

# ARCHIVES

OF

# FAMILY MEDICINE

OCTOBER 1995



See Special Selection, page 828.

---

NEDOCROMIL IN THE OUTPATIENT  
MANAGEMENT OF ASTHMA

---

PREVALENCE OF MENTAL DISORDERS  
IN PRIMARY CARE

---

MANAGEMENT OF DISORDERS OF  
CHOLESTEROL, TRIGLYCERIDE, AND  
LIPOPROTEIN METABOLISM

---

SOLITARY KIDNEY AND SPORTS  
PARTICIPATION



---

IN THIS ISSUE

CONCISE SUMMARIES  
OF ADVANCES IN ALL  
FIELDS AFFECTING  
MEDICAL CARE  
FOR WOMEN

FOLLOWS PAGE 888

ROBERT M. WHITE MEMORIAL LIBRARY  
PAOLI MEMORIAL HOSPITAL  
LANCASTER PIKE  
PAOLI, PA 19301

American Medical Association

Physicians dedicated to the health of America



### Brief Diagnostic Interviews (SDDS-PC) for Multiple Mental Disorders in Primary Care

In reply

The interesting article by Weissman et al<sup>1</sup> on psychiatric diagnoses, recommending the brief diagnostic interviews for multiple mental disorders, does not contain any specific information about how an ordinary working physician like me can get hold of and start using them. I will write to the authors and chivy them about this; but why is it a general practice, when academic journals in the reviewed literature discuss such a tool as the Symptom-Driven Diagnostic System for Primary Care (SDDS-PC), not to give a clear instruction at the end of the article or in the footnotes on how readers could obtain the instrument?

Lee Hyde, MD  
Asheville, NC

You are absolutely right to chide us. We had our academic heads in an ivory tower. You can get a copy of the SDDS-PC from the Upjohn Company, 9234-88-76, 7000 Portage Rd, Kalamazoo, MI 49001, attention Rich Reitzell, or you may call (800) 487-5646. Thank you for your interest.

Myrna M. Weissman, PhD  
College of Physicians & Surgeons  
of Columbia University  
New York, NY

**Editor's Response:** We also will accept the chiding. While I try to notice and correct these oversights, this one slipped through. I agree that we like to provide information on how to access questionnaires or other practical things for the office. If you catch again, please write or call.

—Marjorie A. Bowman, MD, MPA

1. Weissman MM, Olson M, Leon AC, et al. Brief diagnostic interviews (SDDS-PC) for multiple mental disorders in primary care. *Arch Fam Med*. 1995;4:220-227.

#### Clinical Pearl

To reduce stress incontinence, women can lean forward and cross their legs at the same time. This reduces leakage by 90%. (*Obstet Gynecol*. 1994;84:770-774.)

- chronic asthma. *Respir Med*. 1992;1986:311-316.
16. Bergmann K-CH, Bauer CP, Overlack A. A placebo-controlled, blind comparison of nedocromil sodium and beclomethasone dipropionate in bronchial asthma. *Curr Med Res Opin*. 1989;11:533-542.
  17. Harper GD, Neill P, Vathenen AS, Cookson JB, Ebdon P. A comparison of inhaled beclomethasone dipropionate and nedocromil sodium as additional therapy in asthma. *Respir Med*. 1990;84:463-469.
  18. Littlewood JM, Johnson AW, Edwards PA, Littlewood AE. Growth retardation in asthmatic children treated with inhaled beclomethasone dipropionate. *Lancet*. 1988;1:115-116.
  19. Tinkelman DG, Reed CE, Nelson HS, Offord KP. Aerosol beclomethasone dipropionate compared with theophylline as primary treatment of chronic, mild to moderately severe asthma in children. *Pediatrics*. 1993;92:64-77.
  20. Ali NJ, Capewell S, Ward MJ. Bone turnover during high dose inhaled corticosteroid treatment. *Thorax*. 1991;46:160-164.
  21. Packe GE, Douglas JG, McDonald AF, Robins SP, Reid DM. Bone density in asthmatics taking high dose inhaled beclomethasone dipropionate and intermittent systemic corticosteroids. *Thorax*. 1992;47:414-417.
  22. Lehmann EL. *Nonparametrics: Statistical Methods Based on Ranks*. San Francisco, Calif: Holden-Day Inc; 1975.
  23. Jones PW, de Amaral-Marques RJ, Bone MF, et al. Quality of life, symptoms and pulmonary function in asthma: long-term treatment with nedocromil sodium examined in a controlled multicenter trial. *Eur Respir J*. 1994;7:55-62.
  24. Schwartz HJ, Kemp JP, Bianco S, et al. Highlights of the nedocromil sodium clinical study presentations. *J Allergy Clin Immunol*. 1993;92:204-209.
  25. Carrasco E, Sepulveda R. The acceptability, safety and efficacy of nedocromil sodium in long-term clinical use in patients with perennial asthma. *J Intern Med Res*. 1988;16:394-401.
  26. Weiss KB, Gergen PJ, Hodgson TA. An economic evaluation of asthma in the United States. *N Engl J Med*. 1992;326:862-866.
  27. Bousquet J, Knani J, Dhivert H, Richard A, Ware JE Jr, Michel F-B. Quality of life in asthma: internal consistency and validity of the SF-36 Questionnaire. *Am J Respir Crit Care Med*. 1994;149:371-375.
  28. Wahedna I, Wong CS, Wisniewski FZ, Pavord ID, Tattersfield AE. Asthma control during and after cessation of regular beta<sub>2</sub>-agonist treatment. *Am Rev Respir Dis*. 1993;148:707-712.
  29. Cheung D, Timmers MC, Zwiderman AH, Bel EH, Dijkman JH, Sterk PJ. Long-term effects of a long-acting beta<sub>2</sub>-adrenoceptor agonist, salmeterol, on airway hyperresponsiveness in patients with mild asthma. *N Engl J Med*. 1992;327:1198-1203.
  30. Cockcroft DW, McParland CP, Britto SA, Swystun VA, Rutherford BC. Regular inhaled salbutamol and airway responsiveness to allergen. *Lancet*. 1993;342:833-837.
  31. Sears MR, Taylor DR, Print CG, et al. Regular inhaled beta-agonist treatment in bronchial asthma. *Lancet*. 1990;336:1391-1396.
  32. Suissa S, Ernst P, Boivin J-F, et al. A cohort analysis of excess mortality in asthma and the use of inhaled beta-agonists. *Am J Respir Crit Care Med*. 1994;149:604-610.
  33. *Physician's Desk Reference*. Montvale, NJ: Medical Economics Data Production Co; 1994.
  34. Creticos P, Burk J, Smith L, Comp R, Norman P, Findlay S. The use of twice daily nedocromil sodium in the treatment of asthma. *J Allergy Clin Immunol*. In press.
  35. Condemni J, Pierantoni WN, Wald J, et al. Use of different spacers with nedocromil sodium (NED): comparative improvement in taste. *Ann Allergy*. 1995;74:89.
  36. Callaghan B, Teo NC, Clancy L. Effects of the addition of nedocromil sodium to maintenance bronchodilator therapy in the management of chronic asthma. *Chest*. 1992;101:787-792.
  37. Wells A, Drennan C, Holst P, Jones D, Rea H, Thornley P. Comparison of nedocromil sodium at two dosage frequencies with placebo in the management of chronic asthma. *Respir Med*. 1992;86:311-316.

### Participating Investigators

Anup G. Amin, MD, Bryan, Tex; Merrill Anderson, MD, Jacksonville, Fla; Alan T. Aquilina, MD, Buffalo, NY; Raiqua S. Arastu, MD, San Antonio, Tex; John Asheld, MD, North Bellmore, NY; Barry J. Asman, MD, Monroeville, Pa; Milton F. Austin, MD, Keokuk, Iowa; Garrison H. Ayars, MD, Bellevue, Wash.

Clifton J. Bailey, MD, Tallahassee, Fla; Susheela Bala, MD, San Bernardino, Calif; Mark Ballow, MD, Buffalo; J. A. Bardelas,

MD, High Point, NC; Mehmet Basaran, MD, Akron, Ohio; Morris Beck, MD, Miami, Fla; Howard E. Beede, MD, Decatur, Ill; John S. Belany, DO, Warren, Ohio; George W. Bensch, MD, Stockton, Calif; Leonard Bielory, MD, Newark, NJ; Frederick L. Bloom, MD, Sarasota, Fla; Michael Z. Blumberg, MD, Richmond, Va; John V. Bosso, MD, Tappan, NY; Steven C. Bowman, MD, Clearwater, Fla; Teresa Sue Bratton, MD, Greensboro, NC; James C. Breneman, MD, Galesburg, Mich; Clive Brock, MD, Charleston, SC; C. Allan Bruce, MD, Greenville, SC; Jeffrey M. Bruner, DO, Clinton Township, Mich; David W. Buechel, DO, Tucson, Ariz; Donald L. Burrows, MD, Des Moines, Iowa; Frank D. Byrne, MD, Fort Wayne, Ind.

Danilo G. Capati, MD, Peoria, Ill; Abigail B. Caplin, MD, Burlingame, Calif; Wallace Carroll, MD, Modesto, Calif; Lorimer T. Christensen, MD, Salt Lake City, Utah; Edward Chu, MD, Phoenix, Ariz; James R. Clafin, MD, Oklahoma City, Okla; Gene E. Clapsaddle MD, Roanoke, Va; Luther F. Corley III, MD, Huntsville, Ala; William G. Culver, MD, Loveland, Colo; Nancy P. Cummings, MD, Menlo Park, Calif.

Diana Dark, MD, Kansas City, Mo; Nikhil Dave, MD, Charle-roi, Pa; John B. DeCosmo, DO, St Petersburg, Fla; Carmine J. DeFusco, MD, Manalapan, NJ; Richard W. Desmond, MD, Whiteville, NC; Joseph Diaz, MD, San Antonio; Robert J. Dockhorn, MD, Lenexa, Kan; James H. Donnell, MD, Jackson, Tenn; Curtis Drevets, MD, Wichita, Kan; Timothy E. Dudley, MD, Denver, Colo; Mohan Durve, MD, Parma, Ohio.

Charles A. Easton, MD, Petoskey, Mich; Allan C. Edson, DO, West Allis, Wis; Paul Ehrlich, MD, New York, NY; Donald L. Emery, MD, Newark, Del.

Mark Fehl, DO, Fort Worth, Tex; Herbert F. Fendley, MD, Pine Bluff, Ark; Ira Finegold, MD, Hollywood, Fla; Norman O. Fiorica, MD, Lewiston, NY; Patrick C. Flamion, MD, Evansville, Ind; Joseph V. Follett, MD, Cheyenne, Wyo; Linda B. Ford, MD, Papillion, Neb; James G. Fordyce, MD, Dearborn, Mich; Donald C. Fournier, MD, Texarkana, Tex; Stuart A. Friedman, MD, Delray Beach, Fla.

Jyothi Gadde, MD, Greenbelt, Md; Philip E. Gallagher, MD, Erie, Pa; Alexander B. Gelfer, MD, Buffalo; Gary Geller, MD, St Paul, Minn; Brett J. Gerstenhaber, MD, New Haven, Conn; Christopher G. Gifford, MD, Tulsa, Okla; Donald N. Gillespie, MD, Missoula, Mont; Bernard Gold, MD, Ypsilanti, Mich; Pinkus Goldberg, MD, Indianapolis, Ind; David B. Golden, MD, Baltimore, Md; Neil C. Goldman, MD, Croton-on-Hudson, NY; Stanley Goldstein, MD, Rockville Centre, NY; George R. Gottlieb, MD, Decatur, Ga; Gregory M. Gottschilch, MD, Cincinnati, Ohio; Crystal R. Goveia, MD, Sylvania, Ohio; Richard G. Gower, MD, Spokane, Wash; Maurice Gunsberger, MD, Levittown, NY; Swarn K. Gupta, MD, Jamaica Estate, NY.

Daniel Halm, MD, Omaha, Neb; Tom B. Harper III, MD, Charleston; James B. Harris, MD, South Bend, Ind; A. Clyde Heflin, MD, Nashville, Tenn; George Heinz, MD, Springfield, Mo; Robert W. Hellmers, MD, Phoenix; David A. Hemry, MD, Anchorage, Alaska; William Henderson, MD, Danville, Va; Howard M. Hertz, MD, Babylon, NY; Bettina C. Hilman, MD, Shreveport, La; S. Roger Hirsch, MD, Milwaukee, Wis; Richard W. Honsinger, MD, Los Alamos, NM; Franklin C. Horowitz, MD, Long Beach, Calif; Douglas J. Horton, MD, Indianapolis.

Gary A. Incaudo, MD, Chico, Calif; Joseph T. Inglefield III, MD, Hickory, NC. Benjamin Interiano, MD, Houston, Tex.

Richard H. Jackson, MD, Houston; Randy P. Johnson, MD, Santa Maria, Calif; William J. Johnson, MD, Belleville, Ill; Douglas H. Jones, MD, Rochester, NY.

Lewis J. Kanter, MD, Camarillo, Calif; Yash P. Kataria, MD, Greenville, NC; Alan Kaufman, MD, Bronx, NY; Herbert Kaufman, MD, San Francisco, Calif; Mitchell G. Kaye, MD, Minneapolis, Minn; W. Jan Kazmier, MD, Kingsport, Tenn; Joseph M. Keenan, MD, Minneapolis; George W. Kern, MD, West Chester, Pa; Jamil A. Khan, MD, Port Huron, Mich;



Thornton L. Kidd, MD, Pasadena, Tex; Patrice M. Kirchoff, MD, Asheville, NC; John T. Klimas, MD, Charlotte, NC; James M. Kohan, MD, New Hartford, NY; Gerald B. Kolski, MD, Cooperstown, NY; Phillip E. Korenblat, MD, St Louis, Mo; Stephen J. Kornfeld, MD, Clearwater; Nik Kothari, MD, Fairbury, Ill; Michael J. Kraemer, MD, Spokane; Jerrold A. Kram, MD, Oakland, Calif; Kenneth T. Kray, MD, Houston; Kenneth R. Kretchmer, MD, Akron; Robert J. Kriz, MD, Madison, Wis; Gilbert J. Kuhn, Jr, MD, Santa Monica, Calif; Robert M. Kuhnenn, DO, Cleveland, Ohio.

Craig F. LaForce, MD, Raleigh, NC; Kathy L. Lampl, MD, Rockville, Md; Stanley R. Lane, MD, Moorestown, NJ; Lawrence A. Larson, DO, Tacoma, Wash; Richard C. Lavy, MD, Annapolis, Md; Michael Lawrence, MD, Taunton, Mass; Daisy S. Lee, MD, Birmingham, Ala; Fred Lewis, MD, Olean, NY; Anthony J. Linz, DO, Sandusky, Ohio; William F. Long, MD, Belton, Tex.

Todd A. Mahr, MD, La Crosse, Wis; Michael J. Maloney, MD, Gainesville, Fla; Robert J. Mamlok, MD, Lubbock, Tex; Paris T. Mansmann, MD, Morgantown, WV; J. Paul Marcoux, MD, Rochester, Minn; Michael Marcus, MD, Staten Island, NY; Samuel R. Marney, Jr, MD, Nashville; Fernando Martinez, MD, Ann Arbor, Mich; Katharine Mauer, MD, Clawson, Mich; Richard Mayse, MD, Grapevine, Tex; Stephen McGeady, MD, Philadelphia, Pa; Don McNeil, MD, Worthington, Ohio; Charles D. Meadows, MD, Arlington, Tex; Sunil Mehra, MD, Long Island City, NY; Edward A. Meill, MD, Greenbrae, Calif; Prem Menon, MD, Baton Rouge, La; Walter J. Metzger, Jr, MD, Greenville, NC; Donald Miller, MD, Pine Bluff; Mark W. Minor, MD, Melbourne, Fla; Robert J. Mittman, MD, Bayside, NY; Craig M. Moffat, MD, Salt Lake City; Stanley A. Mondrow, MD, Kew Garden Hill, NY; Gerald C. Moore, MD, Plano, Tex; Marva J. Morris, MD, Detroit, Mich; Burton A. Moss, MD, Norfolk, Va; Martin A. Murcek, MD, Greensburg, Pa.

Jack Nass, MD, Babylon; Manoocher Nassery, MD, Quincy, Ill; Edward G. Nassif, MD, Ames, Iowa; Nicholas Nayak, MD, Normal, Ill; Douglas A. Neeld, MD, Fort Wayne; Lois A. Nelson, MD, Toledo, Ohio; Peter A. Nickles, MD, Grosse Pointe Woods, Mich; Thomas C. Nilsson, MD, Omaha; John Norton, MD, Colorado Springs, Colo; Safa Nsouli, MD, Danville, Calif; Talal M. Nsouli, MD, Burke, Va.

Richard D. O'Connor, MD, San Diego, Calif; Patricia Overhulser, MD, Oklahoma City.

R. Scott Pace, MD, Greeley, Colo; Jose K. Parker, MD, Phoenix; John T. Parrinello, MD, Newburgh, NY; D. Dean Patton, MD, Greenville, NC; Allen G. Peerless, MD, Agoura, Calif; Robert G. Pickerill, MD, Johnstown, Pa; Jacob L. Pinnas, MD, Tucson; Joseph A. Polak, MD, Hoboken, NJ; Stephen J. Pollard, MD, Louisville, Ky; Mark A. Posner, MD, Pottstown, Pa; Bruce M. Prenner, MD, San Diego; Dennis R. Pyszczynski, MD, Kansas City.

Bertram B. Rabinowitz, DO, Farmington Hills, Mich; Dennis Rademaker, DO, Chicago Heights, Ill; Mohammed R. Rafeeq, MD, Oregon, Ohio; Christopher C. Randolph, MD, Waterbury, Conn; Fred L. Rasp, MD, Fort Wayne; Daniel Ray, MD, Evanston, Ill; Joan Reibman, MD, New York; Ronald L. Renard, MD, Redding, Calif; Louis Reznick, DO, Glendale, NY; Susan C. Ristow, MD, Rochester, NY; Mark S. Rittinger, DO,

Flint, Mich; Richard S. Roberts, MD, Gastonia, NC; Lawrence D. Robinson, MD, Lancaster, Calif; Jeffrey B. Rockoff, MD, Kenmore, NY; Donald R. Rollins, MD, Loveland; Harold N. Rosengren, MD, Oxnard, Calif; David L. Rosenstreich, MD, Bronx; Michael E. Ruff, MD, Dallas, Tex; Donald W. Russell, MD, Asheville, NC.

Robert F. Sacha, DO, Cape Girardeau, Mo; Vijay J. Saigal, MD, Bloomfield Hills, Mich; Gerry San Pedro, MD, Little Rock, Ariz; Leonard Schreier, MD, Bloomfield Hills; Mark S. Schubert, MD, Phoenix; Jeffery L. Schul, MD, Richmond; Jonathan R. Schwartz, MD, Oklahoma City; John D. Scinto, MD, Cincinnati, Ohio; William Scott, MD, Grand Junction, Colo; Janet K. Seeley, MD, Loveland; Jay Selcow, MD, West Hartford, Conn; Leonard H. Seltzer, MD, Wilmington, Del; Pradeep Sharma, MD, Poughkeepsie, NY; Ronald Sherman, DO, Rochester Hills, Mich; William C. Sherrill, Jr, MD, Charlotte; Ketan K. Sheth, MD, Lafayette, Ind; Charles J. Siegel, MD, Gladstone, Mo; Anthony Silvagni, DO, Kansas City; William Simpson, MD, Charleston; Rajendra Singh, MD, Pottsville, Pa; Timothy A. Smith, MD, Saginaw, Mich; David Smith, MD, Mobile, Ala; Gary Smith, MD, Corpus Christi, Tex; James Sosnowchik, MD, Birmingham; Ira E. Spitzer, DO, Langhorn, Pa; Wesley W. Stafford, MD, Corpus Christi; Paul Steinberg, MD, Minneapolis; Michael L. Steinberg, MD, Wheeling, WV; Louis Stekoll, MD, Omaha; Jerry R. Stewart, MD, Fort Smith, Ark; Paul K. Stillwagon, MD, Winchester, Va; David L. Straub, MD, Joplin, Mo; Lawrence Strick, MD, Tarzana, Calif; Leslie M. Stricke, MD, Los Angeles, Calif; John H. Strimas, MD, Nashville; Karen B. Striph, MD, Sylvania; James E. Stroh, MD, Bellevue; James Sublett, MD, Louisville; Daniel Suez, MD, Arlington; Jamil S. Sulieman, MD, Honolulu, Hawaii; Santoshkumar B. Sureka, MD, Brooklyn, NY; James H. Sussman, DO, Los Alamos; Kumar N. Swamy, MD, Lorain, Ohio; Lawrence C. Sweet, MD, Southfield, Mich; Richard M. Sweet, MD, Minneapolis.

Yeow C. Tan, MD, Bangor, Me; Martha M. Tarpay, MD, Oklahoma City; Ronald Taylor, MD, Jackson; Michael Teitel, MD, New York; Dolly Thomas, MD, Mount Prospect, Ill; M. Ross Thomas, MD, Omaha; Mary Kay Tobin, MD, Maywood, Ill; Winfield L. Towles, MD, North Charleston, SC.

King Udall, MD, Salt Lake City.

Geeta Venkat, MD, Mission Viejo, Calif; Susanna VonEssen, MD, Omaha.

John Wahlstrom, MD, St Paul; Michael J. Waickman, MD, Akron; Jeffrey Wald, MD, Overland Park, Kan; Dene T. Walters, MD, Wilmington; Nell-Pape Waring, MD, Jefferson, La; Suzanne Weakley, MD, Bryan; Jean M. Weaver, MD, Johnstown; D. Robert Webb MD, Kirkland, Wash; Steven Weinstein, MD, Huntington Beach, Calif; John G. Winant, MD, Trenton, NJ; Steven L. Wise, MD, Indianapolis; Stephanie Wolf-Rosenblum, MD, Nashua, NH; Frank Y. Wu, MD, Indianapolis.

John Yanos, MD, Columbia, Mo; Ralph A. Yates, DO, Portland, Ore; Henry M. Yeates, MD, Orem, Utah.

Michael F. Zambie, MD, Monroe, La; Gabriel S. Zatlin, MD, Brooklyn; Howard J. Zeitz, MD, Chicago, Ill; Robert Ziering, MD, Vista, Calif; Myron J. Zitt, MD, North Babylon, NY; Robert M. Zuckerman, MD, Harrisburg, Pa.