

Letter to the Editor

Testing Criteria for Hypomania

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TO THE EDITOR:

In Testing New Diagnostic Criteria for Hypomania (1), the advantages of changing the required criteria from a mood change to an over-activity change in diagnosing hypomania are explicated. Not addressed is whether the author suggests the criteria for mania also be changed in the same direction, i.e., the required sign be an activity change not a mood change. It

would seem desirable that hypomania and mania have the same emphases.

REFERENCE

1. Benazzi F. Testing new diagnostic criteria for hypomania. *Ann Clin Psychiatry* 2007;19(2):99–104.