The ARCHIVES OF FAMILY MEDICINE is a member of the consortium of AMA journals listed below. The ARCHIVES reaches more than 81,500 readers in family and general practice each month, in addition to paid subscribers. The complete text of all AMA journals is available online from Dialog Information Services and Information Access Company.

The Journal of the American Medical Association (JAMA)
Archives of Dermatology
Archives of Family Medicine
Archives of General Psychiatry
Archives of Internal Medicine
Archives of Neurology
Archives of Ophthalmology
Archives of Otolaryngology—Head & Neck Surgery
Archives of Pathology & Laboratory Medicine
Archives of Pediatrics & Adolescent Medicine
Archives of Surgery

The ARCHIVES OF FAMILY MEDICINE (ISSN 1063-3987) is published monthly by the American Medical Association, 515 N State St, Chicago, IL 60610, and is an official publication of the Association. Second-class postage rates paid at Chicago and at additional mailing offices. GST registration number R126 225 556. Canada Post International Publications Mail (Canadian Distribution) Sales Agreement No. 319600. Printed in the USA.

SUBSCRIPTION RATES—The subscription rates for the ARCHIVES OF FAMILY MEDICINE are as follows: $95 for 1 year, $190 for 2 years in the United States and US possessions; in the Americas, 1 year, $130, 2 years, $260; the rest of the world, 1 year, £80, 2 years, £180. The institution rates are as follows: $105 for 1 year, $210 for 2 years in the United States and US possessions; in the Americas, 1 year, $140, 2 years, $280; the rest of the world, 1 year, £97, 2 years, £194. Rates for subscriptions for delivery to Japan are available through our exclusive agent—contact the publisher. Special rates for residents and medical students in the United States and US possessions are available. Address inquiries to Subscriber Services Center, American Medical Association, PO Box 10945, Chicago, IL 60610. Phone: (800) 652-2350. Fax: (312) 464-9831. For mailing addresses outside the United States and US possessions, see International Subscription Information.

CHANGE OF ADDRESS—POSTMASTER, send all address changes to ARCHIVES OF FAMILY MEDICINE, c/o Subscriber Services, American Medical Association, 515 N State St, Chicago, IL 60610. Please notify us of address change at least 6 weeks in advance to ensure uninterrupted service. Include both old and new addresses, a recent mailing label, and new ZIP code. For mailing addresses outside the US and US possessions, see International Subscription Information.

SUBSCRIBER SERVICES—For information about subscribing to any of the AMA publications, change of address, missing issues, or purchasing back issues, please contact Subscriber Services Center, American Medical Association, PO Box 10945, Chicago, IL 60610, or call (312) 670-SUBS (670-7827) between 8:30 AM and 4:30 PM CST. Fax: (312) 464-5831. For mailing addresses outside the US and US possessions, see International Subscription Information.

INTERNATIONAL SUBSCRIPTION INFORMATION—Subscriptions outside the United States and US possessions are served according to geographic region. Please address correspondence to the following offices based on delivery address: 1) For delivery in North America, Central America, and South America, contact Subscriber Services Center, AMA, PO Box 10945, Chicago, IL 60610, USA. Phone: 1-312-670-7827. Fax: 1-312-464-5831; 2) For delivery outside the Americas, contact JAMA & Archives Journals Reader Services Centre, PO Box 299, London, England W1H 9TD. Phone: +44-(0)-171-383-6270. Fax: +44-(0)-171-383-6402.

REPRINTS—Authors place their reprint order at the time the edited typescript is reviewed and should allow 4 to 6 weeks for delivery following publication. Requests for individual reprints should be sent directly to the author at the address shown in the article.

For bulk reprint orders for distribution by commercial organizations, please contact Wanda Bartlootta, 300 Fifth Avenue #2210, New York, NY 10010. Phone: (212) 354-0050. Fax: (212) 354-1169. For reprint orders in limited quantities for distribution by educational organizations, please contact Joseph R. Rekash, 515 N State St., Chicago, IL 60610. Phone: (312) 464-2512. Fax: (312) 464-5835.

PERMISSIONS—Contact Laslo Hunyady, Permissions Assistant, 515 N State St, Chicago, IL 60610. Phone: (312) 464-2513.

ADVERTISING PRINCIPLES—Each advertisement in this issue has been reviewed and complies with the principles governing advertising in AMA scientific publications. A copy of these principles is available on request. The appearance of advertising in AMA publications is not an AMA guarantee or endorsement of the product or the claims made for the product by the manufacturer.
Does Antihypertensive Treatment of the Elderly Prevent Cardiovascular Events or Prolong Life? A Meta-analysis of Hypertension Treatment Trials
Kevin A. Pearce, MD, MPH;
Curt D. Furbeg, MD, PhD;
Julia Rushing, MStat

Practice Commentary
James R. Sowers, MD

Atitudes of Dutch General Practitioners and Nursing Home Physicians to Active Voluntary Euthanasia and Physician-Assisted Suicide
Bregje D. Onwuteaka-Philipsen, MSc;
Martien T. Muller, MA;
Gerrit van der Wal, MD, PhD;
Jacques T. M. van Eijk, MA, PhD;
Miel W. Ribbe, MD, PhD

Experience of Abuse in Primary Care Patients: Racial and Rural Differences
Peggy J. Wagner, PhD;
Patrick Morgan, MD;
Dianna Hamrick;
Linda K. Hendrick, MD

Addiction to Benzodiazepines—How Common?
August Piper, Jr, MD

Intestinal Perforation From Trauma to an Inguinal Hernia
Ronald D. Reynolds, MD

Health Care Report Cards: Validity of Case Definitions
William E. Golden, MD;
Mario A. Cleves, PhD; Judy Johnston

Wilderness Medicine: Management of Wilderness and Environmental Emergencies
Herb Giebel, MD, MS

In Other AMA Journals

Physician Recruitment Advertising

Instructions for Authors—See March 1995 issue, page 187.

Archives Journal Club/Women's Health (Immediately following page 980)

ARCHIVES
FAMILY MEDICINE

Editor:
Marjorie A. Bowman, MD, MPA
Bowman Gray School of Medicine
Medical Center Boulevard
Winston-Salem, NC 27157-1084
Phone: (910) 716-7318
Fax: (910) 716-9850

Assistant to the Editor:
Tina G. Sagartz

Deputy Editor:
Joseph C. Konen, MD, MSPH
Winston-Salem, NC

Associate Editors:
Louise S. Acheson, MD, MS
Cleveland, Ohio

Charles E. Driscoll, MD
West Branch, Iowa
Steven C. Zweig, MD, MSPH
Columbia, Mo

Editorial Board:
Robert M. Bostick, MD, MPH
Winston-Salem, NC
W. Eugene Broadhead, MD, PhD
Danville, Va
Doug Campoe-Outcalt, MD, MPA
Phoenix, Ariz
Nancy W. Dickey, MD
Chicago, Ill
Allan J. Dietrich, MD
Hanover, NH

John G. Halvorsen, MD, MS
Peoria, Ill
Arch G. Mainous III, PhD
Lexington, Ky
Patrick J. O'Connor, MD, MPH
St Paul, Minn
Christian N. Ramsey, Jr, MD
Lexington, Ky
Barbara D. Reed, MD, MSPH
Ann Arbor, Mich
Lee Scarpino, DO, FACP, FCCP, FAAFP
Milwaukee, Wis
Thomas L. Speros, MD
Washington, DC
David H. Thom, MD, PhD
Palo Alto, Calif

Statistical Consultant:
Mark A. Espeland, PhD
Winston-Salem, NC

Book Reviews:
Michael L. Adler, MD
Winston-Salem, NC

Selections From Other Journals:
Kevin A. Pearce, MD, MPH
Winston-Salem, NC

Series Editor:
Clinical Preventive Practices:
Robert C. Rinaldi, PhD
Chicago, Ill
How to Use Archives Journal Club

Archives Journal Club draws on the American Medical Association’s vast network of editors, reviewers, and specialist physicians to identify the most important articles in the world literature relevant to the treatment of women patients—not only from the weekly JAMA and the AMA’s nine primary-source Archives specialty journals, but from more than 50 other journals from around the world. The Journal Club presents a “windows approach” to the medical literature by providing structured summaries of the selected articles, with a clinical conclusion by a specialist in that area that attempts to address the more practical implications of the article.

Visit the World Wide Web
By virtue of receiving each issue of Archives Journal Club, you participate in a “virtual journal club” with thousands of members. The complete text of Archives Journal Club is available on the World Wide Web as well as in print. To access the Journal Club on-line, simply use your PC and modem to reach the Internet. Commercial online services such as America Online, Compuserve, and Prodigy provide Internet browsers, or you may use your own browser software such as Netscape Navigator.

The address for the American Medical Association’s Web site is http://wwwama-assn.org Click on the Archives Journal Club/Women’s Health icon to scan the full text of the latest issue. You are also welcome to browse the site for other medical information from the AMA including the latest abstracts from the AMA scientific journals, Medical News Briefs from American Medical News, information about AMA membership, the Federation directory, and more.

Ordering Full Text of Articles
Most of the journals from which Journal Club articles are selected participate in one or more document delivery services. Full-text copies of the original articles are available through the following sources. Per-copy charges for these articles are established by the individual publishers, not by the AMA or the Archives Journal Club.

Genuine Article/Institute for Scientific Information
Phone: 215-386-0100, ext. 1140-1145
Fax: 215-386-4343 and 215-222-0840
Internet: TGA@ISINET.COM

Uncover Company
Phone: 303-758-3030
Fax: 303-758-5946
Internet: database.carl.org

UMI InfoStore
Phone: 800-248-0360
Fax: 415-433-0100

Questions or Comments About Archives Journal Club
Questions, comments, and suggestions about the Journal Club can be addressed to the Publisher, Archives Specialty Journals, 515 N State St, Chicago, IL 60610, or may be left on the World Wide Web at the Internet address shown above.