaic jaundice, sialadentis xaninopsa, pholosens ich it pupera, bilitory distress sincuding Johnson syndrome, necrotizing angims, pneumonitis), anaphylactic reactions, agranulocytosis, leukopenia. thrombocyopenia, ap astc anema
CAUTION: Federal (USA) law prochibis dspensing without prescription.
Keep ightly closed. Slore at contolied room temperature $15^{\circ} \cdot 30^{\circ} \mathrm{C}\left(59 \cdot 86^{\circ} \mathrm{F}\right)$ Avord excessve heal Dspense in tght containes as defined in USP.
See product circular tox tull prescribing infomation.
Revised 593
Reterence: 1. Data on file, Rinóne Poutenc Rorer Pramaceutcais inc
Prodich of Sever Research institite

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Well-Child Records document bealth history from infancy through age 17. (Not shown)

Periodic Adult Health Visit Record.


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Hollister Incorporated



## Once-A-Day

# AdalatCC nifedipinet 

$30 \mathrm{mg}, 60 \mathrm{mg}$ \& 90 mg

# Real Value for Real People with Hypertension 

## Real Therapeutic Value

- The benefits of long-acting nifedipine therapy for hypertension*1


## Real Human Value

- Convenient, well-tolerated therapy
- Peripheral edema and headache were the most common dose-related adverse events reported; flushing/heat sensation, dizziness, and fatigue/asthenia were all reported at an incidence of $4 \%$


## Real Economic Value

- Lower price (AWP) than Procardia XL 30 mg, 60 mg and 90 mg -potential $\mathbf{2 5 \%}$ savings ${ }^{+2}$
*Not indicated for angina. Take on an empty stomach. Careful titration may be necessary when switching between Procardia $\mathrm{XL}^{v}$ and Adalat ${ }^{*}$ CC. Procardia XL is a registered trademark of Pfizer Labs Division. Pfizer Inc.
+Calculations based on suggested Average Wholesale Price (AWP). Please see brief summary of Prescribing Information on back of this page.



## Once-A-Day $\overline{\text { Adalatcce }}$ nifedipine

$30 \mathrm{mg}, 60 \mathrm{mg}$ \& 90 mg


## $\mathrm{P}_{\mathrm{x}}$

## Adalat CC 60 mg once daily

*Please see DOSAGE AND ADMINISTRATION section in brief summary of Prescribing Information below.

## BRIEE SUMMARY CONSULT PACKAGE INSET FOR FULL PRESCRIBING INFORMATION <br> For Oral Use

P1100744BS
5/93
INDICATION AND USAGE: ADALAT CC is indicoted for the treatment of hypertension. It may be used alone or in combination with other ontihypertensive ogents. CONTRAINDICATIONS: Known hypersensitivity to nifedipine.
WARNINGS: Excessive Hypotension: Although in most patients the hypotensive effect of nifedipine is modest and well solerated, occasional patients hove hod excessive and poorly tolerated hypotension. These responses have usuolly octurred during initiol fitration or at the fime of subsequent upward dosoge odjustment, and may be more likely in potients using concomitant beto-blockers.
Severe hypotension ond/or increased fluid volume requirements have been reported in potients who received immediate releose copsules together with a beta-blocking agent and who underwent coronory ortery byposs surgery using high dose fentanyl onesthe sia. The interoction with high dose fentanyl oppears to be due to the combination of
nifedipine and a beto-blocker, but the possibility that it may occur with nifedipine alone, with low dases of fentanyl, in other surgical procedures, or with other norcotic and gesics cannot be ruled out, In nifedipine-treated patients where surgery using high dose fentanyl anesthesia is contemplated, the renianyl anesinesia is coniemplated, the
physicion should be awore of these potential physicion should be aware of these potential
problems ond, if the patient's condition perproblems and, if the patient's condition permits, sutficient fime (at leost 36 hours) should be allowed for nifedipine to
the body prior to surgery. the body prior to surgery.
Increased Angina and/or Myocardial Increased Angina and/or Myocardial
Infarction: Rarely, patients, particularly
Infarction: Rarely, patients, particularly
those who hove severe obstructive coronary ortery diseose, have developed well docu those whio have severe obstructive coronary ortery diseose, have developed well docu-
mented increased frequency duration and/or severity of angina or ocute myocordial mented increosed trequenty, duration and/ or severity of angina or opute myocordicl
infartion upon starting nifedipine or at the fime of dosoge increase. The mechanism of infartion upon starting nifed
Beta-Blocker Withdrawal: When discontinuing a beta-blocker it is important to Beta-Blocker Withdrawal: When discontinuing a beta-blocker it is important to
toper its dose, if possible, rather than stopping abruptly before beginning nifedipine. Potients recently withdrawn from beto blockers may develop a withdrawal syndrome with increosed ongino, probably related to increosed sensitivity to cotecholamines. Initiation of nifedipine treatment will not prevent this occurrence and on occosion has been reported to increase it.
Congestive Heart Failure: Rarely, patients (usuolly while receiving a beta-blocker) have developed heart foilure after beginning nifedipine. Patients with fight oortic stenosis may be of greater risk for such on event, as the unloading effect of nifedipine would be expected to be of less benefit to these patients, owing to their fixed impedance to flow ocross the cortic volve.
PRECAUTIONS: General - Hypotension: Becouse nifedipine decreoses peripheral voscular resistance, coreful monitoring of blood pressure during the initial administratign and fifration of ADALAT (C is suggested. Close observation is especially recommendedf for patients alreody toking medications that are known to lower blood pressure (See WARNINGS).
Peripheral Edema: Mild to moderate peripheral edemo occurs in a dose-dependen monner with ADALAT CC. The plocebo subtrocted rate is opproximately $8 \%$ of 30 mg $12 \%$ at 60 mg and $19 \%$ at 90 mg daily. This edema is a localized phenomenon, though to be associated with vasodilation of dependent arterioles and small blood vessels ond not due to left ventricular dysfunction or generalized fluid retention. With potients whose hypertension is complicated by congestive heart failure, core should be token to differenfiate this peripherol edema from the effects of increasing left ventricular dysfunction. Information for Patients: ADALAT CC is an extended releose tablet and should be swallowed whole and taken on an empty stomoch. It should not be odministered with food. Do not chew, divide or crush toblets.
Laboratory Tests: Rore, usually tronsient, but occasionally significant elevations of enzymes such os alkaline phosphatose, CPK, LDH, SGOT, and SGPT hove been noted. The relationship to nifedipine theropy is uncertain in most cases, but proboble in some. These laboratory obnormalities have rarely been associoted with clinital symptoms; however, cholestasis with or without joundice has been reported. A smail increose was an isolated finding and it rorely resulted in values which fell outside the normal range. Rore instonces of allergic hepotitis hove been reported with nifedipine treotment. In controlled studies, ADALAT'CC did not adversely affect serum uric ocid, glucose, tholesterol or potassium.
Nifedipine, like other calcium channel blockers, decreoses platelet oggregation in vitro. Limited clinicol studies have demonstrated a moderate but statistically significant decrease in platelet aggregation and increase in bleeding time in some nitedipine patients. This is thought to be of function of inhibition of colcium transport ocross the platelet membrane. No clinital significonce for these findings has been demonstroted. Positive direct Coombs' test with or without hemolytic anemia has been reported but a cousal relationship between nifedipine odministration and positivity of this loboratory test, including hemolysis, could not be determined.

## Real People, Real Needs, Real Value

Although nifedipine hos been used sofely in patients with renol dysfunction and has been reported to exert a beneficial effect in certain coses, rore reversible elevations in BUN and serum creatinine have been reported in patients with pre-existing chronic renol insufficiency. The relotionship to nifedipine therapy is uncertoin in most coses but roboble in some.
Drug Interactions: Beto-adrenergic blocking agents: (See WARNINGS).
ADALAT CC was well tolerated when administered in combination with a beto blocker in 187 hypertensive patients in a placebo-controlled dinical trial. However, there have been occosional literature reports suggesting that the combination of nitedipine and beto-adrenergic blocking drugs may increose the likelihood of congestive heort foilure, severe hypotension, or exacerbation of angino in patients with cordiovascular disease. Digitolis: Since there hove been isolated reports of patients with elevated digoxin levek ond there is a possible interaction between digoxin and ADALAT (C, it is recommended that digoxin levels be monitored when initiating, odjusting, and discontinuing ADALAT (C to ovoid possible over- or under-digitalization.
Coumarin Anticoogulants: There have been rare reports of increosed prothrombin time in patients taking coumarin anticoogulants to whom nifedipine was administered. However, the relationship to nifedipine therapy is uncertain.
Quinidine: There hove been rare reports of an inferaction between quinidine and nifedipine (with a decreosed plasma level of quinidine).

Body as a Whole/Systemic: chest poin, leg pain Central Nervous System: paresthesio, vertigo Dermatologic: rash Gastrointestinal: constipation Musculoskeletal: leg cromps Respiratory: epistoxis, thinitis Urogenital: impotence, urinary frequency
Other adverse events reported with an incidence of less than $1.0 \%$ were:
Body as a Whole/Systemic: cellulitis, chilk, focial edema, neck pain, pelvic pain, pain Cordiovoscular: atrial fibrillation, brodycordia, cardioc arrest, extrosystole, hypotension, polpitations, phlebitis, posturol hypotension, tachycordio, cutaneous angiectases Central Nervous System: anxiety, confusion, decreased libido, depression, hypertonio, insomnio, somnolence Dermatologic: pruritus, sweating Gastrointestinal: abdominol poin, diarrheo, dry mouth, dyspepsio esophogitis, flatulence, gastrointestinal hemorrhage, vomiting. Hematologic: lymphodenopothy Metabolic: gout, weight loss Musculoskeletal: arthrolgia, arthritis, myalgia Respiratory: dyspnea, increased cough, rales, pharyngitis Special Senses: obnormal vision, amblyopio, conjunctivitis, diplopio, tinnitus Urogenital/Reproductive: kidney calculus, nocturio, breast engorgement
The following odverse events hove been reported rarely in potients given nifedipine in other formulations: ollergenic hepatitis, olopecia, anemio, orthritis with ANA $(+)$, depression, erythromelaggio, exfoliative dermatitis, fever, gingival hyperplosio, gynecomostia, leukopenio, mood changes, muscle cramps, nervousness, paranoid syndrome, purpuro, shakiness, sleep disturbances, syncope, toste perversion, thrombocytopenio. transient blindness of the peak plosmo leve tremor and urticario.
DOSAGE AND ADMINISTRATION: Dosage should be adjusted occording to each patient's needs. It is recommended that ADALAT CC be odministered orally once doily on an empty stomach. ADALAT CC is an

Cimetidine: Both the peak plosma level of nifedipine and the $A U C$ moy increase in the presence of cimetidine. Ronitidine produces smaller non-significant increoses. This effect of cimetidine moy be mediated by its known inhibition of hepatic cytochrome P-450 the enzyme system probably responsible for the first-pass metabolism of nifedipine. If nifedipine therapy is initioted in a patient currently receiving cimetidine, coutious fitrofion is advised.
Carcinogenesis, Mutagenesis, Impairment of Fertility: Nifedipine was odministered orally to rots for two years and was not shown to be carcinogenic. When given to ats prior to mating, nifedipine coused reduced ferfility at a dose approximately 30 times the moximum recommended humon dose. In vivo mutogenicity studies were neglimes
ative.
Pregnancy: Pregnancy Category C. In rodents, robbits and monkeys, nitedipine has eeen shown to hove a variety of embryotoxic, plocentotoxic ond fetotoxic effects, induding stunted feluses (rats, mite and rabbits), digital anomalies (rats and robbits), rib deformities (mice), deff polate (mice), , mali plocentas and underdeveloped chorionic vilir monkeys), embryonic and fetal deaths (rots, mice and rabbits), prolonged pregnancy rats; not evaluated in other species), and decreased neonotal survival (rats; not evaluated in other species). On a mg $/ \mathrm{kg}$ or $\mathrm{mg} / \mathrm{m}^{2}$ basis, some of the doses associated with hese various effects are higher thon the moximum recommended humon dose and some are lower, but all are within an order of mognitude of it.
The digital anomalies seen in nifedipine-exposed rabbit pups are strikingly similar to those seen in pups exposed to phenytoin, ond these are in turn similar to the pholangeal deformifies that are the most common malformation seen in human children with in utero exposure to phenytoin.
There are no odequate and well controlled studies in pregnant women. ADALAT CC should be used during pregnoncy only if the potentiol benefit jussifies the potentiol risk to the fetus.
Nursing Mothers: Nifedipine is excreted in human milk, Therefore, o decision should be made to discontinue nursing or to discontinue the drug, taking into account the imporfance of the drug to the mother.
ADVERSE EXPERIENCES: The incidence of adverse events during treatment with ADALAT CC in doses up to 90 mg daily were derived from multi-center plocebo-conrolled dinicol trials in 370 hypertensive potients. Atenolol 50 mg once doily wos used concomitantly in 187 of the 370 patients on ADALAT (C and in 64 of the 126 patients on plocebo. All odverse events reported during ADALAT CC therapy were tabulated independently of their cousol relationship to medication.
the most common adverse event reported with ADALAT ${ }^{\text {® }}$ (C wos peripheral edemo. This was dose related and the frequenty was $18 \%$ on ADALAT C( 30 mg daily, $22 \%$ on ADALAT CC 60 mg daily and $29 \%$ on ADALAT CC 90 mg daily versus $10 \%$ on plocebo. Other common odverse events reported in the obove plocebo-controlled trials include: Heodoche ( $19 \%$, versus $13 \%$ plocebo incidence); Flushing/heat sensation ( $4 \%$, versus $0 \%$ plocebo incidence); Dizziness ( $4 \%$, versus $2 \%$ plocebo incidence); Fatigue/osthenia 4\%, versus 4\% plocebo incidence); Nausea (2\%,versus 1\% placebo incidence); Constipation ( $1 \%$, versus $0 \%$ plocebo incidence).
Where the frequency of odverse events with ADALAT CC and placebo is similar, causol relationship cannot be established.
The following adverse events were reported with an incidence of $3 \%$ or less in daily doses up to 90 mg :
should be owllowed whale, not hitten ex divided release dosage form and toblets should be swallowed whole, not bitten or divided. In general, fitration should proceed over a 7.14 day period starting with 30 mg once daily. Upward fitration should be based on therapeutic efficacy and safety. The usual mointenance dose is 30 mg to 60 mg once doily. Titration to doses obove 90 mg doily is not recommended.
If discontinuation of ADALAT (C is necessary, sound dinical practice suggests that the
dosoge should be decreosed gradually with close physicion supervision. dosoge should be decreosed gradually with cose physicion supervision.
Core should be taken when dispensing ADALAT (CC to ossure that the extended release dosage form has been prescribed.

PZ100744BS
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## References:

1. Dato on file, Miles Inc.
2. Redbook Update. Montvole, NJ, Medical Economics Data, Inc.,

March 1994;p. 38.

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## Pharmaceutical Division

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## Who's a candidate?

Today, a vast number of patients with hypertension are suitable candidates for PLENDIL.

Black patients may be candidates. So may your older patients.*

Newly diagnosed patients may be candidates. So may those requiring more than one drug to control their blood pressure.

Patients with concomitant disorders may be likely candidates, including those with hypercholesterolemia, diabetes, impaired renal function, COPD, or asthma.

PLENDIL. A calcium channel blocker that's highly effective in hypertension. And senerally well tolerated when administered at recommended dosages.

Appropriate for so many different patient types.

For so many different reasons.

## (felodipine) İbess <br> $5 \mathrm{mg}, 10 \mathrm{mg}$

Because you consider the whole patient.
*Patients over 65, and those with impaired liver function, should have their blood pressure monitored closely during adjustment of PLENDIL and should rarely require doses above 10 mg . (See CLINICAL PHARMACOLOGY and DOSAGE AND ADMINISTRATION in the Prescribing Information.) Peripheral edema is the most common unwanted effect and is generally mild and age-and dose-related.
PLENDIL is contraindicated in patients who are hypersensitive to this product. Please see brief summary of Prescribing information on page following next page.


BRIEF SUMMARY
tabiets
PLENDIL ${ }^{\text {® }}$
(FELODIPNE)
EXTENDED-RELEASE TABLETS

## HDICATIONS AND USAGE

PLENOLL* is indicated for the treatment of hypertension. PLENOIL may be used alone or concomitanily with other antihypertensive agents.
COMTRAINDICATIONS
PLENOIL is contraindicated in patients who are hypersensitive to this product.

## PRECAUTIONS

General
Hypotension: Felodipine, like other calcium antagonists, may occasionally precipitate significant hypotension and rarely syncope. It may lead to reflex tachycardia which in susceptible individuals may precipitate angina pectoris. (See ADVERSE REACTIONS.)
Heart Failure: Although acute hemodynamic studies in a small number of patients with NYHA Class II or ill heart tailure treated with felodipine have not demonstrated negative inotropic effects, safety in patients with heart failure has not been established. Caution therefore should be exercised when using PLENDIL in patients with heart failure or compromised ventricular function, particularly in combination with a beta blocker.
Eiderly Patients or Patients with Impaired I Iver Function: Patients over 65 years of age or patients with impaired liver function may have elevated plasma concentrations of felodipine and may therefore respond to lower doses of PLENDIL. These patients should have their blood pressure monitored closely during dosage adjustment of PLENDIL and should rarely require doses above 10 mg . (See CLINICAL PHARMACOLOGY and DOSAGE AND ADMINISTRATION sections of complete Prescribing Information.)
Periphera! Edema: Peripheral edema, generally mild and not associated with generalized fluid retention, was the most common adverse event in the clinical trials. The incidence of peripheral edema was both dose- and age-dependent. Frequency of peripheral edema ranged from about 10 percent in patients under 50 years of age taking 5 mg daily to about 30 percent in those over 60 years of age taking 20 mg daily. This adverse effect generally occurs within $2-3$ weeks of the initiation of treatment.

## Information for Patients

Patients should be instructed to take PLENDIL whole and not to crush or chew the tablets. They should be told that mild gingival hyperplasia (gum swelling) has been reported. Good dental hygiene decreases its incidence and severity.
NOTE: As with many other drugs, certain advice to patients being treated with PLENOIL is warranted. This information is intended to aid in the sate and effective use of this medication. It is not a disclosure of all possible adverse or intended effects.

## Orug interactions

Beta-Blocking Agents: A pharmacokinetic study of felodipine in conjunction with metoprolol demonstrated no significant effects on the pharmacokinetics of felodipine. The AUC and C max of metoprolol, however, were increased approximately 31 and 38 percent, respectively. In controlled clinical trials, however, beta blockers including metoprolol were concurrently administered with felodipine and were well tolerated.
Cimetidine: In healthy subjects pharmacokinetic studies showed an approximately 50 percent increase in the area under the plasma concentration time curve (AUC) as well as the Cmax of felodipine when given concomitantly with cimetidine. It is anticipated that a clinically significant interaction may occur in some hypertensive patients. Therefore, it is recommended that low doses of PLENDIL be used when given concomitantly with cimetidine.
Digoxin: When given concomitantly with felodipine the peak plasma concentration of digoxin was significantly increased. There was, however, no significant change in the AUC of digoxin.
Anticonvulsants: In a pharmacokinetic study, maximum plasma concentrations of felodipine were considerably lower in epileptic patients on long-term anticonvulsant therapy (e.g., phenytoin, carbamazepine, or phenobarbital) than in healthy volunteers. In such patients, the mean area under the felodipine plasma concentrationtime curve was also reduced to approximately six percent of that obsevved in healthy volunteers. Since a clinically significant interaction may be anticipated, alternative antihypertensive therapy should be considered in these patients.
Other Concomitant Therapy: In healthy subjects there were no clinically significant interactions when felodipine was given concomitantly with indomethacin or spironolactone.
Interaction with Food: See CLINCAL PHARMACOLOGY, Pharmaonkinetics and Metabolism section of complete Prescribing Information.
Carcinogenesis, Mutagenesis, impairment of Fertility
In a two-year carcinogenicity study in rats fed felodipine at doses of $7.7,23.1$ or $69.3 \mathrm{mg} / \mathrm{kg} / \mathrm{day}$ (up to 28 times' the maximum recommended human dose on a mg/m² basis), a dose related increase in the incidence of benign interstitial cell tumors of the testes (Leydig cell tumors) was observed in treated male rats. These tumors were not observed in a similar study in mice at doses up to $138.6 \mathrm{mg} / \mathrm{kg} / \mathrm{day}$ ( 28 timest the maximum recommended human dose on a $\mathrm{mg} / \mathrm{m}^{2}$ basis). Felodipine, at the doses employed in the two-year rat study, has been shown to lower testicular testosterone and to produce a corresponding increase in serum luteinizing hormone in rats. The Leydig cell tumor development is possibly secondary to these hormonal effects which have not been observed in man.
In this same rat study a dose-related increase in the incidence of focal squamous cell hyperplasia compared to control was observed in the esophageal groove of male and female rats in all dose groups. No other drug-related esophageal or gastric pathology was observed in the rats or with chronic administration in mice and dogs. The latter
Registered trademark of AB Astra
'Based on patient weight of 50 kg
species, like man, has no anatomical structure comparable to the esophageal groove.
Felodipine was not carcinogenic when fed to mice at doses of up to $138.6 \mathrm{mg} / \mathrm{kg} / \mathrm{day}$ ( 28 times' the maximum recommended human dose on a $\mathrm{mg} / \mathrm{m}^{2}$ basis) for periods of up to 80 weeks in males and 99 weeks in females.
Felodipine did not display any mutagenic activity in vitro in the Ames microbial mutagenicity test or in the mouse lymphoma forward mutation assay. No clastogenic potential was seen in vivo in the mouse micronucleus test at oral doses up to $2500 \mathrm{mg} / \mathrm{kg}$ ( 506 times' the maximum recommended human dose on a $\mathrm{mg} / \mathrm{m}^{2}$ basis) or in vitro in a human lymphocyte chromosome aberration assay.
A fertility study in which male and female rats were administered doses of $3.8,9.6$ or $26.9 \mathrm{mg} / \mathrm{kg} / \mathrm{day}$ showed no significant effect of elodipine on reproductive performance.

## Pregnancy

Pregnancy Category 6
Teratogenic Effects: Studies in pregnant rabbits administered doses of $0.46,1.2,2.3$ and $4.6 \mathrm{mg} / \mathrm{kg} /$ day (from 0.4 to 4 times' the maximum recommended human dose on a $\mathrm{mg} / \mathrm{m}^{2}$ basis) showed digital anomalies consisting of reduction in size and degree of ossification of the terminal phalanges in the fetuses. The frequency and severity of the changes appeared dose-related and were noted even at the lowest dose. These changes have been shown to occur with other members of the dihydropyridine class and are possibly a result of compromised uterine blood flow. Similar fetal anomalies were not observed in rats given felodipine.
In a teratology study in cynomolgus monkeys no reduction in the size of the terminal phalanges was observed but an abnormal position of the distal phalanges was noted in about 40 percent of the fetuses.
Nonteratogenic Effects: A prolongation of parturition with difficult labor and an increased frequency of fetal and early postnatal deaths were observed in rats administered doses of $9.6 \mathrm{mg} / \mathrm{kg} /$ day ( 4 times ${ }^{+}$ the maximum human dose on a $\mathrm{mg} / \mathrm{m}^{2}$ basis) and above.
Significant enlargement of the mammary glands in excess of the normal enlargement for pregnant rabbits was found with doses greater than or equal to $1.2 \mathrm{mg} / \mathrm{kg} /$ day (equal to the maximum human dose on a $\mathrm{mg} / \mathrm{m}^{2}$ basis). This effect occurred only in pregnant rabbits and regressed during lactation. Similar changes in the mammary glands were not observed in rats or monkeys.
There are no adequate and well-controlled studies in pregnant women. If felodipine is used during pregnancy, or if the patient becomes pregnant while taking this drug, she should be apprised of the potential hazard to the fetus, possible digital anomalies of the infant, and the potential effects of felodipine on labor and delivery, and on the mammary glands of pregnant females.

## Nursing Mothers

It is not known whether this drug is secreted in human milk and because of the potential for serious adverse reactions from felodipine in the infant, a decision should be made whether to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother.

## Pediatric Use

Safety and effectiveness in children have not been established.

## aDVERSE REACTIOMS

In controlled studies in the United States and overseas approximately 3000 patients were treated with feiodipine as either the extended-release or the immediate-release formulation.
The most common clinical adverse experiences reported with PLENDIL ${ }^{\star}$ (Felodipine) administered as monotherapy in all settings and with all dosage forms of felodipine were peripheral edema and headache. Peripheral edema was generally mild, but it was age- and dose-related and resulted in discontinuation of therapy in about 4 percent of the enrolled patients. Discontinuation of therapy due to any clinical adverse experience occurred in about 9 percent of the patients receiving PLENDIL, principally for peripheral edema, headache, or flushing.
Adverse experiences that occurred with an incidence of 1.5 percent or greater during monotherapy with PLENOIL without regard to causality are compared to placebo in the table below.

## Percent of Patients with Adverse Effects in Controlled Trials of PLENDIL as Monotherapy <br> (incidence of discontinuations shown in parentheses)

| Adverse Effect | PLEMDIL\% <br> $N=730$ | Placebo $\%$ <br> $N=283$ |  |
| :--- | ---: | :--- | :---: |
| Peripheral Edema | 22.3 | $(4.2)$ | 3.5 |
| Headache | 18.6 | $(2.1)$ | 10.6 |
| Flushing | 6.4 | $(1.0)$ | 1.1 |
| Dizziness | 5.8 | $(0.8)$ | 3.2 |
| Upper Respiratory |  |  |  |
| Infection | 5.5 | $(0.1)$ | 1.1 |
| Asthenia | 4.7 | $(0.1)$ | 2.8 |
| Cough | 2.9 | $(0.0)$ | 0.4 |
| Paresthesia | 2.5 | $(0.1)$ | 1.8 |
| Dyspepsia | 2.3 | $(0.0)$ | 1.4 |
| Chest Pain | 2.1 | $(0.1)$ | 1.4 |
| Nausea | 1.9 | $(0.8)$ | 1.1 |
| Muscle Cramps | 1.9 | $(0.0)$ | 1.1 |
| Palpitatien | 1.8 | $(0.5)$ | 2.5 |
| Abdominal Pain | 1.8 | $(0.3)$ | 1.1 |
| Constipation | 1.6 | $(0.1)$ | 1.1 |
| Diarrhea | 1.6 | $(0.1)$ | 1.1 |
| Pharyngitis | 1.6 | $(0.0)$ | 0.4 |
| Rhinorrhea | 1.6 | $(0.0)$ | 0.0 |
| Back Pain | 1.6 | $(0.0)$ | 1.1 |
| Rash | 1.5 | $(0.1)$ | 1.1 |

In the two dose response studies using PLENDIL as monotherapy, the following table describes the incidence (percent) of adverse expe-
riences that were dose-related. The incidence of discontinuations due to these adverse experiences are shown in parentheses.

| Adverse Effect | Placebo $N=121$ | $\frac{2.5 \mathrm{mg}}{N=71}$ | $\frac{5.0 \mathrm{mg}}{V=72}$ | $\frac{10.0 \mathrm{mg}}{\mathrm{H}=123}$ | $\frac{20 \mathrm{mg}}{\mathrm{~N}=50}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Peripheral |  |  |  |  |  |
| Edema | 2.5 (1.6) | 1.4 (0.0) | 13.9 (2.8) | 19.5 (2.4) | 36.0 (10.0) |
| Palpitation | 0.8 (0.8) | 1.4 (0.0) | 0.0 (0.0) | 2.4 (0.8) | 12.0 (8.0) |
| Headache | 12.4 (0.0) | 11.3 (1.4) | 11.1 (0.0) | 18.7 (4.1) | 28.0 (18.0) |
| Flushing | 0.0 (0.0) | 4.200 .01 | 2.8 (0.0) | 8.1 (0.8) | 20.0 (8.0) |

In addition, adverse experiences that occurred in 0.5 up to 1.5 percent of patients who received PLENDIL ${ }^{*}$ (Felodipine) in all controlled clinical studies (listed in order of decreasing severity within each category) and serious adverse events that occurred at a lower rate or were found during marketing experience (those lower rate events are in italics) were: Body as a Whole: Facial edema, warm sensation; Cardiovascular: Tachycardia, myocardial infarction, hypotension, syncope, angina pectoris, arrhythmia; Digestive: Vomiting, dry mouth, flatulence; Hematologic: Anemia; Musculoskeletal: Arthralgia, arm pain, knee pain, leg pain, foot pain, hip pain, myalgia; Nervous/Psychiatric: Depression, anxiety disorders, insomnia, irritability, nervousness, somnolence; Respiratory: Bronchitis, influenza, sinusitis, dyspnea, epistaxis, respiratory infection, sneezing; Skin: Contusion, enthema, urticaria; Urogenita: Decreased libido, impotence, urinary frequency, urinany urgency, dysuria.
Felodipine, as an immediate release formulation, has also been studied as monotherapy in 680 patients with hypertension in U.S. and overseas controlled clinical studies. Other adverse experiences not listed above and with an incidence of 0.5 percent or greater include: Body as a Whole: Fatigue; Digestive: Gastrointestinal pain; Musculoskeletal: Arthritis, local weakness, neck pain, shoulder pain, ankle pain; Nervous/Psychiatric: Tremer; Respirator: Rhinitis; Skin: Hyperhidrosis, pruritus; Special Senses: Blurred vision, tinnitus; Urogenital: Nocturia.
Gingival Hyperplasia: Gingival hyperplasia, usually mild, occurred in $<0.5$ percent of patients in controlled studies. This condition may be avoided or may regress with improved dental hygiene. (See PRECAUTIONS, Information for Patients.)
Clinical Laboratory Test Findings
Serum Electroytes: No significant effects on serum electroiytes were observed during shoit- and long-term therapy.
Serum slucose: No significant effects on fasting serum glucose were observed in patients treated with PIENDIL in the U.S. controlled study.
Liver Enzymes: One of two episodes of elevated serum transaminases decreased once drug was discontinued in clinical studies; no followup was available for the other patient.

## ouerdosage

Oral doses of $240 \mathrm{mg} / \mathrm{kg}$ and $264 \mathrm{mg} / \mathrm{kg}$ in male and female mice, respectively and $2390 \mathrm{mg} / \mathrm{kg}$ and $2250 \mathrm{mg} / \mathrm{kg}$ in male and female rats, respectively, caused significant lethality.
In a suicide attempt, one patient took 150 mg felodipine together with 15 tablets each of atenolol and spironolactone and 20 tablets of nitrazepam. The patient's blood pressure and heart rate were normal on admission to hospital; he subsequently recovered without significant sequelae.
Overdosage might be expected to cause excessive peripheral vasodilation with marked hypotension and possibly bradycardia.
If severe hypotension occurs, symptomatic treatment should be instituted. The patient should be placed supine with the legs elevated. The administration of intravenous fluids may be useful to treat hypotension due to overdosage with calcium antagonists. In case of accompanying bradycardia, atropine ( $0.5-1 \mathrm{mg}$ ) should be administered intravenously. Sympathomimetic drugs may also be given if the physician feels they are warranted.
It has not been established whether felodipine can be removed from the circulation by hemodialysis.

## DOSAGE AND ADMINISTRATIOH

The recommended initial dose is 5 mg once a day. Therapy should be adjusted individually according to patient response, generally at intervals of not less than two weeks. The usual dosage range is 5 10 mg once daily. The maximum recommended daily dose is 20 mg once a day. That dose in clinical trials showed an increased blood pressure response but a large increase in the rate of peripheral edema and other vasodilatory adverse events (see ADVERSE REACTIONS). Modification of the recommended dosage is usually not required in patients with renal impairment.
PLENDIL should be swallowed whole and not crushed or chewed.
Use in the Elderly or Patients with Impaired Liver Function: Patients over 65 years of age or patients with impaired liver function, because they may develop higher plasma concentrations of felodipine, should have their blood pressure monitored closely during dosage adjustment (see PRECAUTIONS). In general, doses above 10 mg should not be considered in these patients.

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(diltiazem HC|) 120-, 180-, 240 -, 300 -ms Capsules


## PROVEN 24-HOUR CONIROL OF HYPERTENSION OR ANGINA ${ }^{1,2}$

Please see brief summary of prescribing information on adjacent page.

## O N C E - A - D A Y

## (diltiazem HCl) 120-, 180-, 240-, 300-mg Capsules

## PROVEN 24-HOUR CONTROL OF HYPERTENSION OR ANGINA

Brief Summary of
CARDIZEM
CARDIZEM ${ }^{*}$ CD
(diltiazem HCI)
Capsules

## CONTRAINDICATIONS

CARDIZEM is contraindicated in (1) patients with sick sinus syndrome except in the presence of a functioning ventricular pacemaker, (2) patients with second-or third-degree AV block except in the presence of a functioning ventricular pacemaker, (3) patients with hypotension (less than 90 mm Hg systolic), (4) patients who have demonstrated hypersensitivity to the drug, and (5) patients with acute myocardial infarction and pulmonary congestion documented by $x$-ray on admission.

## WARNINGS

1. Cardiac Conduction. CARDIZEM prolongs AV node refractory periods without significantly prolonging sinus node recovery time, except in patients with sick sinus syndrome. This effect may rarely result in abnormally slow heart rates (particularly in patients with sick sinus syndrome) or second- or third-degree AV block ( 13 of 3290 patients or $0.40 \%$ ). Concomitant use of diltiazem with beta-blockers or digitalis may result in additive effects on cardiac conduction. A patient with Prinzmetal's angina developed periods of asystole ( 2 to 5 seconds) after a single dose of 60 mg of diltiazem
2. Congestive Heart Failure. Although diltiazem has a negative inotropic effect in isolated animal tissue preparations, hemodynamic studies in humans with normal ventricular function have not shown a reduction in cardiac index nor consistent negative effects on contractility ( $\mathrm{dp} / \mathrm{dt}$ ). An acute study of oral diltiazem in patients with impaired ventricular function (ejection fraction $24 \% \pm 6 \%$ ) showed improvement in indices of ventricular function without significant decrease in contractile function (dp/dt). Worsening of congestive heart failure has been reported in patients with preexisting impairment of ventricular function. Experience with the use of CARDIZEM (dittiazem hydrochloride) in combination with beta-blockers in patients with impaired ventricular function is limited. Caution should be exercised when using this combination.
3. Hypotension. Decreases in blood pressure associated with CARDIZEM therapy may occasionally result in 3. hypotension. Decreases symptomatic hypotension.
4. Acute Hepatic Injury. Mild elevations of transaminases with and without concomitant elevation in alkaline phosphatase and bilirubin have been observed in clinical studies. Such elevations were usually transient and frequently resolved even with continued diltiazem treatment. In rare instances, significant elevations in enzymes such as alkaline phosphatase, LDH, SGOT, SGPT, and other phenomena consistent with acute hepatic injury have been noted. These reactions tended to occur early after therapy initiation ( 1 to 8 weeks) and have injury have been noted. These reactions tended to occur early after therapy initation been reversible upon discontinuation of drug therapy. The relationship to CARDIZEN is uncertain in some cases, but probable in some. (See PRECAUTIONS.)

## PRECAUTIONS

## General

CARDIZEM (diltiazem hydrochloride) is extensively metabolized by the liver and excreted by the kidneys and in bile. As with any drug given over prolonged periods, laboratory parameters of renal and hepatic function should be monitored at regular intervals. The drug should be used with caution in patients with impaired renal or hepatic function. In subacute and chronic dog and rat studies designed to produce toxicity, high doses of diltiazem were associated with hepatic damage. In special subacute hepatic studies, oral doses of $125 \mathrm{mg} / \mathrm{kg}$ and higher in rats were associated with histological changes in the liver which were reversible when the drug was discontinued. In dogs, doses of $20 \mathrm{mg} / \mathrm{kg}$ were also associated with hepatic changes; however, these changes were reversible with continued dosing.
Dermatological events (see ADVERSE REACTIONS section) may be transient and may disappear despite continued use of CARDIZEM. However, skin eruptions progressing to erythema multiforme and/or exfoliative dermatitis have also been infrequently reported. Should a dermatologic reaction persist, the drug should be discontinued.

## Drug Interactions

Due to the potential for additive effects, caution and careful titration are warranted in patients receiving CARDIZEM concomitantly with other agents known to affect cardiac contractility and/or conduction. (See WARNINGS.) Pharmacologic studies indicate that there may be additive effects in prolonging AV conduction when using betablockers or digitalis concomitantly with CARDIZEM. (See WARNINGS.)
As with all drugs, care should be exercised when treating patients with multiple medications. CAROIZEM undergoes biotransformation by cytochrome P-450 mixed function oxidase. Coadministration of CARDIZEM with other agents which follow the same route of biotransformation may result in the competitive inhibition of metabolism. Especially in patients with renal and/or hepatic impairment, dosages of similarly metabolized drugs, particularly those of low therapeutic ratio, may require adjustment when starting or stopping concomitantly administered dittazem to maintain optimum therapeutic blood levels.
Beta-blockers. Controlled and uncontrolled domestic studies suggest that concomitant use of CARDIZEM and beta-blockers is usually well tolerated, but available data are not sufficient to predict the effects of concomitant treatment in patients with left ventricular dysfunction or cardiac conduction abnormalities
Administration of CARDIZEM (diltiazem hydrochloride) concomitantly with propranolol in five normal volunteers resuited $50 \%$ In vitro propranolol appears to mately $50 \%$. In vitro, propranolol appears to be displaced from its binding sites by diltiazem. If combination therapy is initiated or withdrawn in conjunction with propranolol, an adjustment in the propranolol dose may be Warranted. (See WARNINGS.)
Cimetidine. A study in six healthy volunteers has shown a significant increase in peak diltiazem plasma levels $(58 \%)$ and area-under-the-curve ( $53 \%$ ) atter a 1-week course of cimetidine at 1200 mg per day and a single dose of diltiazem 60 mg . Ranitidine produced smaller, nonsignificant increases. The effect may be mediated by cimetidine's known inhibition of hepatic cytochrome P-450, the enzyme system responsible for the first-pass metabolism of diltiazem. Patients currently receiving diltiazem therapy should be carefully monitored for a change in pharmacological effect when initiating and discontinuing therapy with cimetidine. An adjustment in the diltiazem dose may be warranted.
Digitalis. Administration of CARDIZEM with digoxin in 24 healthy male subjects increased plasma digoxin concentrations approximately $20 \%$. Another investigator found no increase in digoxin levels in 12 patients with coronary
artery disease. Since there have been conflicting results regarding the effect of dipoxin levels, it is recommended artery disease. Since there have been conflicting results regarding the effect of digoxin levels, it is recommended that digoxin levels be monitored when initiating, adjusting, and discontinuing CARDIZEM therapy to avoid possible over- or under-digitalization. (See WARNINGS.)
Anesthetics. The depression of cardiac contractility, conductivity, and automaticity as well as the vascular dilation associated with anesthetics may be potentiated by calcium channel blockers. When used concomitantly, anesthetics and calcium blockers should be titrated carefully.
Cyclosporine. A pharmacokinetic interaction between diltiazem and cyclosporine has been observed during studies involving renal and cardiac transplant patients, In renal and cardiac transplant recipients, a reduction of cyclosporine dose ranging from $15 \%$ to $48 \%$ was necessary to maintain cyclosporine trough concentrations similar to those seen prior to the addition of diltiazem. If these agents are to be administered concurrently, cyclosporine concentrations should be monitored. especially when diltiazem therapy is initiated, adjusted, or discontinued. The effect of cyclosporine on diltiazem plasma concentrations has not been evaluated.
Carbamazepine. Concomitant administration of diltiazem with carbamazepine has been reported to result in elevated serum levels of carbamazepine ( $40 \%$ to $72 \%$ increase), resulting in toxicity in some cases. Patients
$\frac{\text { Carcinogenesis, Mutagenesis. Impairment of Fertility }}{\text { A 24-month study in rats at oral dosage levels of up to }}$
2as levels of up to $30 \mathrm{mg} / \mathrm{kg} /$ day showed no evidence $1 \mathrm{mg} / \mathrm{kg} /$ day and a 21 -month study in mice at oral response in vitro or in vivo in mammalian cell assays or in vitro in bacteria observed in a study performed in male and female rats at oral dosages of up to $100 \mathrm{mg} / \mathrm{kg} /$ day.
Pregnancy
ategory C. Reproduction studies have been conducted in mice, rats, and rabbits. Administration of doses ranging from five to ten times greater (on a $\mathrm{mg} / \mathrm{kg}$ basis) than the daily recommended therapeutic dose has resulted in embryo and fetal lethality. These doses, in some studies, have been reported to cause skeletal abnormalities. In the perinatal/postnatal studies, there was an increased incidence of stillbirths at doses of 20 times the human dose or greater.
There are no well-controlled studies in pregnant women; therefore, use CARDIZEM in pregnant women only if the potential benefit justifies the potential risk to the fetus.

## Nursing Mothers

Diltiazem is excreted in human milk. One report suggests that concentrations in breast milk may approximate serum levels. If use of CARDIZEM is deemed essential, an alternative method of infant feeding should be instituted.
Pediatric Use
Safety and effectiveness in children have not been established.

## ADVERSE REACTIONS

Serious adverse reactions have been rare in studies carried out to date, but it should be recognized that patients with impaired ventricular function and cardiac conduction abnormalities have usually been excluded. rom these studies.
The following table presents the most common adverse reactions reported in placebo-controlled angina and hypertension trials in patients receiving CARDIZEM CD up to 360 mg with rates in placebo patients shown for comparison.

## CARDIZEM CD Capsule Placebo-Controlled

Angina and Hypertension Trials Combined

|  | Cardizem CD <br> $(\mathrm{n}=607)$ | Placebo <br> $(\mathrm{n}=301)$ |
| :--- | :---: | :---: |
| Adverse Reactions | $5.4 \%$ | $5.0 \%$ |
| Headache | $3.0 \%$ | $3.0 \%$ |
| Dizziness | $3.3 \%$ | $1.3 \%$ |
| Bradycardia | $3.3 \%$ | $0.0 \%$ |
| AV Block First Degree | $2.6 \%$ | $1.3 \%$ |
| Edema | $1.6 \%$ | $2.3 \%$ |
| ECG Abnormality | $1.8 \%$ | $1.7 \%$ |
| Asthenia |  |  |

In clinical trials of CARDIZEM CD capsules, CARDIZEM tablets, and CARDIZEM SR capsules involving over 200 patients, the most common events (ie, greater than $1 \%$ ) were edema ( $4.6 \%$ ), headache ( $4.6 \%$ ), dizziness $(3.5 \%)$, asthenia $(2.6 \%)$, first-degree AV block $(2.4 \%)$, bradycardia ( $1.7 \%$ ), flushing ( $1.4 \%$ ), nausea ( $1.4 \%$ ), and rash ( $1.2 \%$ )
In addition, the following events were reported infrequently (less than $1 \%$ ) in angina or hypertension trials: Cardiovascular: Angina, arriythmia, AV block (second- or third-degree), bundle branch block, congestive heart failure, ECG abnormalities, hypotension, palpitations, syncope, tachycardia, ventricular extrasystoles
Nervous System: Abnormal dreams, amnesia, depression, gait abnormality, hallucinations, insomnia, nervousness, paresthesia, personality change, somnolence, tinnitus, tremor
Gastrointestinal: Anorexia, constipation, diarrhea, dry mouth, dysgeusia, dyspepsia, mild elevations of SGOT, SGPT, LDH, and alkaline phosphatase (see hepatic warnings), thirst, vomiting, weight increase
Dermatological: Petechiae, photosensitivity, pruritus, urticaria
Other: Amblyopia, CPK increase, dyspnea, epistaxis, eye irritation, hyperglycemia, hyperuricemia, impotence, muscle cramps, nasal congestion, nocturia, osteoarticular pain, polyuria, sexual difficulties
The following postmarketing events have been reported infrequently in patients receiving CARDIZEM: alopecia, erythema multiforme, exfoliative dermatitis, extrapyramidal symptoms, gingival hyperplasia, hemolytic anemia, increased bleeding time, leukopenia, purpura, retinopathy, and thrombocytopenia. In addition, events such as myocardial infarction have been observed which are not readily distinguishable from the natural history of the disease in these patients. A number of well-documented cases of generalized rash, characterized as leukocyto-
clastic vasculitis, have been reported. However, a definitive cause and effect relationship between these events and CARDIZEM therapy is yet to be established.

## Prescribing Information as of April 1993

Marion Merrall Dow Inc.
Kansas City, MO 64114
codb0493a

References: 1. Data on file, Marion Merrell Dow Inc. 2. Massie BM, Der E, Herman TS, Topolski P, Park GD, Stewart WH. Clin Cardiol. 1992;15:365-368.

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## NAPROSYN <br> (NAPROXEN) 500 mg tablets

## Brief Summary:

Contraladications: Patients who have had allergic reactions to NAPROSYN, ANAPROX or ANAPROX DS or in whom aspirin or other NSAIDs induce the syndrome of asthma, rhinitis, and nasal polyps. Because anaphylactic reactions usually occur in patients nasa! polyps, urticaria and hypotension associated with NSAIDs nasal polyps, urticaria, and hypotension associated with NSAlDs drug. Warninge: Serious GI toxicity such as bieeding, uiceration, and perforation can occur at any time, with or without warning symptoms, in patients treated chronically with NSAIDs. Remain alert for ulceration and bleeding in such patients even in the absence of previous Gl tract symptoms. In clinical trials, symp tomatic upper Gl ulcers, gross bleeding or perforation appear to occur in approximately $1 \%$ of patients treated for 3-6 months, and in about 2-4\% of patients treated for one year. Inform patients about the signs and/or symptoms of serious Gl toxicity and what steps to take if they occur. Studies have not identified any subsel of patients not at risk of developing peptic ulceration and bleeding. Except krown to be associated with peptic ulcer disease such as licoholism smoking etc no risk peptors (e 9 ape sex) have been associated with increased risk Elderly or debilitated patients seem to tolerate ulceration or bleeding less well than others and most spontaneous reports of fatal Gl events are in this population In considering the use of relatively large doses (within the recom mended dosage range), sufficient benefit should be anticipated to offset the potential increased risk of GI toxicity. Prectulions: DO NOT GIVE NAPROSYN* (NAPROXEN) CONCOMITANTLY WITH ANAPROX: (NAPROXEN SODIUM) OR ANAPROX* DS (NAPROXEN SODIUM) SINCE THEY BOTH CIRCULATE IN PLASMA AS THE NAPROXEN ANION. Acute interstitial nephritis with hema luria, proteinuria, and nephrotic syndrome has been reported Patients with impaired renal function, heart failure, liver dysfunc tion, patients taking diuretics, and the elderly are at greater risk of overt renal decompensation. If this occurs, discontinue the drug se wance in patients with significantly impaired reral function Use cuution in patients with baseline creatinine ciearance less than 20 mL /minute. Use the iowest effective dose in the elderiy or in patients with chronic alcoholic liver disease or cirrhosis. With NSAIDs, borderline elevations of liver tests may occur in up to $15 \%$ of patients. They may progress, remain unchanged or be transient with continued therapy. Elevations of SGPY or SGOT occurred in controlled clinical trials in less than 1\% of patients. Severe hepatic reactions, including jaundice and fatal hepatitis, have been reported rarely. if liver disease deveiops or if systemic manifestations occur (e.g., eosinophilia or rash), discontinue the apy. It steroid dosage is reduced or eliminated during therapy, do so slowly and observe patients closely for adverse effects, including adrenal insufficiency and exacerbation of arthritis symptoms Determine hemoglobin values periodically for patients with initial values of 10 grams or less who receive long-term therapy. Periphpatients with fluid retention hypertension or heart failure The drug's antipyretic and anti-inflammatory artivities may educe fever and inflammation diminishing their diagnostic value Conduct ophthalmic studies if any change or disturbance in vision occurs. For patients with restricted sodium intake, note that the suspension contains $8 \mathrm{mg} / \mathrm{mL}$ of sodium. Information for an acceptable alternative. Patients should use caution for activitantly with coumarin-type anticoagulants; a hydantoin, sulfontime or increase urinary values for 17 -ketogenic steroids. Tempo cinogenesis: A 2-year rat study showed no evidence of carcino genicity. Pregnancy: Category B. Do not use during pregnancy doses of $2.5-5 \mathrm{mg} / \mathrm{kg}$, with total daily dose not exceeding 15 tions about the same, and other reactions less frequent than in tion," heartburn," abdominal pain," nausea," dyspepsia, diarrhea Probable Causal Relationship: GI: abnormal liver function tests, colitis, GI bleeding and/or perforation, hematemesis, jaundice. mele Ra, peptic ulceration witis, anemia. CNS: aseptic meningitis, cognitive dysfunction. Dermato epidermolysis bullosa, Stevens-Johnsonn syndrome, urticaria. GI of activated charcoal reduced plasma levels of naproxen. Caution: age insert for full Prescribing Information.
Incidence of reported reaction $3 \%-9 \%$.
Patients: Side effects of NSAIDs can cause discomfort and, rarely
there are more serious side effects, such as GI bleeding, which
may result in hospitalization and even fatal outcomes. Physicians
may wish to discuss with patients the potential risks and likely
benefits of NSAID treatment, particularly when they are used to
less serious conditions where treatment without NSAIDs may be
lies requiring alertness if they experience drowsiness, dizziness,
vertigo or depression during therapy Laboratory Tosis: because
ing symptoms tollow chronically treated patients for signs and
symptoms of these and inform them of the importance of this
follow-up Dpun Interections: Use caution when giving concomi-
amide or sulfonylurea; furosemide; lithium; beta-blockers:
probenecid; or methotrexate. Drug/Laboratory Tast Interactions:
The drug may decrease platelet aggregation and prolong bleeding
rarily stop therapy for 72 hours before doing adrenal function
tests. The drug may interiere with urinary assays of SHIAA. Ga
unless clearly needed. Avoid use during late pregnancy. Nursing
Mothers: Avoid use in nursing mothers. Pediatric Use: Single
$\mathrm{mg} / \mathrm{kg} / \mathrm{day}$, are sar in chidren over 2 years of age. Advorse
in rheumatoid arthritis patients on 1500 mg /day than in those on
$750 \mathrm{mg} / \mathrm{day}$ in studies in children with iuvenile arthritis rash and
prolonged bleeding times were more frequent GI and CNS reac
adults. Incidence Greater Than 1\%; Probable Causal Relationship
GI: The most frequent complaints related to the GI tract: constipa
stomatitis CNS: headache, dizziness," drowsiness," light-headed
ness, vertigo. Dermatologic: hching (pruritus), skin eruptions,
ecchymoses, sweating, purpura. Speciar 'Senses. tinnitus," hear
ing disturbances, visual disturbances. Cardiovascular: edema,
dyspnea," palpitations. General: thirst. Incidence Less Than 1\%;
stitial nephitis nephrotic syndrome renal disease renal tailure
renal papillary, neprosis Hematolonic: agranulocytosis asiro
philia granulocytopenia leukopenia thrombocytopenia CNS
depression, dream abnormalities, inability to concentrate insom
nia, malaise, myaigia and muscle weakness. Dermatolonic alope-
cia, photosensitive dermatitis skin rashes. Special Senses
hearing impairment. Cardiovascular: congestive heart failure
Respiratory: eosinophilic pneumonitis. General: anaphylactoid
reactions, menstrua disorders, pyrexia (chills and rever). Causa
Relationship Unknown: Hematologic: aplastic anemia, hemolytic
logic: epidermal necrolysis, erythema multiforme, photosen
sitivity reactions resembling porphyria cutanea tarda and
non-peptic Gl ulceration, ulcerative stomatitis. Cardiovascular
plycemia Guerdogace. May have drowsinass heartbum indiges
plice nausea vomiting A few patients have had seizures Empty
stomach and use usual supportive measures In animals $050 / \mathrm{kg}$
Federal law prohibits dispensing without prescription. See pack-

Here we go again. Another new NSAID.

Is it stronger? Safer? Based on what?
l've heard about micro-this and endo-
that. But if it's not clinically significant,

I'm not interested. I've seen the proof
in my practice. I see it every day.

Contraindicated in patients hypersensitive to naproxen, aspirin, or other NSAIDs. As with other NSAIDs, the most frequent adverse events are gastrointestinal. With chronic NSAID therapy, serious Gl toxicity such as bleeding, ulceration, and perforation can occur. Rare hepatic and renal reactions have been reported.


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