

ANNOUNCEMENT

Beginning in January 2012 the *Journal of Self-Help & Self-Care* will be published 2 times a year. The year of publication will be current: the January 2012 issue will be 2012.

The new pricing will be Print (includes postage) and Online Institutional Rate: \$235.00. Online Only Institutional \$223.00. Print (includes postage) and Online Individual Rate: \$72.00. Online Only Individual Rate: \$65.00 (prepaid by personal check or credit card). Back list volumes are available for 10% above current price.

The new Editorial Board has greatly increased its international members but has retained its continuity with active members from the prior board.

Experience reports of practitioners, self-help leaders and participants, and researchers will be spotlighted.

A year of planning among the new Editor, Associate Editor, and the Editorial board is culminating in the revitalized, more international and modernized *Journal*, as described above. See the Editor's introduction for other changes and plans for the *Journal*.