

In the management of **depression**...

sertraline HCl



**CONSIDER  
SAFETY.**

**CONSIDER  
EFFECTIVENESS.**

**CHOOSE ZOLOFT  
FOR FIRST-LINE THERAPY.**

The most common side effects include  
nausea, diarrhea or loose stools, tremor, insomnia,  
somnolence, and dry mouth.

*ONCE-A-DAY, AM or PM*

**Zoloft**<sup>®</sup>   
(sertraline HCl) 50 mg, 100 mg  
scored tablets

Please see brief summary of prescribing information on adjacent page.

**ZOLOFT SAFETY...ZOLOFT EFFECTIVENESS...ZOLOFT FOR FIRST-LINE THERAPY**

## BRIEF SUMMARY

### ZOLOFT® (sertraline HCl)

**INDICATIONS AND USAGE:** ZOLOFT (sertraline hydrochloride) is indicated for the treatment of depression.

**CONTRAINDICATIONS:** None known. **WARNINGS:** Cases of serious reactions have been reported in patients receiving ZOLOFT in combination with a monoamine oxidase inhibitor (MAOI). The symptoms have included mental status changes such as memory changes, confusion and irritability, chills, pyrexia and muscle rigidity. In patients receiving another serotonin reuptake inhibitor drug in combination with a monoamine oxidase inhibitor (MAOI), there have been reports of serious, sometimes fatal, reactions including hyperthermia, rigidity, myoclonus, autonomic instability with possible rapid fluctuations of vital signs, and mental status changes that include extreme agitation progressing to delirium and coma. These reactions have also been reported in patients who have recently discontinued that drug and have been started on an MAOI. Some cases presented with features resembling neuroleptic malignant syndrome. Therefore, it is recommended that ZOLOFT (sertraline hydrochloride) not be used in combination with an MAOI, or within 14 days of discontinuing treatment with an MAOI. Similarly, at least 14 days should be allowed after stopping ZOLOFT before starting an MAOI. **PRECAUTIONS General:** Activation of Mania/Hypomania — During premarketing testing, hypomania or mania occurred in approximately 0.4% of ZOLOFT (sertraline hydrochloride) treated patients. Activation of mania/hypomania has also been reported in a small proportion of patients with Major Affective Disorder treated with other marketed antidepressants. **Weight Loss** — Significant weight loss may be an undesirable result of treatment with sertraline for some patients, but on average, patients in controlled trials had minimal, 1 to 2 pound weight loss, versus smaller changes on placebo. Only rarely have sertraline patients been discontinued for weight loss. **Seizure** — ZOLOFT has not been evaluated in patients with a seizure disorder. These patients were excluded from clinical studies during the product's premarket testing. Accordingly, like other antidepressants, ZOLOFT should be introduced with care in epileptic patients. **Suicide** — The possibility of a suicide attempt is inherent in depression and may persist until significant remission occurs. Close supervision of high risk patients should accompany initial drug therapy. Prescriptions for ZOLOFT should be written for the smallest quantity of tablets consistent with good patient management, in order to reduce the risk of overdose. **Weak Uricosuric Effect** — ZOLOFT is associated with a mean decrease in serum uric acid of approximately 7%. The clinical significance of this weak uricosuric effect is unknown, and there have been no reports of acute renal failure with ZOLOFT. **Use in Patients with Concomitant Illness** — Clinical experience with ZOLOFT in patients with certain concomitant systemic illness is limited. Caution is advisable in using ZOLOFT in patients with diseases or conditions that could affect metabolism or hemodynamic responses. ZOLOFT has not been evaluated or used in any appreciable extent in patients with a recent history of myocardial infarction or unstable heart disease. Patients with these diagnoses were excluded from clinical studies during the product's premarket testing. However, the electrocardiograms of 774 patients who received ZOLOFT in double-blind trials were evaluated and the data indicate that ZOLOFT is not associated with the development of significant ECG abnormalities. ZOLOFT is extensively metabolized by the liver. In subjects with mild, stable cirrhosis of the liver, the clearance of sertraline was decreased, thus increasing the elimination half-life. A lower or less frequent dose should be used in patients with cirrhosis. Since ZOLOFT is extensively metabolized, excretion of unchanged drug in urine is a minor route of elimination. However, until the pharmacokinetics of ZOLOFT have been studied in patients with renal impairment and until adequate numbers of patients with severe renal impairment have been evaluated during chronic treatment with ZOLOFT, it should be used with caution in such patients. **Interference with Cognitive and Motor Performance** — In controlled studies, ZOLOFT did not cause sedation and did not interfere with psychomotor performance. **Hypotension** — Several cases of hypotension have been reported. The hypotension appeared to be reversible when ZOLOFT was discontinued. The majority of these occurrences have been in elderly individuals, some in patients taking diuretics or who were otherwise volume depleted. **Platelet Function** — There have been rare reports of altered platelet function and/or abnormal results from laboratory studies in patients taking ZOLOFT. While there have been reports of abnormal bleeding or purpura in several patients taking ZOLOFT, it is unclear whether ZOLOFT had a causative role. **Information for Patients:** Physicians are advised to discuss the following issues with patients for whom they prescribe ZOLOFT: Patients should be told that although ZOLOFT has not been shown to impair the ability of normal subjects to perform tasks requiring complex motor and mental skills in laboratory experiments, drugs that act upon the central nervous system may affect some individuals adversely. Patients should be told that although ZOLOFT has not been shown in experiments with normal subjects to increase the mental and motor skill impairments caused by alcohol, the concomitant use of ZOLOFT and alcohol in depressed patients is not advised. Patients should be told that while no adverse interaction of ZOLOFT with over-the-counter (OTC) drug products is known to occur, the potential for interaction exists. Thus, the use of any OTC product should be initiated cautiously according to the directions of use given for the OTC product. Patients should be advised to notify their physician if they become pregnant or intend to become pregnant during therapy. Patients should be advised to notify their physician if they are breast-feeding an infant. **Laboratory Tests:** None. **Drug Interactions: Potential Effects of Coadministration of Drugs Highly Bound to Plasma Proteins** — Because sertraline is tightly bound to plasma protein, the administration of ZOLOFT (sertraline hydrochloride) to a patient taking another drug which is tightly bound to plasma (e.g., warfarin, digoxin) may cause a shift in plasma concentrations potentially resulting in an adverse effect. Conversely, adverse effects may result from displacement of protein-bound ZOLOFT by other tightly bound drugs. In a study comparing prothrombin time AUC (0-120 hr) following dosing with warfarin (0.75 mg/kg) before and after 21 days of dosing with either ZOLOFT (50-200 mg/day) or placebo, there was a mean increase in prothrombin time of 8% relative to baseline for ZOLOFT compared to a 1% decrease for placebo (p<0.02). The normalization of prothrombin time for the ZOLOFT group was delayed compared to the placebo group. The clinical significance of this change is unknown. Accordingly, prothrombin time should be carefully monitored when ZOLOFT therapy is initiated or stopped. **Cimetidine** — In a study assessing disposition of ZOLOFT (100 mg) on the second of 8 days of cimetidine administration (800 mg daily), there were increases in ZOLOFT mean AUC (50%), C<sub>max</sub> (24%) and half-life (26%) compared to the placebo group. The clinical significance of these changes is unknown. **CNS Active Drugs** — In a study comparing the disposition of intravenously administered diazepam before and after 21 days of dosing with either ZOLOFT (50 to 200 mg/day escalating dose) or placebo, there was a 32% decrease relative to baseline in diazepam clearance for the ZOLOFT group compared to a 19% decrease relative to baseline for the placebo group (p<0.03). There was a 23% increase in Tmax for desmethyl diazepam in the ZOLOFT group compared to a 20% decrease in the placebo group (p<0.03). The clinical significance of these changes is unknown. In a placebo-controlled trial in normal volunteers, the administration of two doses of ZOLOFT did not significantly alter steady-state lithium levels or the renal clearance of lithium. Nonetheless, at this time, it is recommended that plasma lithium levels be monitored following initiation of ZOLOFT therapy with appropriate adjustments to the lithium dose. The risk of using ZOLOFT in combination with other CNS active drugs has not been systematically evaluated. Consequently, caution is advised if the concomitant administration of ZOLOFT and such drugs is required. There is limited controlled experience regarding the optimal timing of switching from other antidepressants to ZOLOFT. Care and prudent medical judgment should be exercised when switching, particularly from long-acting agents. The duration of an appropriate washout period which should intervene before switching from one selective serotonin reuptake inhibitor (SSRI) to another has not been established. **Hypoglycemic Drugs** — In a placebo-controlled trial in normal volunteers, administration of ZOLOFT for 22 days (including 500 mg/day for the final 13 days) caused a statistically significant 16% decrease from baseline in the clearance of tolbutamide following an intravenous 1000 mg dose. ZOLOFT administration did not noticeably change either the plasma protein binding or the apparent volume of distribution of tolbutamide, suggesting that the decreased clearance was due to a change in the metabolism of the drug. The clinical significance of this decrease in tolbutamide clearance is unknown. **Atenolol** — ZOLOFT (100 mg) when administered to 10 healthy male subjects had no effect on the beta-adrenergic blocking activity of atenolol. **Digoxin** — In a placebo-controlled trial in normal volunteers, administration of ZOLOFT for 17 days (including 200 mg/day for the last 10 days) did not change serum digoxin levels or digoxin renal clearance. **Microsomal Enzyme Induction** — Preliminary studies have shown ZOLOFT to induce hepatic microsomal enzymes. In clinical studies ZOLOFT was shown to induce hepatic enzymes minimally as determined by a small (5%) but statistically significant decrease in antipyrine half-life following administration of 200 mg/day for 21 days. This small change in antipyrine half-life reflects a clinically insignificant change in hepatic metabolism. **Electroconvulsive Therapy** — There are no clinical studies establishing the risks or benefits of the combined use of electroconvulsive therapy (ECT) and ZOLOFT. **Alcohol** — Although ZOLOFT did not potentiate the cognitive and psychomotor effects of alcohol in experiments with normal subjects, the concomitant use of ZOLOFT and alcohol in depressed patients is not recommended. **Carcinogenesis, Mutagenesis, Impairment of Fertility:** Lifetime carcinogenicity studies were carried out in CD-1 mice and Long-Evans rats at doses up to 40 mg/kg in mice (10 times on a mg/kg basis and the same on a mg/m<sup>2</sup> basis

as the maximum recommended human dose) and at doses up to 40 mg/kg in rats (10 times on a mg/kg basis and 2 times on a mg/m<sup>2</sup> basis, the maximum recommended human dose). There was a dose-related increase in the incidence of liver adenomas in male mice receiving sertraline at 10-40 mg/kg. No increase was seen in female mice or in rats of either sex receiving the same treatments, nor was there an increase in hepatocellular carcinomas. Liver adenomas have a variable rate of spontaneous occurrence in the CD-1 mouse and are of unknown significance to humans. There was an increase in follicular adenomas of the thyroid in female rats receiving sertraline at 40 mg/kg; this was not accompanied by thyroid hyperplasia. While there was an increase in uterine adenocarcinomas in rats receiving sertraline at 10-40 mg/kg compared to placebo controls, this effect was not clearly drug related. Sertraline had no genotoxic effects, with or without metabolic activation, based on the following assays: bacterial mutation assay; mouse lymphoma mutation assay; and tests for cytogenetic aberrations *in vivo* in mouse bone marrow and *in vitro* in human lymphocytes. A decrease in fertility was seen in one of two rat studies at a dose of 80 mg/kg (20 times the maximum human dose on a mg/kg basis and 4 times on a mg/m<sup>2</sup> basis). **Pregnancy — Pregnancy Category B:** Teratogenic Effects — Reproduction studies have been performed in rats and rabbits at doses up to approximately 20 times and 10 times the maximum daily human mg/kg dose (4 to 4.5 times the mg/m<sup>2</sup> dose), respectively. There was no evidence of teratogenicity at any dose level. At doses approximately 2.5-10 times the maximum daily human mg/kg dose, sertraline was associated with delayed ossification in fetuses, probably secondary to effects on the dams. There are no adequate and well-controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, this drug should be used during pregnancy only if clearly needed. **Non-teratogenic Effects** — There was also decreased neonatal survival following maternal administration of sertraline at doses as low as approximately 5 times the maximum human mg/kg dose. The decrease in pup survival was shown to be most probably due to *in utero* exposure to sertraline. The clinical significance of these effects is unknown. **Labor and Delivery** — The effect of ZOLOFT on labor and delivery in humans is unknown. **Nursing Mothers** — It is not known whether, and if so in what amount, sertraline or its metabolites are excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when ZOLOFT is administered to a nursing woman. **Pediatric Use** — Safety and effectiveness in children have not been established. **Geriatric Use** — Several hundred elderly patients have participated in clinical studies with ZOLOFT. The pattern of adverse reactions in the elderly was similar to that in younger patients. **ADVERSE REACTIONS Commonly Observed:** The most commonly observed adverse events associated with the use of ZOLOFT (sertraline hydrochloride) and not seen at an equivalent incidence among placebo-treated patients were: gastrointestinal complaints, including nausea (26.1% vs 11.8%), diarrhea/loose stools (17.7% vs 9.3%) and dyspepsia (6% vs 2.8%); tremor (10.7% vs 2.7%); dizziness (11.7% vs 6.7%); insomnia (16.4% vs 8.8%); somnolence (13.4% vs 5.9%); increased sweating (8.4% vs 2.9%); dry mouth (16.3% vs 9.3%); and male sexual dysfunction (15.5% vs 2.2%), primarily ejaculatory delay. **Associated with Discontinuation of Treatment:** Fifteen percent of 2710 subjects who received ZOLOFT in premarketing multiple dose clinical trials discontinued treatment due to an adverse event. The more common events (reported by at least 1% of subjects) associated with discontinuation included agitation, insomnia, male sexual dysfunction (primarily ejaculatory delay), somnolence, dizziness, headache, tremor, anorexia, diarrhea/loose stools, nausea, and fatigue. **Other Events Observed During the Premarketing Evaluation of ZOLOFT (sertraline hydrochloride):** During its premarketing assessment, multiple doses of ZOLOFT were administered to approximately 2700 subjects. Events are further categorized by body system and listed in order of decreasing frequency according to the following definitions: frequent adverse events are those occurring on one or more occasions in at least 1/100 patients (only those not already listed in the tabulated results from placebo-controlled trials appear in this listing); infrequent adverse events are those occurring in 1/100 to 1/1000 patients; rare events are those occurring in fewer than 1/1000 patients. Events of major clinical importance are also described in the PRECAUTIONS section. **Autonomic Nervous System Disorders** — **Infrequent:** flushing, mydriasis, increased saliva, cold clammy skin; **Rare:** pallor. **Cardiovascular** — **Infrequent:** postural dizziness, hypertension, hypotension, postural hypotension, edema, dependent edema, periorbital edema, peripheral edema, peripheral ischemia, syncope, tachycardia; **Rare:** precordial chest pain, substernal chest pain, aggravated hypertension, myocardial infarction, varicose veins. **Central and Peripheral Nervous System Disorders** — **Frequent:** confusion; **Infrequent:** ataxia, abnormal coordination, abnormal gait, hyperesthesia, hyperkinesia, hypokinesia, migraine, nystagmus, vertigo; **Rare:** local anesthesia, coma, convulsions, dyskinesia, dysphonia, hyporeflexia, hypotonia, ptosis. **Disorders of Skin and Appendages** — **Infrequent:** acne, alopecia, pruritus, erythematous rash, maculopapular rash, dry skin; **Rare:** bullous eruption, dermatitis, erythema multiforme, abnormal hair texture, hypertrichosis, photosensitivity reaction, follicular rash, skin discoloration, abnormal skin odor, urticaria. **Endocrine Disorders** — **Rare:** exophthalmos, gynecomastia. **Gastrointestinal Disorders** — **Infrequent:** dysphagia, eructation; **Rare:** diverticulitis, fecal incontinence, gastritis, gastroenteritis, glossitis, gum hyperplasia, hemorrhoids, hiccup, melena, hemorrhagic peptic ulcer, proctitis, stomatitis, ulcerative stomatitis, tenesmus, tongue edema, tongue ulceration. **General** — **Frequent:** asthenia; **Infrequent:** malaise, generalized edema, rigors, weight decrease, weight increase; **Rare:** enlarged abdomen, halitosis, otitis media, ophthalmic stomatitis. **Hematopoietic and Lymphatic** — **Infrequent:** lymphadenopathy, purpura; **Rare:** anemia, anterior chamber eye hemorrhage. **Metabolic and Nutritional Disorders** — **Rare:** dehydration, hypercholesterolemia, hypoglycemia. **Musculoskeletal System Disorders** — **Infrequent:** arthralgia, arthrosis, dystonia, muscle cramps, muscle weakness; **Rare:** hernia. **Psychiatric Disorders** — **Infrequent:** abnormal dreams, aggressive reaction, anorexia, apathy, delusion, depersonalization, depression, aggravated depression, emotional lability, euphoria, hallucination, neurosis, paranoid reaction, suicide ideation and attempt, teeth-grinding, abnormal thinking; **Rare:** hysteria, somnambulism, withdrawal syndrome. **Reproductive** — **Infrequent:** dysmenorrhea (2), intermenstrual bleeding (2); **Rare:** amenorrhea (2), balanoposthitis (1), breast enlargement (2), female bryst pain (2), leukorrhea (2), menorrhagia (2), atrophic vaginitis (2), (1) - % based on male subjects only; 100%; (2) - % based on female subjects only; 1705. **Respiratory System Disorders** — **Infrequent:** bronchospasm, coughing, dyspnea, epistaxis; **Rare:** bradypnea, hyperventilation, sinusitis, stridor. **Special Senses** — **Infrequent:** abnormal accommodation, conjunctivitis, diplopia, earache, eye pain, xerophthalmia; **Rare:** abnormal lacrimation, photophobia, visual field defect. **Urinary System Disorders** — **Infrequent:** dysuria, face edema, nocturia, polyuria, urinary incontinence; **Rare:** oliguria, renal pain, urinary retention. **Laboratory Tests:** In man, asymptomatic elevations in serum transaminases (SGOT [or AST] and SGPT [or ALT]) have been reported infrequently (approximately 0.8%) in association with ZOLOFT administration. These hepatic enzyme elevations usually occurred within the first 1 to 9 weeks of drug treatment and promptly diminished upon drug discontinuation. ZOLOFT therapy was associated with small mean increases in total cholesterol (approximately 3%) and triglycerides (approximately 5%), and a small mean decrease in serum uric acid (approximately 7%) of no apparent clinical importance. **DRUG ABUSE AND DEPENDENCE Controlled Substance Class** — ZOLOFT (sertraline hydrochloride) is not a controlled substance. **Physical and Psychological Dependence** — ZOLOFT has not been systematically studied, in animals or humans, for its potential for abuse, tolerance, or physical dependence. However, the premarketing clinical experience with ZOLOFT did not reveal any tendency for a withdrawal syndrome or any drug-seeking behavior. As with any new CNS active drug, physicians should carefully evaluate patients for history of drug abuse and follow such patients closely, observing them for signs of ZOLOFT misuse or abuse (e.g., development of tolerance, incrementation of dose, drug-seeking behavior). **OVERDOSAGE Human Experience** — As of November, 1992, there were 79 reports of non-fatal acute overdoses involving ZOLOFT, of which 28 were overdoses of ZOLOFT alone and the remainder involved a combination of other drugs and/or alcohol in addition to ZOLOFT. In those cases of overdose involving only ZOLOFT, the reported doses ranged from 500 mg to 6000 mg. In a subset of 18 of these patients in whom ZOLOFT blood levels were determined, plasma concentrations ranged from <5 ng/ml to 554 ng/ml. Symptoms of overdose with ZOLOFT alone included somnolence, nausea, vomiting, tachycardia, ECG changes, anxiety and dilated pupils. Treatment was primarily supportive and included monitoring and use of activated charcoal, gastric lavage or cathartics and hydration. Although there were no reports of death when ZOLOFT was taken alone, there were 4 deaths involving overdoses of ZOLOFT in combination with other drugs and/or alcohol. Therefore, any overdose should be treated aggressively. **Management of Overdoses** — Establish and maintain an airway, insure adequate oxygenation and ventilation. Activated charcoal, which may be used with sorbitol, may be as or more effective than emesis or lavage, and should be considered in treating overdose. Cardiac and vital signs monitoring is recommended along with general symptomatic and supportive measures. There are no specific antidotes for ZOLOFT. Due to the large volume of distribution of ZOLOFT, forced diuresis, dialysis, hemoperfusion, and exchange transfusion are unlikely to be of benefit. In managing overdoses, consider the possibility of multiple drug involvement. The physician should consider contacting a poison control center on the treatment of any overdose.

ONCE-A-DAY, AM or PM

**Zoloft**<sup>®</sup>  
(sertraline HCl) 50 mg, 100 mg  
scored tablets  
FIRST LINE IN DEPRESSION



chosis, photosensitivity reaction, follicular rash, skin discoloration, abnormal skin odor, urticaria. **Endocrine Disorders** — **Rare:** exophthalmos, gynecomastia. **Gastrointestinal Disorders** — **Infrequent:** dysphagia, eructation; **Rare:** diverticulitis, fecal incontinence, gastritis, gastroenteritis, glossitis, gum hyperplasia, hemorrhoids, hiccup, melena, hemorrhagic peptic ulcer, proctitis, stomatitis, ulcerative stomatitis, tenesmus, tongue edema, tongue ulceration. **General** — **Frequent:** asthenia; **Infrequent:** malaise, generalized edema, rigors, weight decrease, weight increase; **Rare:** enlarged abdomen, halitosis, otitis media, ophthalmic stomatitis. **Hematopoietic and Lymphatic** — **Infrequent:** lymphadenopathy, purpura; **Rare:** anemia, anterior chamber eye hemorrhage. **Metabolic and Nutritional Disorders** — **Rare:** dehydration, hypercholesterolemia, hypoglycemia. **Musculoskeletal System Disorders** — **Infrequent:** arthralgia, arthrosis, dystonia, muscle cramps, muscle weakness; **Rare:** hernia. **Psychiatric Disorders** — **Infrequent:** abnormal dreams, aggressive reaction, anorexia, apathy, delusion, depersonalization, depression, aggravated depression, emotional lability, euphoria, hallucination, neurosis, paranoid reaction, suicide ideation and attempt, teeth-grinding, abnormal thinking; **Rare:** hysteria, somnambulism, withdrawal syndrome. **Reproductive** — **Infrequent:** dysmenorrhea (2), intermenstrual bleeding (2); **Rare:** amenorrhea (2), balanoposthitis (1), breast enlargement (2), female bryst pain (2), leukorrhea (2), menorrhagia (2), atrophic vaginitis (2), (1) - % based on male subjects only; 100%; (2) - % based on female subjects only; 1705. **Respiratory System Disorders** — **Infrequent:** bronchospasm, coughing, dyspnea, epistaxis; **Rare:** bradypnea, hyperventilation, sinusitis, stridor. **Special Senses** — **Infrequent:** abnormal accommodation, conjunctivitis, diplopia, earache, eye pain, xerophthalmia; **Rare:** abnormal lacrimation, photophobia, visual field defect. **Urinary System Disorders** — **Infrequent:** dysuria, face edema, nocturia, polyuria, urinary incontinence; **Rare:** oliguria, renal pain, urinary retention. **Laboratory Tests:** In man, asymptomatic elevations in serum transaminases (SGOT [or AST] and SGPT [or ALT]) have been reported infrequently (approximately 0.8%) in association with ZOLOFT administration. These hepatic enzyme elevations usually occurred within the first 1 to 9 weeks of drug treatment and promptly diminished upon drug discontinuation. ZOLOFT therapy was associated with small mean increases in total cholesterol (approximately 3%) and triglycerides (approximately 5%), and a small mean decrease in serum uric acid (approximately 7%) of no apparent clinical importance. **DRUG ABUSE AND DEPENDENCE Controlled Substance Class** — ZOLOFT (sertraline hydrochloride) is not a controlled substance. **Physical and Psychological Dependence** — ZOLOFT has not been systematically studied, in animals or humans, for its potential for abuse, tolerance, or physical dependence. However, the premarketing clinical experience with ZOLOFT did not reveal any tendency for a withdrawal syndrome or any drug-seeking behavior. As with any new CNS active drug, physicians should carefully evaluate patients for history of drug abuse and follow such patients closely, observing them for signs of ZOLOFT misuse or abuse (e.g., development of tolerance, incrementation of dose, drug-seeking behavior). **OVERDOSAGE Human Experience** — As of November, 1992, there were 79 reports of non-fatal acute overdoses involving ZOLOFT, of which 28 were overdoses of ZOLOFT alone and the remainder involved a combination of other drugs and/or alcohol in addition to ZOLOFT. In those cases of overdose involving only ZOLOFT, the reported doses ranged from 500 mg to 6000 mg. In a subset of 18 of these patients in whom ZOLOFT blood levels were determined, plasma concentrations ranged from <5 ng/ml to 554 ng/ml. Symptoms of overdose with ZOLOFT alone included somnolence, nausea, vomiting, tachycardia, ECG changes, anxiety and dilated pupils. Treatment was primarily supportive and included monitoring and use of activated charcoal, gastric lavage or cathartics and hydration. Although there were no reports of death when ZOLOFT was taken alone, there were 4 deaths involving overdoses of ZOLOFT in combination with other drugs and/or alcohol. Therefore, any overdose should be treated aggressively. **Management of Overdoses** — Establish and maintain an airway, insure adequate oxygenation and ventilation. Activated charcoal, which may be used with sorbitol, may be as or more effective than emesis or lavage, and should be considered in treating overdose. Cardiac and vital signs monitoring is recommended along with general symptomatic and supportive measures. There are no specific antidotes for ZOLOFT. Due to the large volume of distribution of ZOLOFT, forced diuresis, dialysis, hemoperfusion, and exchange transfusion are unlikely to be of benefit. In managing overdoses, consider the possibility of multiple drug involvement. The physician should consider contacting a poison control center on the treatment of any overdose.



**Roerig  
Pratt  
Pharmaceuticals**

RTD041A94



# ARCHIVES OF FAMILY MEDICINE

The ARCHIVES OF FAMILY MEDICINE is a member of the consortium of AMA journals listed below. The ARCHIVES reaches more than 81 500 readers in family and general practice each month, in addition to paid subscribers.

## The Journal of the American Medical Association (JAMA)

Archives of Dermatology  
Archives of Family Medicine  
Archives of General Psychiatry  
Archives of Internal Medicine  
Archives of Neurology  
Archives of Ophthalmology  
Archives of Otolaryngology—Head & Neck Surgery  
Archives of Pathology & Laboratory Medicine  
Archives of Pediatrics & Adolescent Medicine  
Archives of Surgery

The ARCHIVES OF FAMILY MEDICINE (ISSN 1063-3987) is published monthly by the American Medical Association, 515 N State St, Chicago, IL 60610, and is an official publication of the Association. Application to mail at second-class postage rates is paid at Chicago and at the additional mailing offices. GST registration number R126 225 556. Canada Post International Publications Mail (Canadian Distribution) Sales Agreement No. 319600. Printed in the USA.

**SUBSCRIPTION RATES**—The subscription rates for the ARCHIVES OF FAMILY MEDICINE are as follows: \$95 for 1 year, \$173 for 2 years in the United States and US possessions; other countries, one year, \$130; 2 years, \$243. (Rates for subscriptions for delivery to Japan or South Korea are available through exclusive agents—contact publisher.) Special rates for residents and medical students in the United States and US possessions are available. Address inquiries to Subscriber Services Center, American Medical Association, 515 N State St, Chicago, IL 60610. Phone (800) 262-2350. Fax: (312) 464-5831. For mailing addresses outside the US and US possessions, see Foreign Subscription Information.

**CHANGE OF ADDRESS**—POSTMASTER, send all address changes to Subscriber Services, American Medical Association, 515 N State St, Chicago, IL 60610. Please notify us of address change at least 6 weeks in advance to ensure uninterrupted service. Include both old and new addresses, a recent mailing label, and new ZIP code. For mailing addresses outside the US and US possessions, see Foreign Subscription Information.

**SUBSCRIBER SERVICES**—For information about subscribing to any of the AMA publications, change of address, missing issues, or purchasing back issues, please contact Subscriber Services, American Medical Association, 515 N State St, Chicago, IL 60610, or call (800) 262-2350 (670-7827) between 8:30 AM and 4:30 PM CST. Fax: (312) 464-5831. For mailing addresses outside the US and US possessions, see Foreign Subscription Information.

**FOREIGN SUBSCRIPTION INFORMATION**—Subscriptions outside the United States and US possessions are served according to geographic region. Please address correspondence to the following three offices based on delivery address: 1) For delivery in North America, Central America, and South America, contact Subscriber Services, AMA, 515 N State St, Chicago, IL 60610, phone: (312) 760-7827, fax: (312) 464-5831; 2) For delivery in the United Kingdom, contact Professional & Scientific Publications, BMA House, Tavistock Square, London WC1H 9JR, England, phone: 44-071-383-6270, fax: 44-071-383-6402; 3) For delivery in all other countries, contact JAMA and Archives Reader Services Centre, Karl-Mand-Strasse 2, D-56070 Koblenz, Germany, phone: 49-261-80706-53, fax: 49-261-80706-54.

**REPRINTS**—Authors place their reprint order at the time the edited typescript is reviewed and should allow 4 to 6 weeks for delivery following publication. Requests for individual reprints should be sent directly to the author at the address shown in the article.

For bulk reprint orders for commercial distribution please contact Mark Kuhns, 600 Third Ave, New York, NY 10016, phone (212) 867-6640, fax (212) 953-2497. For reprint orders in limited quantities for educational distribution please contact Rita Houston, 515 N State St, Chicago, IL 60610, phone (312) 464-2512, fax (312) 464-5835.

**PERMISSIONS**—Contact Laslo Hunyady, Permissions Assistant, 515 N State St, Chicago, IL 60610, phone (312) 464-2513.

**ADVERTISING PRINCIPLES**—Each advertisement in this issue has been reviewed and complies with the principles governing advertising in AMA scientific publications. A copy of these principles is available on request. The appearance of advertising in AMA publications is not an AMA guarantee or endorsement of the product or the claims made for the product by the manufacturer.

# DDAVP<sup>®</sup> Nasal Spray

(desmopressin acetate) 5mL

Dry Nights For Good Mornings



**Brief Summary**  
**CONTRAINDICATION:** Known hypersensitivity to DDAVP Nasal Spray.  
**WARNINGS:**

1. For intranasal use only.  
2. In very young and elderly patients in particular, fluid intake should be adjusted in order to decrease the potential occurrence of water intoxication and hyponatremia. Particular attention should be paid to the possibility of the rare occurrence of an extreme decrease in plasma osmolality and resulting seizures.

**PRECAUTIONS:**  
**General:** DDAVP Nasal Spray at high dosage has infrequently produced a slight elevation of blood pressure, which disappeared with a reduction in dosage. The drug should be used with caution in patients with coronary artery insufficiency and/or hypertensive cardiovascular disease because of possible rise in blood pressure.  
DDAVP Nasal Spray should be used with caution in patients with conditions associated with fluid and electrolyte imbalance, such as cyclic fibrosis, because these patients are prone to hyponatremia.  
**Central Cranial Diabetes Insipidus:** Since DDAVP Nasal Spray is used intranasally, changes in the nasal mucosa such as scarring, edema, or other disease may cause erratic, unreliable absorption in which case DDAVP Nasal Spray should not be used. For such situations, DDAVP injection should be considered.

**Primary Nocturnal Enuresis:** If changes in the nasal mucosa have occurred, unreliable absorption may result. DDAVP Nasal Spray should be discontinued until the nasal problems resolve.  
**Information for Patients:** Patients should be informed that the bottle accurately delivers 50 doses of 10 mcg each. Any solution remaining after 50 doses should be discarded since the amount delivered thereafter may be substantially less than 10 mcg of drug. No attempt should be made to transfer remaining solution to another bottle. Patients should be instructed to read accompanying directions on use of the spray pump carefully before use.

**Laboratory Tests:** Laboratory tests for following the patient with central cranial diabetes insipidus or post-surgical or head trauma-related polyuria and polydipsia include urine volume and osmolality. In some cases plasma osmolality may be required. For the healthy patient with primary nocturnal enuresis, serum electrolytes should be checked at least once if therapy is continued beyond 7 days.

**Drug Interactions:** Among the pressor activity of DDAVP Nasal Spray is very low compared to the antidiuretic activity, use of large doses of DDAVP Nasal Spray with other pressor agents should only be done with careful patient monitoring.  
**Carcinogenesis, Mutagenesis, Impairment of Fertility:** Teratology studies in rats have shown no abnormalities. No further information is available.

**Pregnancy-Category B:** Reproduction studies performed in rats and rabbits with doses up to 12.5 times the human intranasal dose (i.e. about 125 times the total adult human dose given systemically) have revealed no evidence of harm to the fetus due to desmopressin acetate. There are several publications of management of diabetes insipidus in pregnant women with no harm to the fetus reported; however, no controlled studies in pregnant women have been carried out. Published reports stress that, as opposed to preparations containing the natural hormones, DDAVP Nasal Spray (desmopressin acetate) in antidiuretic doses has no uterotropic action, but the physician will have to weigh possible therapeutic advantages against possible dangers in each individual case.

**Nursing Mothers:** There have been no controlled studies in nursing mothers. A single study in a post-partum woman demonstrated a marked change in plasma, but little if any change in assayable DDAVP Nasal Spray in breast milk following an intranasal dose of 10 mcg Pediatric Use: Primary Nocturnal Enuresis: DDAVP Nasal Spray has been used in childhood nocturnal enuresis. Short-term (4-8 weeks) DDAVP Nasal Spray administration has been shown to be safe and modestly effective in children aged 6 years or older with severe childhood nocturnal enuresis. Adequately controlled studies with DDAVP Nasal Spray in primary nocturnal enuresis have not been conducted beyond 4-8 weeks. The dose should be individually adjusted to achieve the best results.

**Central Cranial Diabetes Insipidus:** DDAVP Nasal Spray has been used in children with diabetes insipidus. Use in infants and children will require careful fluid intake restriction to prevent possible hyponatremia and water intoxication. The dose must be individually adjusted to the patient with attention in the very young to the danger of an extreme decrease in plasma osmolality with resulting convulsions. Dose should start at 0.05 mL or less.

Since the spray cannot deliver less than 0.1 mL (10 mcg), smaller doses should be administered using the rhinal tube delivery system. Do not use the nasal spray in pediatric patients requiring less than 0.1 mL (10 mcg) per dose. There are reports of an occasional change in response with time, usually greater than 6 months. Some patients may show a decreased responsiveness, others a shortened duration of effect. There is no evidence this effect is due to the development of binding antibodies but may be due to a local inactivation of the peptide.

**ADVERSE REACTIONS:** Infrequently, high dosages have produced transient headache and nausea. Nasal congestion, rhinitis and flushing have also been reported occasionally along with mild abdominal cramps. These symptoms disappeared with reduction in dosage. Nose-bleed, sore throat, cough and upper respiratory infections have also been reported.

The following table lists the percent of patients having adverse experiences without regard to relationship to study drug from the pooled pivotal study data for nocturnal enuresis.

ADVERSE REACTION	PLACEBO	DDAVP	DDAVP
	(N=59)	(N=60)	(N=61)
	%	%	%
<b>BODY AS A WHOLE</b>			
Abdominal Pain	0	2	2
Asthenia	0	0	2
Chills	0	0	2
Headache	0	2	5
Throat Pain	2	0	0
<b>NERVOUS SYSTEM</b>			
Depression	2	0	0
Dizziness	0	0	3
<b>RESPIRATORY SYSTEM</b>			
Epistaxis	2	3	0
Nasal Pain	0	2	0
Respiratory Infection	2	0	0
Rhinitis	2	8	3
<b>CARDIOVASCULAR SYSTEM</b>			
Vasodilation	2	0	0
<b>DIGESTIVE SYSTEM</b>			
Gastrointestinal Disorder	0	2	0
Nausea	0	0	2
<b>SKIN &amp; APPENDAGES</b>			
Leg Rash	2	0	0
Rash	2	0	0
<b>SPECIAL SENSES</b>			
Conjunctivitis	0	2	0
Edema Eyes	0	2	0
Lachrymation Disorder	0	0	2

**OVERDOSAGE:** See adverse reactions above. In case of overdosage, the dose should be reduced; frequency of administration decreased, or the drug withdrawn according to the severity of the condition. There is no known specific antidote for DDAVP Nasal Spray. An oral LD<sub>50</sub> has not been established. An intravenous dose of 2 mg/kg in mice demonstrated no effect.

**HOW SUPPLIED:** A 5-mL bottle with spray pump delivering 50 doses of 10 mcg (NDC 0075-2450-02). Also available as 2.5 mL per vial, packaged with two rhinal tube applicators per carton (NDC 0075-2450-01). Keep refrigerated at 2°-8°C (36°-46°F). When traveling, product will maintain stability for up to 3 weeks when stored at room temperature, 22°C (72°F).

**CAUTION:** Federal (U.S.A.) law prohibits dispensing without prescription.  
Please see full prescribing information in product circular.

## References:

1. Aladjem M, Wohl R, Boichis H, et al: Desmopressin in nocturnal enuresis. *Arch Dis Child* 1982;57:137-140.
2. Blom DA: The American experience with desmopressin. *Clin Pediatr* 1993 (July, special edition):28-31.

Manufactured for  
**RHÔNE-POULENC RORER**

RHÔNE-POULENC RORER PHARMACEUTICALS INC.  
500 ARCOLA ROAD  
COLLEGEVILLE, PA 19426

By Ferring Pharmaceuticals, Malmö, Sweden



# TAKE EFFECTIVE CONTROL OF BED-WETTING



- Rapid response—substantial effect seen in as little as 1 to 3 nights of therapy<sup>1</sup>
- A combined 15-year record of successful and safe use in the U.S. and Europe<sup>2</sup>
- May be used hand in hand with behavior modification

Nighttime fluid intake should be restricted to decrease the potential occurrence of fluid overload; serum electrolytes should be checked at least once when therapy is continued beyond 7 days.



**DDAVP<sup>®</sup> Nasal Spray**  
(desmopressin acetate) 5mL

**DRY NIGHTS FOR GOOD MORNINGS**

Please see brief summary of prescribing information on adjacent page.



# ARCHIVES

---

OF

---

# FAMILY MEDICINE

VOL 3 NO. 3, MAR 1994

---

*Living in Medicine*

**My Drug Problem**  
*Tim Wolter, MD*

209

---

*Letters to the Editor*

**About Intending Death:  
The Family and Quality of Care**  
*Michael D. Fetters, MD*

217

**In Reply**  
*John M. Freeman, MD,  
Edmund D. Pellegrino, MD*

217

**Incorporation of Genetics in  
Primary Care Practice**  
*Stephanie Revels, MD*

217

**In Reply**  
*Gail Geller, ScD*

218

---

*Editorials*

**The Challenge for Educators:  
Does What We Do Make a Difference?** 221  
*Susan E. Skochelak, MD, MPH*

**Systems to Improve Clinical Prevention** 223  
*Joseph C. Konen, MD, MSPH*

---

*Commentary*

**The Role of Family Physicians  
in Immunization** 225  
*Richard K. Zimmerman, MD, MPH,  
L. Jeannine Petry, MD*

---

*Special Articles*

**Chaotic Family Dynamics** 231  
*Blake W. H. Smith, PhD*

**Health System Reform:  
A Provider or a Patient Perspective?** 241  
*David N. Mirvis, MD*

---

## American Medical Association

Physicians dedicated to the health of America



Copyright 1994 by the American Medical Association. All rights reserved.  
Reproduction without permission is prohibited.

All articles published, including editorials, letters, and book reviews, represent the opinions of the authors and do not reflect the policy of the American Medical Association, the Editorial Board, or the institution with which the author is affiliated, unless this is clearly specified.

**James S. Todd, MD**  
Executive Vice President  
**Kenneth E. Monroe**  
Deputy Executive Vice President  
**Larry E. Joyce**  
Senior Vice President  
**George D. Lundberg, MD**  
Editor-in-Chief, Scientific  
Publications  
**Robert L. Kennett**  
Vice President, Publishing  
**Nawin Gupta, PhD**  
Director, Publishing Operations  
Division  
**Cheryl Iverson**  
Director, Editorial Processing  
Division

**Michael D. Springer**  
Associate Publisher  
**John P. Cahill**  
Manager, Advertising Sales  
**Geoffrey A. Flick**  
Manager, Marketing Services

**Advertising Offices: East:** Phillip B. Altamore, Donald M. Blatherwick, John L. Reeves, 600 Third Ave, Suite 3700, New York, NY 10016 (212) 867-6640. **Diagnostics/Devices:** M. J. Mrvica Associates, 155 S White Horse Pike, Berlin, NJ 08009; (609) 768-9360. **Midwest/Far West:** Peter L. Payerli, 515 N State St, Chicago, IL 60610 (312) 464-2429.





**RELAFEN<sup>®</sup>**  
NABUMETONE

**Ask your  
SmithKline Beecham  
Pharmaceuticals  
representative about  
new information.**



CALAN<sup>®</sup> SR FOR HYPERTENSION—  
(verapamil HCl)

# A BALANCE OF GENTLENESS AND POWER

Make It Your Choice  
for a Lifetime — write DAW.



The recommended starting dosage for Calan SR is 180 mg once daily. Dose titration will be required in some patients to achieve blood pressure control. A lower starting dosage of 120 mg/day may be warranted in some patients (eg, the elderly, patients of small stature). Dosages above 240 mg daily should be administered in divided doses. Calan SR should be administered with food. Constipation, which is easily managed in most patients, is the most commonly reported side effect of Calan SR.

#### BRIEF SUMMARY

**Contraindications:** Severe LV dysfunction (see *Warnings*), hypotension (systolic pressure < 90 mm Hg) or cardiogenic shock, sick sinus syndrome (if no pacemaker is present), 2nd- or 3rd-degree AV block (if no pacemaker is present), atrial flutter/fibrillation with an accessory bypass tract (eg, WPW or LGL syndromes), hypersensitivity to verapamil.

**Warnings:** Verapamil should be avoided in patients with severe LV dysfunction (eg, ejection fraction < 30%) or moderate to severe symptoms of cardiac failure and in patients with any degree of ventricular dysfunction if they are receiving a beta-blocker. Control milder heart failure with optimum digitalization and/or diuretics before Calan SR is used. Verapamil may occasionally produce hypotension. Elevations of liver enzymes have been reported. Several cases have been demonstrated to be produced by verapamil. Periodic monitoring of liver function in patients on verapamil is prudent. Some patients with paroxysmal and/or chronic atrial flutter/fibrillation and an accessory AV pathway (eg, WPW or LGL syndromes) have developed an increased antegrade conduction across the accessory pathway bypassing the AV node, producing a very rapid ventricular response or ventricular fibrillation after receiving I.V. verapamil (or digitalis). Because of this risk, oral verapamil is contraindicated in such patients. AV block may occur (2nd- and 3rd-degree, 0.8%). Development of marked 1st-degree block or progression to 2nd- or 3rd-degree block requires reduction in dosage or, rarely, discontinuation and institution of appropriate therapy. Sinus bradycardia, 2nd-degree AV block, sinus arrest, pulmonary edema and/or severe hypotension were seen in some critically ill patients with hypertrophic cardiomyopathy who were treated with verapamil.

**Precautions:** Verapamil should be given cautiously to patients with impaired hepatic function (in severe dysfunction use about 30% of the normal dose) or impaired renal function, and patients should be monitored for abnormal prolongation of the PR interval or other signs of overdosage. Verapamil may decrease neuromuscular transmission in patients with Duchenne's muscular dystrophy and may prolong recovery from the neuromuscular blocking agent vecuronium. It may be necessary to decrease verapamil dosage in patients with attenuated neuromuscular transmission. Combined therapy with beta-adrenergic blockers and verapamil may result in additive negative effects on heart rate, atrioventricular conduction and/or cardiac contractility; there have been reports of excessive bradycardia and AV block, including complete heart block. The risks of such combined therapy may outweigh the benefits. The combination should be used only with caution and close monitoring. Decreased metoprolol and propranolol clearance may occur when either drug is administered concomitantly with verapamil. A variable effect has been seen with combined use of atenolol. Chronic verapamil treatment can increase serum digoxin levels by 50% to 75% during the first week of therapy, which can result in digitalis toxicity. In patients with hepatic cirrhosis, verapamil may reduce total body clearance and extrarenal clearance of digitoxin. The digoxin dose should be reduced when verapamil is given, and the patient carefully monitored. Verapamil will usually have an additive effect in patients receiving blood-pressure-lowering agents.

Disopyramide should not be given within 48 hours before or 24 hours after verapamil administration. Concomitant use of flecainide and verapamil may have additive effects on myocardial contractility, AV conduction, and repolarization. Combined verapamil and quinidine therapy in patients with hypertrophic cardiomyopathy should be avoided, since significant hypotension may result. Concomitant use of lithium and verapamil may result in an increased sensitivity to lithium (neurotoxicity), with either no change or an increase in serum lithium levels; however, it may also result in a lowering of serum lithium levels. Patients receiving both drugs must be monitored carefully. Verapamil may increase carbamazepine concentrations during combined use. Rifampin may reduce verapamil bioavailability. Phenobarbital may increase verapamil clearance. Verapamil may increase serum levels of cyclosporin. Verapamil may inhibit the clearance and increase the plasma levels of theophylline. Concomitant use of inhalation anesthetics and calcium antagonists needs careful titration to avoid excessive cardiovascular depression. Verapamil may potentiate the activity of neuromuscular blocking agents (curare-like and depolarizing); dosage reduction may be required. There was no evidence of a carcinogenic potential of verapamil administered to rats for 2 years. A study in rats did not suggest a tumorigenic potential, and verapamil was not mutagenic in the Ames test. Pregnancy Category C. There are no adequate and well-controlled studies in pregnant women. This drug should be used during pregnancy, labor, and delivery only if clearly needed. Verapamil is excreted in breast milk; therefore, nursing should be discontinued during verapamil use.

**Adverse Reactions:** Constipation (7.3%), dizziness (3.3%), nausea (2.7%), hypotension (2.5%), headache (2.2%), edema (1.9%), CHF, pulmonary edema (1.8%), fatigue (1.7%), dyspnea (1.4%), bradycardia: HR < 50/min (1.4%), AV block: total 1°, 2°, 3° (1.2%), 2° and 3° (0.8%), rash (1.2%), flushing (0.6%), elevated liver enzymes, reversible non-obstructive paralytic ileus. The following reactions, reported in 1.0% or less of patients, occurred under conditions where a causal relationship is uncertain: angina pectoris, atrioventricular dissociation, chest pain, claudication, myocardial infarction, palpitations, purpura (vasculitis), syncope, diarrhea, dry mouth, gastrointestinal distress, gingival hyperplasia, ecchymosis or bruising, cerebrovascular accident, confusion, equilibrium disorders, insomnia, muscle cramps, paresthesia, psychotic symptoms, shakiness, somnolence, arthralgia and rash, exanthema, hair loss, hyperkeratosis, macules, sweating, urticaria, Stevens-Johnson syndrome, erythema multiforme, blurred vision, gynecomastia, galactorrhea/hyperprolactinemia, increased urination, spotty menstruation, impotence.

2/13/92 • P92CA7196V

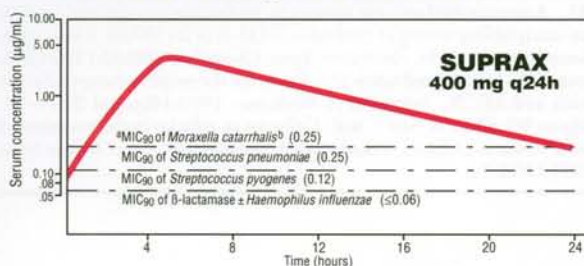
Address medical inquiries to:  
C.D. Searle & Co.  
Medical and Scientific  
Information Department  
4901 Skokie Parkway  
Skokie, IL 60077





# Working Continuously 24 Hours a Day... Once a Day

**SUPRAX maintains inhibitory concentrations above MIC<sub>90</sub> for virtually 24 hours<sup>1\*</sup>**



<sup>1</sup>MIC<sub>90</sub> values from Jones and Barry.<sup>2</sup> <sup>3</sup>17 of 20 strains were  $\beta$ -lactamase producing.

## Proven Clinical Efficacy

- In Bronchitis<sup>3†</sup>**

Cured: 67%  
Improved: 29%

**96%**  
(n=8,993)
- In Pharyngitis/  
Tonsillitis<sup>1†</sup>**

Cured: 89%  
Improved: 10%

**99%**  
(n=300)
- In Otitis Media<sup>4†</sup>**

**97%**  
cured/improved  
(n=29)

\*Although a useful guide, *in vitro* activity does not necessarily correlate with clinical response.

†Due to indicated susceptible organisms.

**ONCE-A-DAY**

**SUPRAX<sup>®</sup>**

*cefixime* **TABLETS**  
400 mg  
**ORAL SUSPENSION**  
100 mg / 5 mL

*Working 24 hours a day*

Please see brief summary of Prescribing Information on adjacent page for WARNINGS, ADVERSE REACTIONS, and CONTRAINDICATIONS. GI side effects are the most frequently reported adverse effects.

SUPRAX is administered as a single dose, once a day, or if preferred, in equally divided doses twice a day.



ONCE-A-DAY

SUPRAX®

cefixime

TABLETS  
400 mg  
ORAL SUSPENSION  
100 mg/5 mL

Working 24 hours a day

**References:** 1. Data on file. Lederle Laboratories, Pearl River, NY. 2. Jones RN, Barry AL. Antimicrobial activity, spectrum, and recommendations for disk diffusion susceptibility testing of cefibuten (7432-S; SCH 39720), a new orally administered cephalosporin. *Antimicrob Agents Chemother.* 1988;32:1576-1582. 3. Stratton CW. Efficacy and safety of cefixime for the empiric therapy of acute bronchitis and AECB. *Infections in Medicine.* 1993;10(suppl B):11-15. 4. Rodriguez WJ, Khan W, Sait T, et al. Cefixime vs. cefaclor in the treatment of acute otitis media in children: a randomized, comparative study. *Pediatr Infect Dis J.* 1993;12:70-74.

#### Brief Summary

SUPRAX®  
Cefixime  
Oral

Please see package insert for full Prescribing Information.

#### INDICATIONS AND USAGE

SUPRAX is indicated in the treatment of the following infections when caused by susceptible strains of the designated microorganisms:

**Uncomplicated Urinary Tract Infections** caused by *Escherichia coli* and *Proteus mirabilis*.

**Otitis Media** caused by *Haemophilus influenzae* (beta-lactamase positive and negative strains), *Moraxella (Branhamella) catarrhalis*, (most of which are beta-lactamase positive), and *Streptococcus pyogenes*.\*

**Note:** For information on otitis media caused by *Streptococcus pneumoniae*, see **CLINICAL STUDIES** section.

**Pharyngitis and Tonsillitis**, caused by *S. pyogenes*.

**Note:** Penicillin is the usual drug of choice in the treatment of *S. pyogenes* infections, including the prophylaxis of rheumatic fever. SUPRAX is generally effective in the eradication of *S. pyogenes* from the nasopharynx; however, data establishing the efficacy of SUPRAX in the subsequent prevention of rheumatic fever are not available.

**Acute Bronchitis and Acute Exacerbations of Chronic Bronchitis**, caused by *S. pneumoniae* and *H. influenzae* (beta-lactamase positive and negative strains).

**Uncomplicated Gonorrhea (Cervical/Urethral)**, caused by *Neisseria gonorrhoeae* (penicillinase- and nonpenicillinase-producing strains).

Appropriate cultures and susceptibility studies should be performed to determine the causative organism and its susceptibility to SUPRAX; however, therapy may be started while awaiting the results of these studies. Therapy should be adjusted, if necessary, once these results are known. \*Efficacy for this organism in this organ system was studied in fewer than 10 infections.

#### CLINICAL STUDIES

In clinical trials of otitis media in nearly 400 children between the ages of 6 months to 10 years, *S. pneumoniae* was isolated from 47% of the patients, *H. influenzae* from 34%, *M. (B) catarrhalis* from 15%, and *S. pyogenes* from 4%.

The overall response rate of *S. pneumoniae* to cefixime was approximately 10% lower and that of *H. influenzae* or *M. (B) catarrhalis* approximately 7% higher (12% when beta-lactamase positive strains of *H. influenzae* are included) than the response rates of these organisms to the active control drugs.

In these studies, patients were randomized and treated with either cefixime at dose regimens of 4 mg/kg BID or 8 mg/kg QD, or with a standard antibiotic regimen. Sixty-nine percent to 70% of the patients in each group had resolution of signs and symptoms of otitis media when evaluated 2 to 4 weeks posttreatment, but persistent effusion was found in 15% of the patients. When evaluated at the completion of therapy, 17% of patients receiving cefixime and 14% of patients receiving effective comparative drugs (18% including those patients who had *H. influenzae* resistant to the control drug and who received the control antibiotic) were considered to be treatment failures. By the 2- to 4-week follow-up, a total of 30% to 31% of patients had evidence of either treatment failure or recurrent disease.

Bacteriological Outcome of Otitis Media at 2 to 4 Weeks Posttherapy Based on Repeat Middle Ear Fluid Culture or Extrapolation from Clinical Outcome

Organism	Cefixime <sup>®</sup> 4 mg/kg BID	Cefixime <sup>®</sup> 8 mg/kg QD	Control <sup>®</sup> drugs
<i>Streptococcus pneumoniae</i>	48/70 (69%)	18/22 (82%)	82/100 (82%)
<i>Haemophilus influenzae</i> beta-lactamase negative	24/34 (71%)	13/17 (76%)	23/34 (68%)
<i>Haemophilus influenzae</i> beta-lactamase positive	17/22 (77%)	9/12 (75%)	1/1 <sup>##</sup>
<i>Moraxella (Branhamella)</i> <i>catarrhalis</i>	26/31 (84%)	5/5	18/24 (75%)
<i>S. pyogenes</i>	5/5	3/3	6/7
All Isolates	120/162 (74%)	48/59 (81%)	130/166 (78%)

<sup>##</sup> Number eradicated/number isolated.

<sup>##</sup> An additional 20 beta-lactamase positive strains of *H. influenzae* were isolated, but were excluded from this analysis because they were resistant to the control antibiotic. In 19 of these, the clinical course could be assessed, and a favorable outcome occurred in 10. When these cases are included in the overall bacteriological evaluation of therapy with the control drugs, 140/185 (76%) of pathogens were considered to be eradicated.

\*Tablets should not be substituted for suspension when treating otitis media.

#### CONTRAINDICATIONS

SUPRAX is contraindicated in patients with known allergy to the cephalosporin group of antibiotics.

#### SUPRAX® cefixime

#### WARNINGS

BEFORE THERAPY WITH SUPRAX IS INSTITUTED, CAREFUL INQUIRY SHOULD BE MADE TO DETERMINE WHETHER THE PATIENT HAS HAD PREVIOUS HYPERSENSITIVITY REACTIONS TO CEPHALOSPORINS, PENICILLINS, OR OTHER DRUGS. IF THIS PRODUCT IS TO BE GIVEN TO PENICILLIN-SENSITIVE PATIENTS, CAUTION SHOULD BE EXERCISED BECAUSE CROSS HYPERSENSITIVITY AMONG BETA-LACTAM ANTIBIOTICS HAS BEEN CLEARLY DOCUMENTED AND MAY OCCUR IN UP TO 10% OF PATIENTS WITH A HISTORY OF PENICILLIN ALLERGY. IF AN ALLERGIC REACTION TO SUPRAX OCCURS, DISCONTINUE THE DRUG. SERIOUS ACUTE HYPERSENSITIVITY REACTIONS MAY REQUIRE TREATMENT WITH EPINEPHRINE AND OTHER EMERGENCY MEASURES, INCLUDING OXYGEN, INTRAVENOUS FLUIDS, INTRAVENOUS ANTIHISTAMINES, CORTICOSTEROIDS, PRESSOR AMINES, AND AIRWAY MANAGEMENT, AS CLINICALLY INDICATED.

Administer cautiously to allergic patients.

Treatment with broad-spectrum antibiotics, including SUPRAX, alters the normal flora of the colon and may permit overgrowth of clostridia. Studies indicate that a toxin produced by *Clostridium difficile* is a primary cause of severe antibiotic-associated diarrhea including pseudomembranous colitis.

Pseudomembranous colitis has been reported with the use of SUPRAX and other broad-spectrum antibiotics (including macrolides, semisynthetic penicillins, and cephalosporins); therefore, it is important to consider this diagnosis in patients who develop diarrhea in association with the use of antibiotics. Symptoms of pseudomembranous colitis may occur during or after antibiotic treatment and may range in severity from mild to life-threatening. Mild cases of pseudomembranous colitis usually respond to drug discontinuation alone. In moderate to severe cases, management should include fluids, electrolytes, and protein supplementation. If the colitis does not improve after the drug has been discontinued, or if the symptoms are severe, oral vancomycin is the drug of choice for antibiotic-associated pseudomembranous colitis produced by *C. difficile*. Other causes of colitis should be excluded.

#### PRECAUTIONS

**General:** Use, especially when prolonged, may result in overgrowth of resistant organisms. If superinfection occurs during therapy, take appropriate measures.

Carefully monitor patients on dialysis. Adjust dosage of SUPRAX in patients with renal impairment and those undergoing continuous ambulatory peritoneal dialysis and hemodialysis. (See **DOSE AND ADMINISTRATION** in package insert.)

Prescribe cautiously in patients with a history of gastrointestinal disease, particularly colitis.

**Drug Interactions:** No significant drug interactions have been reported to date.

**Drug/Laboratory Test Interactions:** A false-positive reaction for ketones in the urine may occur with tests using nitroprusside but not with those using nitroferriyanide.

SUPRAX administration may result in a false-positive reaction for glucose in the urine using Clintest<sup>®</sup>, \*\* Benedict's solution, or Fehling's solution. Use glucose tests based on enzymatic glucose oxidase reactions (such as Clinistix<sup>®</sup> or Tes-Tape<sup>®</sup>\*\*).

A false-positive direct Coombs test has been reported during treatment with other cephalosporin antibiotics; therefore, it should be recognized that a positive Coombs test may be due to the drug.

**Carcinogenesis, Mutagenesis, Impairment of Fertility:** Although no lifetime animal studies have been conducted to evaluate carcinogenic potential, no mutagenic potential of SUPRAX was found in standard laboratory tests. In rats, reproductive studies revealed no fertility impairment at doses up to 125 times the adult therapeutic dose.

**Usage in Pregnancy; Pregnancy Category B:** Reproduction studies have been performed in mice and rats at doses up to 400 times the human dose and have revealed no evidence of harm to the fetus due to SUPRAX. There are no adequate and well-controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, this drug should be used during pregnancy only if clearly needed.

**Labor and Delivery:** SUPRAX has not been studied for use during labor and delivery. Treatment should only be given if clearly needed.

**Nursing Mothers:** It is not known whether SUPRAX is excreted in human milk. Consider discontinuing nursing temporarily during treatment with this drug.

**Pediatric Use:** Safety and effectiveness of SUPRAX in children aged less than 6 months have not been established.

The incidence of gastrointestinal adverse reactions, including diarrhea and loose stools, in pediatric patients receiving the suspension was comparable to that seen in adult patients receiving tablets.

#### ADVERSE REACTIONS

Most adverse reactions observed in clinical trials were of a mild and transient nature. Five percent (5%) of patients in the US trials discontinued therapy because of drug-related adverse reactions. The most commonly seen adverse reactions in US trials of the tablet formulation were gastrointestinal events, which were reported in 30% of adult patients on either the BID or the QD regimen. Clinically mild gastrointestinal side effects occurred in 20% of all patients, moderate events occurred in 9% of all patients, and severe adverse reactions occurred in 2% of all patients. Individual event rates included diarrhea 16%, loose or frequent stools 6%, abdominal pain 3%, nausea 7%, dyspepsia 3%, and flatulence 4%.

The incidence of gastrointestinal adverse reactions, including diarrhea and loose stools, in pediatric patients receiving the suspension was comparable to that seen in adult patients receiving tablets.

These symptoms usually responded to symptomatic therapy or ceased when SUPRAX was discontinued.

Several patients developed severe diarrhea and/or documented pseudomembranous colitis, and a few required hospitalization.

The following adverse reactions have been reported following the use of SUPRAX. Incidence rates were less than 1 in 50 (less than 2%), except as noted above for gastrointestinal events.

**Gastrointestinal:** Diarrhea, loose stools, abdominal pain, dyspepsia, nausea, and vomiting. Several cases of documented pseudomembranous colitis were identified during the studies. The onset of pseudomembranous colitis symptoms may occur during or after therapy.

**Hypersensitivity Reactions:** Skin rashes, urticaria, drug fever, and pruritus. Erythema multiforme, Stevens-Johnson syndrome, and serum sickness-like reactions have been reported.

**Hepatic:** Transient elevations in SGPT, SGOT, and alkaline phosphatase.

**Renal:** Transient elevations in BUN or creatinine.

**Central Nervous System:** Headaches or dizziness.

**Hemic and Lymphatic Systems:** Transient thrombocytopenia, leukopenia, and eosinophilia. Prolongation of prothrombin time was seen rarely.

**Other:** Genital pruritus, vaginitis, candidiasis.

The following adverse reactions and altered laboratory tests have been

reported for cephalosporin-class antibiotics:

**Adverse Reactions:** Allergic reactions including anaphylaxis, toxic epidermal necrolysis, superinfection, renal dysfunction, toxic nephropathy, hepatic dysfunction including cholestasis, aplastic anemia, hemolytic anemia, hemorrhage, and colitis.

Several cephalosporins have been implicated in triggering seizures, particularly in patients with renal impairment when the dosage was not reduced (see **DOSE AND ADMINISTRATION** and **OVERDOSAGE**). If seizures associated with drug therapy occur, discontinue drug. Administer anticonvulsant therapy if clinically indicated.

**Abnormal Laboratory Tests:** Positive direct Coombs test, elevated bilirubin, elevated LDH, pancytopenia, neutropenia, agranulocytosis.

#### OVERDOSAGE

Gastric lavage may be indicated; otherwise, no specific antidote exists. Cefixime is not removed in significant quantities from the circulation by hemodialysis or peritoneal dialysis. Adverse reactions in small numbers of healthy adult volunteers receiving single doses up to 2 g of SUPRAX did not differ from the profile seen in patients treated at the recommended doses.

\*\*Clintest<sup>®</sup> and Clinistix<sup>®</sup> are registered trademarks of Ames Division, Miles Laboratories, Inc. Tes-Tape<sup>®</sup> is a registered trademark of Eli Lilly and Company.

**Lederle** LEADER LABORATORIES DIVISION  
American Cyanamid Company  
Pearl River, NY 10965

**F** Under License of  
Fujisawa Pharmaceutical Co., Ltd.  
Osaka, Japan

Rev. 2/93  
L-31886-93

**Lederle** **Lederle Laboratories**  
A Division of American Cyanamid Company  
Wayne, New Jersey 07470

**F** Under License of  
Fujisawa Pharmaceutical Co., Ltd.  
Osaka, Japan

**Advantus**  
Pharmaceuticals

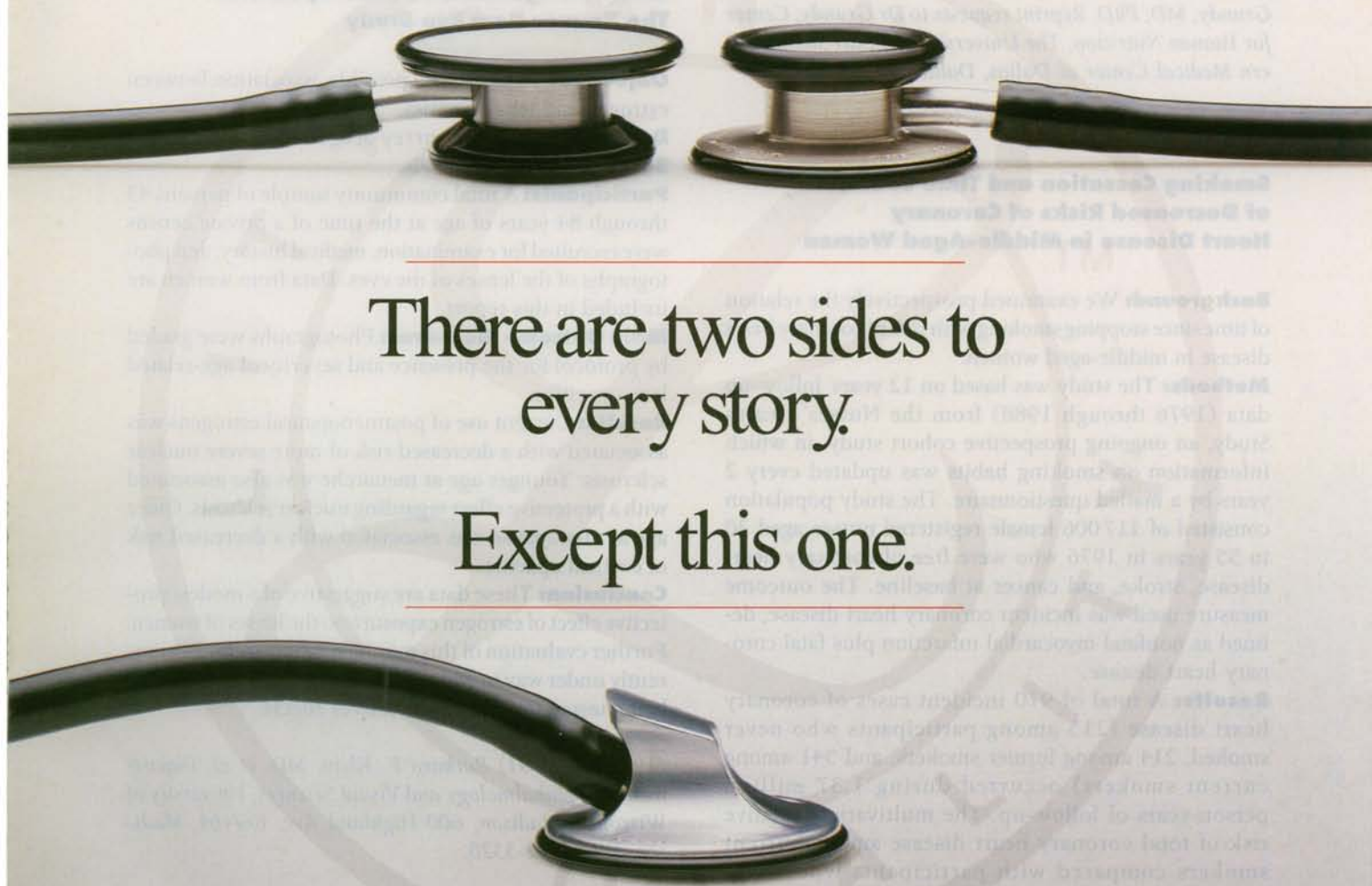




24-Hour  
Delivery Means  
All Night, Too!

**Theo-24<sup>®</sup>**  
(theophylline anhydrous)  
Extended-release capsules 100, 200, 300 & 400 mg





There are two sides to  
every story.  
Except this one.



**The Littmann™ Master technology stethoscope.**

A comparison between 3M brand Littmann Master stethoscopes and traditional stethoscopes can be pretty one-sided.

That's because Littmann Master Classic and Master Cardiology stethoscopes, with their patented suspended diaphragms, combine both the bell and diaphragm into a single side of the chestpiece. So you can switch from low to high frequency sounds simply by varying the pressure. With no pressure, the bell mode picks up low frequency

sounds. With moderate pressure, the diaphragm mode picks up high frequency sounds.

The rest of the story is the outstanding acoustic response you receive from Littmann Master stethoscopes. The patented soft-sealing eartips provide superior comfort as well as an excellent acoustic seal.

The Master series is one more example of the high level of reliability and innovation that you've come to expect from Littmann.

For more information, call the 3M Health Care Customer Helpline toll-free, 1-800-228-3957.



# LOZOL<sup>®</sup> 1.25 MG INDAPAMIDE TABLETS

## Antihypertensive Efficacy Equivalent to 2.5 mg<sup>1\*</sup>

With the benefits of a lower  
once-daily dose

Favorable metabolic profile<sup>†</sup>—no adverse  
effect on lipids; only 2% incidence of  
clinical hypokalemia<sup>‡</sup>

Safe and effective for step-down therapy

Side-effect profile compatible with other  
antihypertensive agents

LOZOL 1.25 mg once daily is now  
the recommended starting dose  
for indapamide



### LOZOL 1.25 MG. A LITTLE MEANS A LOT.

\* In a controlled clinical trial at 16 weeks, the changes in supine diastolic and systolic BPs with 1.25 mg of indapamide were not statistically different from LOZOL 2.5 mg.

† Because of the diuretic effects of LOZOL 1.25, changes in certain electrolytes and blood chemistries can occur. Serum electrolytes and blood chemistries should therefore be monitored.

‡ 19.6% of patients had values less than 3.4 mEq/L. Only 7.5% had potassium levels below 3.2 mEq/L and less than 1% fell below 3.0 mEq/L. Metabolic changes at higher doses of indapamide may be greater.

Please see brief summary of prescribing information on this page.

#### LOZOL<sup>®</sup> (indapamide) 1.25 mg and 2.5 mg tablets BRIEF SUMMARY

**INDICATIONS:** LOZOL (indapamide) is indicated for the treatment of hypertension, alone or in combination with other antihypertensive drugs, and for the treatment of salt and fluid retention associated with congestive heart failure.

Usage in Pregnancy: See PRECAUTIONS.

**CONTRAINDICATIONS:** Anuria, hypersensitivity to indapamide or other sulfonamide-derived drugs.

**WARNINGS:** Infrequent cases of severe hyponatremia, accompanied by hypokalemia, have been reported with 2.5 mg and 5.0 mg indapamide primarily in elderly females. Symptoms were reversed by electrolyte replenishment. Hyponatremia considered possibly clinically significant (<125 mEq/L) has not been observed in clinical trials with the 1.25 mg dosage (see PRECAUTIONS). Hypokalemia occurs commonly with diuretics (see ADVERSE REACTIONS, hypokalemia), and electrolyte monitoring is essential. In general, diuretics should not be given with lithium.

**PRECAUTIONS:** Perform serum electrolyte determinations at appropriate intervals, especially in patients who are vomiting excessively or receiving parenteral fluids; in patients subject to electrolyte imbalance, or in patients on a salt-restricted diet. In addition, patients should be observed for clinical signs of fluid or electrolyte imbalance, such as hyponatremia, hypochloremic alkalosis, or hypokalemia. The risk of hypokalemia secondary to diuresis and natriuresis is increased with larger doses, with brisk diuresis, with severe cirrhosis, and with concomitant use of corticosteroids or ACTH. Interference with adequate oral intake of electrolytes will also contribute to hypokalemia. Hypokalemia can sensitize or exaggerate the response of the heart to the toxic effects of digitalis, such as increased ventricular irritability.

Dilutional hyponatremia may occur in edematous patients; appropriate treatment is usually water restriction. In actual salt depletion, appropriate replacement is the treatment of choice. Chloride deficit is usually mild, not requiring specific treatment except in extraordinary circumstances (liver, renal disease). Thiazide-like diuretics have been shown to increase the urinary excretion of magnesium; this may result in hypomagnesemia.

Hyperurcemia may occur, and frank gout may be precipitated in certain patients receiving indapamide. Serum concentrations of uric acid should be monitored periodically.

Use with caution in patients with severe renal disease; consider withholding or discontinuing if progressive renal impairment is observed. Renal function tests should be performed periodically.

Use with caution in patients with impaired hepatic function or progressive liver disease, since minor alterations of fluid and electrolyte balance may precipitate hepatic coma.

Latent diabetes may become manifest and insulin requirements in diabetic patients may be altered during thiazide administration. A mean increase in glucose of 6.47 mg/dL was observed in patients treated with indapamide 1.25 mg, which was not considered clinically significant in these trials. Serum concentrations of glucose should be monitored routinely during treatment with indapamide.

Calcium excretion is decreased by diuretics pharmacologically related to indapamide. After six to eight weeks of indapamide 1.25 mg treatment and in long-term studies of hypertensive patients with higher doses of indapamide, however, serum concentrations of calcium increased only slightly with indapamide. Indapamide may decrease serum PBI levels without signs of thyroid disturbance. Complications of hyperparathyroidism have not been seen. Discontinue before tests of parathyroid function are performed.

Thiazides have exacerbated or activated systemic lupus erythematosus. Consider this possibility with indapamide.

**DRUG INTERACTIONS:** LOZOL may add to or potentiate the action of other antihypertensive drugs. The antihypertensive effect of the drug may be enhanced in the postsympathectomized patient. Indapamide may decrease arterial responsiveness to norepinephrine, but this does not preclude the use of norepinephrine.

In mouse and rat lifetime carcinogenicity studies, there were no significant differences in the incidence of tumors between the indapamide-treated animals and the control groups.

**Pregnancy Category B:** Diuretics cross the placental barrier and appear in cord blood. Indapamide should be used during pregnancy only if clearly needed. Use may be associated with fetal or neonatal jaundice, thrombocytopenia, and possibly other adverse effects that have occurred in adults. It is not known whether this drug is excreted in human milk. If use of this drug is deemed essential, the patient should stop nursing.

**ADVERSE REACTIONS:** Most adverse effects have been mild and transient. From Phase III placebo-controlled studies with indapamide 1.25 mg, adverse reactions with  $\geq 5\%$  cumulative incidence: headache, infection, pain, back pain, dizziness, rhinitis;  $<5\%$  cumulative incidence: asthenia, flu syndrome, abdominal pain, chest pain, constipation, diarrhea, dyspepsia, nausea, peripheral edema, nervousness, hypertension, cough, pharyngitis, sinusitis, conjunctivitis. All other clinical adverse reactions occurred at an incidence of  $<1\%$ . In controlled clinical trials of six to eight weeks in duration, 20% of patients receiving indapamide 1.25 mg, 61% of patients receiving indapamide 5.0 mg, and 80% of patients receiving indapamide 10.0 mg had at least one potassium value below 3.4 mEq/L. In the indapamide 1.25 mg group, about 40% of those patients who reported hypokalemia as a laboratory adverse event returned to normal serum potassium values without intervention. Hypokalemia with concomitant clinical signs or symptoms occurred in 2% of patients

receiving indapamide 1.25 mg. From Phase II placebo-controlled studies and long-term controlled clinical trials with LOZOL 2.5 mg or 5.0 mg, adverse reactions with  $\geq 5\%$  cumulative incidence: headache, dizziness, fatigue, weakness, loss of energy, lethargy, tiredness or malaise, muscle cramps or spasm or numbness of the extremities, nervousness, tension, anxiety, irritability or agitation;  $<5\%$  cumulative incidence: lightheadedness, drowsiness, vertigo, insomnia, depression, blurred vision, constipation, nausea, vomiting, diarrhea, gastric irritation, abdominal pain or cramps, anorexia, orthostatic hypotension, premature ventricular contractions, irregular heart beat, palpitations, frequency of urination, nocturia, polyuria, rash, hives, pruritus, vasculitis, impotence or reduced libido, rhinorrhea, flushing, hyperurcemia, hyperglycemia, hyponatremia, hypochloremia, increase in serum BUN or creatinine, glycosuria, weight loss, dry mouth, tingling of extremities. Hypokalemia with concomitant clinical signs or symptoms occurred in 3% of patients receiving indapamide 2.5 mg q.d. and 7% of patients receiving indapamide 5 mg q.d. In long-term controlled clinical trials comparing the hypokalemic effects of daily doses of indapamide and hydrochlorothiazide, however, 47% of patients receiving indapamide 2.5 mg, 72% of patients receiving indapamide 5 mg, and 44% of patients receiving hydrochlorothiazide 50 mg had at least one potassium value (out of a total of 11 taken during the study) below 3.5 mEq/L. In the indapamide 2.5 mg group, over 50% of those patients returned to normal serum potassium values without intervention. Other adverse reactions reported with antihypertensive/diuretics are intrahepatic cholestatic jaundice, sialadenitis, xanthopsia, photosensitivity, purpura, bullous eruptions, Stevens-Johnson syndrome, necrotizing angitis, fever, respiratory distress (including pneumonitis), anaphylactic reactions, agranulocytosis, leukopenia, thrombocytopenia, aplastic anemia.

**CAUTION:** Federal (U.S.A.) law prohibits dispensing without prescription. Keep tightly closed. Store at controlled room temperature, 15°-30° C (59°-86° F). Avoid excessive heat. Dispense in light containers as defined in USP. See product circular for full prescribing information.

Revised: 5/93

Reference: 1. Data on file, Rhône-Poulenc Rorer Pharmaceuticals Inc.

Product of Servier Research Institute

**rpr RHÔNE-POULENC RORER**

RHÔNE-POULENC RORER PHARMACEUTICALS INC.

500 ARCHER RD. ROAD  
COLLEGEVILLE, PA 19306

© 1994 Rhône-Poulenc Rorer Pharmaceuticals Inc.

FC#94-R18



# JAMA

The Journal of the American Medical Association

## MEDICAL ROUNDS

News you need from the name you trust. Tune-in to American Medical Television every weekend for JAMA Medical Rounds.

Join JAMA Editor George Lundberg, MD for a weekly hour of news interviews and commentary every Saturday and Sunday on CNBC.

Learn about the latest developments in medical research, policy changes that affect the way you practice medicine, and the journal articles that are making headlines. All of this and more, every week on JAMA Medical Rounds.

JAMA Medical Rounds. Every Saturday and Sunday morning, 10:30 am (ET). Only on American Medical Television on CNBC.

For the CNBC channel in your area, call 800-SMART-TV.

American  
Medical  
Television

American  
Medical  
Association



Ismo®

(isosorbide mononitrate) 20 mg tablets



BRIEF SUMMARY (FOR FULL PRESCRIBING INFORMATION AND PATIENT INFORMATION, SEE PACKAGE CIRCULAR.)

#### Indications and Usage

Ismo is indicated for prevention of angina pectoris due to coronary artery disease. The onset of action is not rapid enough for it to be useful in aborting an acute anginal episode.

#### Clinical Pharmacology

Isosorbide mononitrate is the major active metabolite of isosorbide dinitrate; most of the clinical activity of the dinitrate comes from the mononitrate. Ismo is not subject to first-pass metabolism in the liver and the absolute bioavailability of isosorbide mononitrate from Ismo tablets is nearly 100%. The rate of clearance of Ismo is the same in healthy young adults, in patients with various degrees of renal, hepatic, or cardiac dysfunction, and in the elderly. Several well-controlled studies have demonstrated that active nitrates were indistinguishable from placebo after 24 hours (or less) of continuous therapy due to the development of tolerance. Only after nitrates are absent from the body for several hours is their antianginal efficacy restored.

The drug-free interval sufficient to avoid tolerance to isosorbide mononitrate is not completely defined. The only regimen shown to avoid development of tolerance with isosorbide mononitrate involves two daily doses of Ismo tablets given 7 hours apart, so there is a gap of 17 hours between the second dose of each day and the first dose of the next day. Taking account of the relatively long half-life of isosorbide mononitrate this result is consistent with those obtained for other organic nitrates.

The same twice-daily regimen of Ismo tablets successfully avoided significant rebound/withdrawal effects. In studies of other nitrates, the incidence and magnitude of such phenomena appear to be highly dependent upon the schedule of nitrate administration.

#### Contraindications

Allergic reactions are extremely rare, but do occur. Ismo is contraindicated in patients allergic to it.

#### Warnings

Because the effects of Ismo are difficult to terminate rapidly and have not been established in patients with acute myocardial infarction (MI) or congestive heart failure (CHF), this drug is not recommended in these patients. If Ismo is used in these patients, careful clinical or hemodynamic monitoring is required to avoid the hazards of hypotension and tachycardia.

#### Precautions

##### GENERAL

Severe hypotension, particularly with upright posture, may occur with even small doses. Therefore, use with caution in patients who may be volume depleted or who are already hypotensive. Paradoxical bradycardia and increased angina pectoris may accompany Ismo-induced hypotension.

Nitrates may aggravate angina caused by hypertrophic cardiomyopathy.

##### INFORMATION FOR PATIENTS

Tell patients they must carefully follow the prescribed dosing schedule (2 doses taken 7 hours apart) to maintain the antianginal effect (eg, take first dose on awakening and second dose 7 hours later).

Daily headaches sometimes accompany treatment with nitrates, including Ismo, and are a marker of drug activity. Patients with headaches should not alter their treatment schedule since loss of headache may be associated with simultaneous loss of antianginal efficacy. Headaches may be treated with aspirin and/or acetaminophen without affecting the antianginal activity of Ismo.

Light-headedness on standing, especially just after rising from a recumbent or seated position, may occur. This may be more frequent in patients who have consumed alcohol.

##### DRUG INTERACTIONS

Vasodilating effects of Ismo may be additive with those of other vasodilators, especially alcohol.

Marked symptomatic orthostatic hypotension has been reported when calcium channel blockers and organic nitrates were used in combination. Dose adjustments of either class of agents may be necessary.

##### CARCINOGENESIS, MUTAGENESIS, AND IMPAIRMENT OF FERTILITY

No carcinogenic effects were observed in mice or rats exposed to oral Ismo, nor were adverse effects on rat fertility observed.

No mutagenic activity was seen in *in vitro* or *in vivo* assays.

##### PREGNANCY CATEGORY C

Ismo has been shown to have embryocidal effects in rats and rabbits at doses at least 70 times the maximum human dose. There are no adequate and well-controlled studies in pregnant women. Use during pregnancy only if potential benefit justifies potential fetal risk.

##### NURSING MOTHERS

Excretion in human milk is unknown. Use caution if administered to a nursing woman.

##### PEDIATRIC USE

Safety and effectiveness have not been established.

##### Adverse Reactions

Frequency of Adverse Reactions (Discontinuations)\* Occurring in >1% of Subjects

	6 Controlled U.S. Studies		92 Clinical Studies
	Placebo	20 mg	(varied)
Patients	204	219	3344
Headache	9% (0%)	38% (9%)	19% (4.3%)
Dizziness	1% (0%)	5% (1%)	3% (0.2%)
Nausea, Vomiting	<1% (0%)	4% (3%)	2% (0.2%)

\*Some individuals discontinued for multiple reasons.

Fewer than 1% of patients reported each of the following (in many cases a causal relationship is uncertain): Cardiovascular: angina pectoris, arrhythmias, atrial fibrillation, hypotension, palpitations, postural hypotension, premature ventricular contractions, supraventricular tachycardia, syncope. Dermatologic: pruritus, rash. Gastrointestinal: abdominal pain, diarrhea, dyspepsia, tenesmus, tooth disorder, vomiting. Genitourinary: dysuria, impotence, urinary frequency. Miscellaneous: asthenia, blurred vision, cold sweat, diplopia, edema, malaise, neck stiffness, rigors. Musculoskeletal: arthralgia. Neurologic: agitation, anxiety, confusion, dyscoordination, hyposthesia, hypokinesia, increased appetite, insomnia, nervousness, nightmares. Respiratory: bronchitis, pneumonia, upper respiratory tract infection.

Rarely, ordinary doses of organic nitrates have caused methemoglobinemia in normal-seeming patients (See Overdosage).

##### Overdosage

The ill effects of overdosage are generally related to the ability of Ismo to induce vasodilatation, venous pooling, reduced cardiac output and hypotension. Symptoms may include increased intracranial pressure, with any or all of persistent throbbing headache, confusion, and moderate fever; vertigo; palpitations; visual disturbances; nausea and vomiting (possibly with colic and even bloody diarrhea); syncope (especially with upright posture); air hunger and dyspnea, later followed by reduced ventilatory effort, diaphoresis, with the skin either flushed or cold and clammy; heart block and bradycardia; paralysis; coma; seizures and death.

Serum levels have no role in managing overdosage. The likely lethal dose in humans is unknown.

There is neither a specific antidote to Ismo overdose, nor data to suggest a means for accelerating its elimination from the body; dialysis is ineffective. Hypotension associated with Ismo overdose results from venodilatation and arterial hypovolemia; therefore, direct therapy toward an increase in central fluid volume. Use of arterial vasoconstrictors (eg, epinephrine) is likely to do more harm than good. In patients with renal disease or CHF, treatment of Ismo overdose may be difficult and require invasive monitoring.

Methemoglobinemia has occurred in patients receiving other organic nitrates, and probably could occur as a side effect of Ismo. There are case reports of significant methemoglobinemia in association with moderate overdoses of organic nitrates. None of the affected patients had been thought to be unusually susceptible. Suspect the diagnosis in patients who exhibit signs of impaired oxygen delivery despite adequate cardiac output and adequate arterial pO<sub>2</sub>. Classically, methemoglobinemic blood is chocolate brown, without color change on exposure to air. The treatment of choice for methemoglobinemia is methylene blue, 1-2 mg/kg intravenously.

##### DOSAGE AND ADMINISTRATION

The recommended regimen of Ismo tablets is 20 mg (one tablet) twice daily, with the two doses given 7 hours apart. For most patients, this can be accomplished by taking the first dose on awakening and the second dose 7 hours later. This dosing regimen provides a daily nitrate-free interval to avoid the development of refractory tolerance (see Clinical Pharmacology).

Well-controlled studies have shown that tolerance to Ismo tablets is avoided when using the twice daily regimen in which the two doses are given 7 hours apart. This regimen has been shown to have antianginal efficacy beginning 1 hour after the first dose and lasting at least 5 hours after the second dose. The duration (if any) of antianginal activity beyond 12 hours has not been studied; large controlled studies with other nitrates suggest that no dosing regimen should be expected to provide more than 12 hours of continuous antianginal efficacy per day.

Dosage adjustments are not necessary in the elderly patients or in patients with altered renal or hepatic function.

This Brief Summary is based upon the current Ismo direction circular, CI 4130-2, Revised October 20, 1992.

References: 1. Data on file, Wyeth-Ayerst Laboratories, Protocol 12.

2. Friedman RG, et al: Comparative clinical trial of isosorbide mononitrate and isosorbide dinitrate in patients with stable angina pectoris. J Invas Cardiol 1992;4:319-329.

A-H ROBINS

BOEHRINGER  
MANNHEIM  
PHARMACEUTICALS



WYETH-AYERST  
LABORATORIES



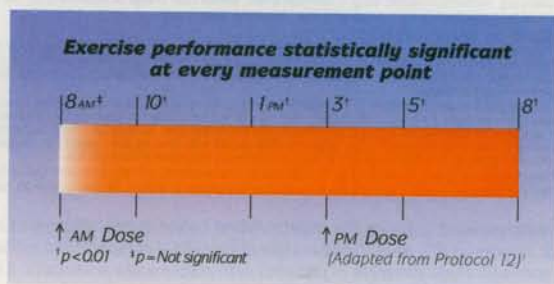
# Ismo<sup>®</sup> 20 mg tablets

(isosorbide mononitrate)

## Activity You Can Count On



### Antianginal activity during the active hours<sup>1\*</sup>



This study measured improvement in exercise performance to moderately severe anginal pain in patients given Ismo 20 mg (N = 56) or placebo (N = 60) dosed at 8 AM and 3 PM for 2 weeks following a 1-week washout period.

### Effective day after day<sup>2</sup>

■ Ismo patients were able to exercise at least as well on Day 14 as on Day 1

### Predictable pharmacokinetics

- Nearly 100% bioavailable
- No first-pass hepatic metabolism
- Consistent blood levels from patient to patient

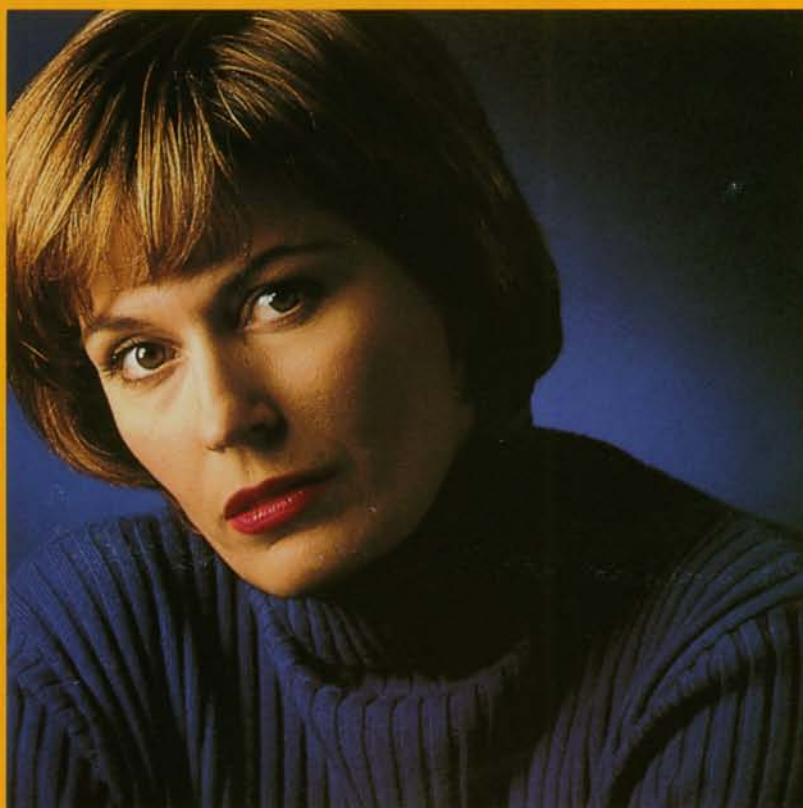
<sup>1</sup>Ismo is active for at least 12 hours after the first dose (ie, 5 hours after the second dose) of each day. The dosing recommendation for Ismo is 20 mg, twice daily, 7 hours apart (with a 17-hour dose-free interval) to maintain efficacy and to avoid tolerance.

Ismo is not recommended for use in aborting acute anginal episodes. The most common side effect, headache, may be managed with simple analgesics. As with other long-acting nitrates, Ismo is not recommended in patients with acute myocardial infarction or congestive heart failure.

Please see brief summary of prescribing information on adjacent page.



**HOW MUCH HAVE YOUR  
MIGRAINE PATIENTS  
TOLD YOU LATELY  
ABOUT THEIR  
CURRENT TREATMENT?**



**“My medicine knocks the pain out,  
but it knocks me out too...**

**I guess it’s probably the best  
I can hope for.”**



# MORE OF YOUR PATIENTS MAY

Because it  
works fast.<sup>1</sup>



The most frequently reported adverse events associated with IMITREX are injection-site reactions (59%), atypical sensations (e.g., tingling, warm/hot sensation) (42%), and dizziness/vertigo (12%). IMITREX is contraindicated in patients with ischemic heart disease, symptoms or signs consistent with ischemic heart disease, or Prinzmetal's angina because of the potential to cause coronary vasospasm. IMITREX is contraindicated in patients

with uncontrolled hypertension because it can give rise to increases in blood pressure (usually small). IMITREX should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. (Please see Precautions.) IMITREX should not be administered to patients with basilar or hemiplegic migraine.

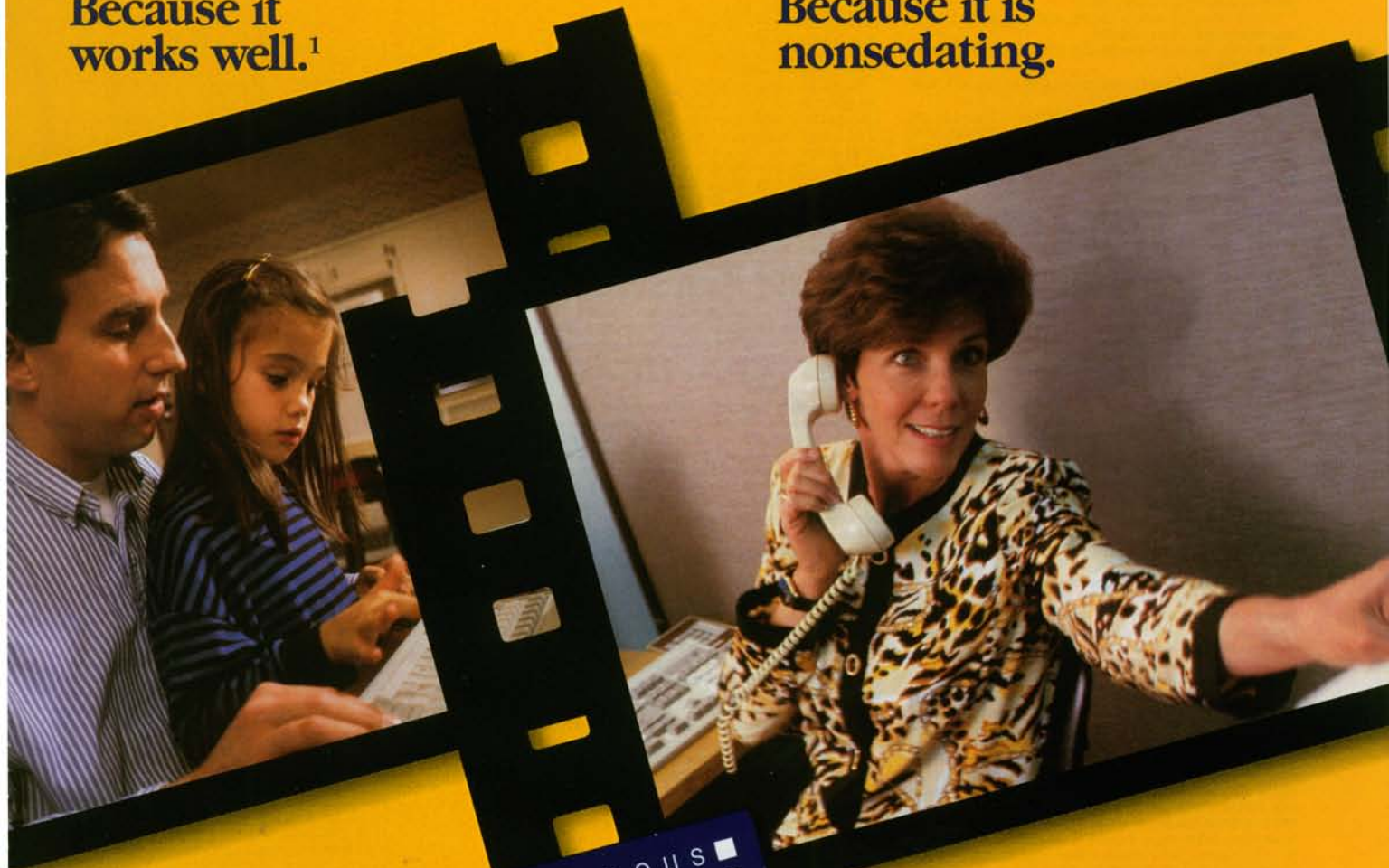
**Reference:** 1. Cady RK, Wendt JK, Kirchner JR, Sargent JD, Rothrock JF, Skaggs H Jr. Treatment of acute migraine with subcutaneous sumatriptan. *JAMA*. June 1991;265:2831-2835.



# BENEFIT FROM IMITREX

Because it works well.<sup>1</sup>

Because it is nonsedating.



SUBCUTANEOUS  
**IMITREX**<sup>®</sup>  
SUMATRIPTAN  
SUCCINATE

**MIGRAINE RELIEF  
THAT CAN CHANGE  
PATIENTS' LIVES**

Please consult Brief Summary of Prescribing Information on last page of this advertisement.



BRIEF SUMMARY

**Imitrex® (sumatriptan succinate) Injection**

**For Subcutaneous Use Only.**

The following is a brief summary only. Before prescribing, see complete prescribing information in Imitrex® Injection product labeling.

**INDICATIONS AND USAGE:** Imitrex® Injection is indicated for the acute treatment of migraine attacks with or without aura.

Imitrex Injection is not for use in the management of hemiplegic or basilar migraine (see WARNINGS).

Safety and effectiveness have also not been established for cluster headache, which is present in an older, predominantly male population.

**CONTRAINDICATIONS:** Imitrex® Injection should not be given intravenously because of its potential to cause coronary vasospasm.

For similar reasons, Imitrex Injection should not be given subcutaneously to patients with ischemic heart disease (angina pectoris, history of myocardial infarction, or documented silent ischemia) or to patients with Prinzmetal's angina. Also, patients with symptoms or signs consistent with ischemic heart disease should not receive Imitrex Injection. Because Imitrex Injection can give rise to increases in blood pressure (usually small), it should not be given to patients with uncontrolled hypertension.

Imitrex Injection should not be used concomitantly with ergotamine-containing preparations.

Imitrex Injection is contraindicated in patients with hypersensitivity to sumatriptan.

**WARNINGS:** Imitrex® Injection should not be administered to patients with basilar or hemiplegic migraine.

**Cardiac Events/Coronary Constriction:** Serious coronary events following Imitrex Injection can occur but are extremely rare; nonetheless, consideration should be given to administering the first dose of Imitrex Injection in the physician's office to patients in whom unrecognized coronary disease is comparatively likely (postmenopausal women; males over 40; patients with risk factors for CAD, such as hypertension, hypercholesterolemia, obesity, diabetes, smokers, and strong family history). If symptoms consistent with angina occur, electrocardiographic (ECG) evaluation should be carried out to look for ischemic changes.

Sumatriptan may cause coronary vasospasm in patients with a history of coronary artery disease, who are known to be more susceptible than others to coronary artery vasospasm, and, rarely, in patients without prior history suggestive of coronary artery disease. There were eight patients among the more than 1,900 who participated in controlled trials who sustained clinical events during or shortly after receiving subcutaneous sumatriptan that may have reflected coronary vasospasm. Six of these eight patients had ECG changes consistent with transient ischemia, but without symptoms or signs. Of the eight patients, four had some findings suggestive of coronary artery disease prior to treatment. None of these adverse events was associated with a serious clinical outcome.

There have been rare reports from countries in which Imitrex Injection has been marketed of serious and/or life-threatening arrhythmias, including atrial fibrillation, ventricular fibrillation, ventricular tachycardia, myocardial infarction; and marked ischemic ST elevations associated with Imitrex Injection. In addition, there have been rare, but more frequent, reports of chest and arm discomfort thought to represent angina pectoris.

**Use in Women of Childbearing Potential:** (see PRECAUTIONS)

**PRECAUTIONS:**

**General:** Chest, jaw, or neck tightness is relatively common after Imitrex® Injection, but has only rarely been associated with ischemic ECG changes.

Imitrex Injection may cause mild, transient elevation of blood pressure and peripheral vascular resistance.

Imitrex Injection should also be administered with caution to patients with diseases that may alter the absorption, metabolism, or excretion of drugs, such as impaired hepatic or renal function.

As with other acute migraine therapies, before treating headaches in patients not previously diagnosed as migraineurs and in migraineurs who present with atypical symptoms, care should be taken to exclude other potentially serious neurological conditions. There have been rare reports where patients received sumatriptan for severe headaches that were subsequently shown to have been secondary to an evolving neurological lesion (cerebrovascular accident, subarachnoid hemorrhage). In this regard, it should be noted that migraineurs may be at increased risk of certain cerebrovascular events (e.g., cerebrovascular accident, transient ischemic attack).

Although written instructions are supplied with the autoinjector, patients who are advised to self-administer Imitrex Injection in medically unsupervised situations should receive instruction on the proper use of the product from the physician or other suitably qualified health care professional prior to doing so for the first time. **Information for Patients:** See PATIENT INFORMATION at the end of the product package insert for the text of the separate leaflet provided for patients.

**Laboratory Tests:** No specific laboratory tests are recommended for monitoring patients prior to and/or after treatment with Imitrex Injection.

**Drug Interactions:** There is no evidence that concomitant use of migraine prophylactic medications has any effect on the efficacy or unwanted effects of sumatriptan. In two Phase III trials in the US, a retrospective analysis of 282 patients who had been using prophylactic drugs (verapamil n=63, amitriptyline n=57, propranolol n=94, for 45 other drugs n=123) were compared to those who had not used prophylaxis (n=452). There were no differences in relief rates at 60 minutes postdose for Imitrex Injection, whether or not prophylactic medications were used. There were also no differences in overall adverse event rates between the two groups.

Ergot-containing drugs have been reported to cause prolonged vasospastic reactions. Because there is a theoretical basis that these effects may be additive, use of ergotamine and sumatriptan within 24 hours of each other should be avoided (see CONTRAINDICATIONS).

**Drug/Laboratory Test Interactions:** Imitrex Injection is not known to interfere with commonly employed clinical laboratory tests.

**Carcinogenesis, Mutagenesis, Impairment of Fertility:** In a 104-week lifetime study in rats given sumatriptan by oral gavage, serum concentrations achieved were dose related, ranging at the low dose from approximately twice the peak concentration of the drug after the recommended human subcutaneous dose of 6 mg to more than 100

times this concentration at the high dose. There was no evidence of an increase in tumors considered to be related to sumatriptan administration.

In a 78-week study in which mice received sumatriptan continuously in drinking water, there was no evidence for an increase in tumors considered to be related to sumatriptan administration. That study, however, did not use the maximum tolerated dose and therefore did not fully explore the carcinogenic potential of Imitrex® (sumatriptan succinate) injection in the mouse.

A Segment I rat fertility study by the subcutaneous route has shown no evidence of impaired fertility.

**Pregnancy: Pregnancy Category C:** Sumatriptan has been shown to be embryolethal in rabbits when given in daily doses producing plasma levels 3-fold higher than those attained following a 6-mg subcutaneous injection (i.e., recommended dose) to humans. There is no evidence that establishes that sumatriptan is a human teratogen; however, there are no adequate and well-controlled studies in pregnant women. Imitrex Injection should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

In assessing this information, the following additional findings should be considered.

**Embryolethality:** When given intravenously to pregnant rabbits daily throughout the period of organogenesis, sumatriptan caused embryolethality at doses at or close to those producing maternal toxicity. The mechanism of the embryolethality is not known. At these doses, peak concentrations of drug in plasma were more than 3-fold higher than the range observed in humans after the recommended subcutaneous dose of 6 mg.

The intravenous administration of sumatriptan to pregnant rats throughout organogenesis at doses producing plasma concentrations more than 50 times those seen after the recommended subcutaneous human dose did not cause embryolethality. In a study of pregnant rats given subcutaneous sumatriptan daily prior to and throughout pregnancy, there was no evidence of increased embryo/fetal lethality.

**Teratogenicity:** Term fetuses from Dutch Stride rabbits treated during organogenesis with oral sumatriptan exhibited an increased incidence of cervicothoracic vascular defects and minor skeletal abnormalities. The functional significance of these abnormalities is not known.

In a study in rats dosed daily with subcutaneous sumatriptan prior to and throughout pregnancy, there was no evidence of teratogenicity.

Studies in rats and rabbits evaluating the teratogenic potential of sumatriptan administered subcutaneously only during organogenesis (standard Segment II studies) have not been performed.

**Nursing Mothers:** Sumatriptan is excreted in breast milk in animals. No data exist in humans. Therefore, caution should be exercised when considering the administration of Imitrex Injection to a nursing woman.

**Pediatric Use:** Safety and effectiveness of Imitrex Injection in children have not been established.

**Use in the Elderly:** The safety and effectiveness of Imitrex Injection in individuals over age 65 have not been systematically evaluated. However, the pharmacokinetic disposition of Imitrex Injection in the elderly is similar to that seen in younger adults. No unusual adverse, age-related phenomena have been identified in patients over the age of 60 who participated in clinical trials with Imitrex Injection.

**ADVERSE REACTIONS:** (see also PRECAUTIONS) Sumatriptan may cause coronary vasospasm in patients with a history of coronary artery disease, known to be susceptible to coronary artery vasospasm, and, very rarely, without prior history suggestive of coronary artery disease.

There have been rare reports from countries in which Imitrex® Injection has been marketed of serious and/or life-threatening arrhythmias, including atrial fibrillation, ventricular fibrillation, ventricular tachycardia; myocardial infarction; and marked ischemic ST elevations associated with Imitrex Injection (see WARNINGS). More often, there has been chest discomfort that appeared to represent angina pectoris.

Other untoward clinical events associated with the use of subcutaneous Imitrex Injection are: pain or redness at the injection site, atypical sensations (such as sensations of warmth, cold, tingling or paresthesia, pressure, burning, numbness, tightness, all of which may be localized or generalized), flushing, chest symptoms (pressure, pain, or tightness), fatigue, dizziness, and drowsiness. All these untoward effects are usually transient, although they may be severe in some patients. Transient rises in blood pressure soon after treatment have been recorded.

Among patients in clinical trials of subcutaneous Imitrex injection (n=6,218), up to 3.5% of patients withdrew for reasons related to adverse events.

**Incidence in Controlled Clinical Trials:** The following Table lists adverse events that occurred in two large US, Phase III, placebo-controlled clinical trials following either a single dose of Imitrex Injection or placebo. Only events that occurred at a frequency of 1% or more in Imitrex Injection treatment groups and were at least as frequent as in the placebo group are included in Table.

**Treatment-Emergent Adverse Experience Incidence**

**in Two Large Placebo-Controlled Clinical Trials:**

**Events Reported by at Least 1% of Imitrex Injection Patients**

Adverse Event Type	Percent of Patients Reporting	
	Imitrex Injection 6 mg SC n=547	Placebo n=370
Atypical sensations	42.0	9.2
Tingling	13.5	3.0
Warm/hot sensation	10.8	3.5
Burning sensation	7.5	0.3
Feeling of heaviness	7.3	1.1
Pressure sensation	7.1	1.6
Feeling of tightness	5.1	0.3
Numbness	4.6	2.2
Feeling strange	2.2	0.3
Tight feeling in head	2.2	0.3
Cold sensation	1.1	0.5
Cardiovascular		
Flushing	6.6	2.4
Chest discomfort	4.5	1.4
Tightness in chest	2.7	0.5
Pressure in chest	1.8	0.3

Adverse Event Type	Percent of Patients Reporting	
	Imitrex Injection 6 mg SC n=547	Placebo n=370
Ear, nose, and throat		
Throat discomfort	3.3	0.5
Discomfort: nasal cavity/sinuses	2.2	0.3
Eye		
Vision alterations	1.1	0.0
Gastrointestinal		
Abdominal discomfort	1.3	0.8
Dysphagia	1.1	0.0
Injection site reaction	58.7	23.8
Miscellaneous		
Jaw discomfort	1.8	0.0
Mouth and teeth		
Discomfort of mouth/tongue	4.9	4.6
Musculoskeletal		
Weakness	4.9	0.3
Neck pain/stiffness	4.8	0.5
Myalgia	1.8	0.5
Muscle cramp(s)	1.1	0.0
Neurological		
Dizziness/vertigo	11.9	4.3
Drowsiness/sedation	2.7	2.2
Headache	2.2	0.3
Anxiety	1.1	0.5
Malaise/fatigue	1.1	0.8
Skin		
Sweating	1.6	1.1

The sum of the percentages cited is greater than 100% because patients may experience more than one type of adverse event. Only events that occurred at a frequency of 1% or more in Imitrex® (sumatriptan succinate) injection treatment groups and were at least as frequent as in the placebo groups are included.

**Other Events Observed in Association With the Administration of Imitrex Injection:** In the paragraphs that follow, the frequencies of less commonly reported adverse clinical events are presented. Because the reports cite events observed in open and uncontrolled studies, the role of Imitrex Injection in their causation cannot be reliably determined. Furthermore, variability associated with reporting requirements, the terminology used to describe adverse events, etc., limit the value of the quantitative frequency estimates provided.

Event frequencies are calculated as the number of patients reporting an event divided by the total number of patients (n=6,218) exposed to subcutaneous Imitrex Injection. Given their imprecision, frequencies for specific adverse event occurrences are defined as follows: "infrequent" indicates a frequency estimated as falling between 1/1,000 and 1/100; "rare," a frequency less than 1/1,000.

**Cardiovascular:** Infrequent were hypertension, hypotension, bradycardia, tachycardia, palpitations, pulsating sensations, various transient ECG changes (nonspecific ST or T wave changes, prolongation of PR or QTc intervals, sinus arrhythmia, nonsustained ventricular premature beats, isolated junctional ectopic beats, atrial ectopic beats, delayed activation of the right ventricle), and syncope. Rare were pallor, arrhythmia, abnormal pulse, vasodilatation, and Raynaud's syndrome.

**Endocrine and Metabolic:** Infrequent was thirst. Rare were polydipsia and dehydration.

**Eye:** Infrequent was irritation of the eye.

**Gastrointestinal:** Infrequent were gastroesophageal reflux, diarrhea, and disturbances of liver function tests. Rare were peptic ulcer, retching, flatulence/eructation, and gallstones.

**Musculoskeletal:** Infrequent were various joint disturbances (pain, stiffness, swelling, ache). Rare were muscle stiffness, need to flex calf muscles, backache, muscle tiredness, and swelling of the extremities.

**Neurological:** Infrequent were mental confusion, euphoria, agitation, relaxation, chills, sensation of lightness, tremor, shivering, disturbances of taste, pricking sensations, paresthesia, stinging sensations, headaches, facial pain, photophobia, and lacrimation. Rare were transient hemiplegia, hysteria, globus hystericus, intoxication, depression, myoclonia, monoplegia/diplegia, sleep disturbance, difficulties in concentration, disturbances of smell, hyperesthesia, dysesthesia, simultaneous hot and cold sensations, tickling sensations, dysarthria, yawning, reduced appetite, hunger, and dystonia.

**Respiratory:** Infrequent was dyspnea. Rare were influenza, diseases of the lower respiratory tract, and hiccoughs.

**Dermatological:** Rare were erythema, pruritus, and skin rashes and eruptions. Rare was skin tenderness.

**Urogenital:** Rare were dysuria, frequency, dysmenorrhea, and renal calculus.

**Miscellaneous:** Infrequent were miscellaneous laboratory abnormalities, including minor disturbances in liver function tests, "serotonin agonist effect," and hypersensitivity to various agents. Rare was fever.

**Postmarketing Experience:** Frequency and causality for sumatriptan are not established for many of the following reports, which come from worldwide postmarketing experience: Episodes of Prinzmetal's angina, myocardial infarction, acute renal failure, seizure, cerebrovascular accident, dysphasia, subarachnoid hemorrhage, and arrhythmias (atrial fibrillation, ventricular fibrillation, and ventricular tachycardia). Hypersensitivity to Imitrex Injection has been reported, including anaphylactoid reactions, rash, urticaria, pruritus, erythema, and shortness of breath.

**DRUG ABUSE AND DEPENDENCE:** The abuse potential of Imitrex® Injection cannot be fully delineated in advance of extensive marketing experience. One clinical study enrolling 12 patients with a history of substance abuse failed to induce subjective behavior and/or physiologic response ordinarily associated with drugs that have an established potential for abuse.

**CERENEX**  
PHARMACEUTICALS  
Division of Glaxo Inc.  
Research Triangle Park, NC 27709



# Just how powerful is it?

The vast majority of patients on PLENDIL receive prescriptions for 5 mg, once daily.\*

PLENDIL provides a gradual onset of action for continuous 24-hour blood-pressure control in many patients.

And, PLENDIL is suited to a broad range of your hypertensive patients — including many with concomitant disorders, such as: hypercholesterolemia, diabetes, impaired renal function, COPD, or asthma.

PLENDIL. A highly effective calcium channel blocker for blood pressure control.

Generally well tolerated at usual doses.†



## Plendil®

*(felodipine)* Tablets,  
5 mg, 10 mg

**Because you consider the whole patient.**

\*1993 IMS NDTI Prescription Data.

†Peripheral edema, generally mild, was the most common adverse event in clinical trials.

PLENDIL is contraindicated in patients who are hypersensitive to this product. Please see brief summary of Prescribing Information on page following next page.

**A/M GROUP**  
of MERCK & CO., INC.





FRASER



## BRIEF SUMMARY

### TABLETS

**PLENDIL®**  
(FELODIPINE)

EXTENDED-RELEASE TABLETS

### INDICATIONS AND USAGE

PLENDIL® is indicated for the treatment of hypertension. PLENDIL may be used alone or concomitantly with other antihypertensive agents.

### CONTRAINDICATIONS

PLENDIL is contraindicated in patients who are hypersensitive to this product.

### PRECAUTIONS

#### General

**Hypotension:** Felodipine, like other calcium antagonists, may occasionally precipitate significant hypotension and rarely syncope. It may lead to reflex tachycardia which in susceptible individuals may precipitate angina pectoris. (See ADVERSE REACTIONS.)

**Heart Failure:** Although acute hemodynamic studies in a small number of patients with NYHA Class II or III heart failure treated with felodipine have not demonstrated negative inotropic effects, safety in patients with heart failure has not been established. Caution therefore should be exercised when using PLENDIL in patients with heart failure or compromised ventricular function, particularly in combination with a beta blocker.

**Elderly Patients or Patients with Impaired Liver Function:** Patients over 65 years of age or patients with impaired liver function may have elevated plasma concentrations of felodipine and may therefore respond to lower doses of PLENDIL. These patients should have their blood pressure monitored closely during dosage adjustment of PLENDIL and should rarely require doses above 10 mg. (See CLINICAL PHARMACOLOGY and DOSAGE AND ADMINISTRATION sections of complete Prescribing Information.)

**Peripheral Edema:** Peripheral edema, generally mild and not associated with generalized fluid retention, was the most common adverse event in the clinical trials. The incidence of peripheral edema was both dose- and age-dependent. Frequency of peripheral edema ranged from about 10 percent in patients under 50 years of age taking 5 mg daily to about 30 percent in those over 60 years of age taking 20 mg daily. This adverse effect generally occurs within 2-3 weeks of the initiation of treatment.

#### Information for Patients

Patients should be instructed to take PLENDIL whole and not to crush or chew the tablets. They should be told that mild gingival hyperplasia (gum swelling) has been reported. Good dental hygiene decreases its incidence and severity.

**NOTE:** As with many other drugs, certain advice to patients being treated with PLENDIL is warranted. This information is intended to aid in the safe and effective use of this medication. It is not a disclosure of all possible adverse or intended effects.

#### Drug Interactions

**Beta-Blocking Agents:** A pharmacokinetic study of felodipine in conjunction with metoprolol demonstrated no significant effects on the pharmacokinetics of felodipine. The AUC and C<sub>max</sub> of metoprolol, however, were increased approximately 31 and 38 percent, respectively. In controlled clinical trials, however, beta blockers including metoprolol were concurrently administered with felodipine and were well tolerated.

**Cimetidine:** In healthy subjects pharmacokinetic studies showed an approximately 50 percent increase in the area under the plasma concentration time curve (AUC) as well as the C<sub>max</sub> of felodipine when given concomitantly with cimetidine. It is anticipated that a clinically significant interaction may occur in some hypertensive patients. Therefore, it is recommended that low doses of PLENDIL be used when given concomitantly with cimetidine.

**Digoxin:** When given concomitantly with felodipine the peak plasma concentration of digoxin was significantly increased. There was, however, no significant change in the AUC of digoxin.

**Anticonvulsants:** In a pharmacokinetic study, maximum plasma concentrations of felodipine were considerably lower in epileptic patients on long-term anticonvulsant therapy (e.g., phenytoin, carbamazepine, or phenobarbital) than in healthy volunteers. In such patients, the mean area under the felodipine plasma concentration-time curve was also reduced to approximately six percent of that observed in healthy volunteers. Since a clinically significant interaction may be anticipated, alternative antihypertensive therapy should be considered in these patients.

**Other Concomitant Therapy:** In healthy subjects there were no clinically significant interactions when felodipine was given concomitantly with indomethacin or spironolactone.

**Interaction with Food:** See CLINICAL PHARMACOLOGY, Pharmacokinetics and Metabolism section of complete Prescribing Information.

#### Carcinogenesis, Mutagenesis, Impairment of Fertility

In a two-year carcinogenicity study in rats fed felodipine at doses of 7.7, 23.1 or 69.3 mg/kg/day (up to 28 times the maximum recommended human dose on a mg/m<sup>2</sup> basis), a dose-related increase in the incidence of benign interstitial cell tumors of the testes (Leydig cell tumors) was observed in treated male rats. These tumors were not observed in a similar study in mice at doses up to 138.6 mg/kg/day (28 times the maximum recommended human dose on a mg/m<sup>2</sup> basis). Felodipine, at the doses employed in the two-year rat study, has been shown to lower testicular testosterone and to produce a corresponding increase in serum luteinizing hormone in rats. The Leydig cell tumor development is possibly secondary to these hormonal effects which have not been observed in man.

In this same rat study a dose-related increase in the incidence of focal squamous cell hyperplasia compared to control was observed in the esophageal groove of male and female rats in all dose groups. No other drug-related esophageal or gastric pathology was observed in the rats or with chronic administration in mice and dogs. The latter

species, like man, has no anatomical structure comparable to the esophageal groove.

Felodipine was not carcinogenic when fed to mice at doses of up to 138.6 mg/kg/day (28 times the maximum recommended human dose on a mg/m<sup>2</sup> basis) for periods of up to 80 weeks in males and 99 weeks in females.

Felodipine did not display any mutagenic activity *in vitro* in the Ames microbial mutagenicity test or in the mouse lymphoma forward mutation assay. No clastogenic potential was seen *in vivo* in the mouse micronucleus test at oral doses up to 2500 mg/kg (506 times the maximum recommended human dose on a mg/m<sup>2</sup> basis) or *in vitro* in a human lymphocyte chromosome aberration assay.

A fertility study in which male and female rats were administered doses of 3.8, 9.6 or 26.9 mg/kg/day showed no significant effect of felodipine on reproductive performance.

#### Pregnancy

##### Pregnancy Category C

**Teratogenic Effects:** Studies in pregnant rabbits administered doses of 0.46, 1.2, 2.3 and 4.6 mg/kg/day (from 0.4 to 4 times the maximum recommended human dose on a mg/m<sup>2</sup> basis) showed digital anomalies consisting of reduction in size and degree of ossification of the terminal phalanges in the fetuses. The frequency and severity of the changes appeared dose-related and were noted even at the lowest dose. These changes have been shown to occur with other members of the dihydropyridine class and are possibly a result of compromised uterine blood flow. Similar fetal anomalies were not observed in rats given felodipine.

In a teratology study in cynomolgus monkeys no reduction in the size of the terminal phalanges was observed but an abnormal position of the distal phalanges was noted in about 40 percent of the fetuses.

**Nonteratogenic Effects:** A prolongation of parturition with difficult labor and an increased frequency of fetal and early postnatal deaths were observed in rats administered doses of 9.6 mg/kg/day (4 times the maximum human dose on a mg/m<sup>2</sup> basis) and above.

Significant enlargement of the mammary glands in excess of the normal enlargement for pregnant rabbits was found with doses greater than or equal to 1.2 mg/kg/day (equal to the maximum human dose on a mg/m<sup>2</sup> basis). This effect occurred only in pregnant rabbits and regressed during lactation. Similar changes in the mammary glands were not observed in rats or monkeys.

There are no adequate and well-controlled studies in pregnant women. If felodipine is used during pregnancy, or if the patient becomes pregnant while taking this drug, she should be apprised of the potential hazard to the fetus, possible digital anomalies of the infant, and the potential effects of felodipine on labor and delivery, and on the mammary glands of pregnant females.

#### Nursing Mothers

It is not known whether this drug is secreted in human milk and because of the potential for serious adverse reactions from felodipine in the infant, a decision should be made whether to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother.

#### Pediatric Use

Safety and effectiveness in children have not been established.

### ADVERSE REACTIONS

In controlled studies in the United States and overseas approximately 3000 patients were treated with felodipine as either the extended-release or the immediate-release formulation.

The most common clinical adverse experiences reported with PLENDIL® (felodipine) administered as monotherapy in all settings and with all dosage forms of felodipine were peripheral edema and headache. Peripheral edema was generally mild, but it was age- and dose-related and resulted in discontinuation of therapy in about 4 percent of the enrolled patients. Discontinuation of therapy due to any clinical adverse experience occurred in about 9 percent of the patients receiving PLENDIL, principally for peripheral edema, headache, or flushing.

Adverse experiences that occurred with an incidence of 1.5 percent or greater during monotherapy with PLENDIL without regard to causality are compared to placebo in the table below.

Percent of Patients with Adverse Effects in Controlled Trials of PLENDIL as Monotherapy (Incidence of discontinuations shown in parentheses)

Adverse Effect	PLENDIL® N = 730	Placebo % N = 283
Peripheral Edema	22.3 (4.2)	3.5
Headache	18.6 (2.1)	10.6
Flushing	6.4 (1.0)	1.1
Dizziness	5.8 (0.8)	3.2
Upper Respiratory		
Infection	5.5 (0.1)	1.1
Asthma	4.7 (0.1)	2.8
Cough	2.9 (0.0)	0.4
Paresthesia	2.5 (0.1)	1.8
Dyspepsia	2.3 (0.0)	1.4
Chest Pain	2.1 (0.1)	1.4
Nausea	1.9 (0.8)	1.1
Muscle Cramps	1.9 (0.0)	1.1
Palpitation	1.8 (0.5)	2.5
Abdominal Pain	1.8 (0.3)	1.1
Constipation	1.6 (0.1)	1.1
Diarrhea	1.6 (0.1)	1.1
Pharyngitis	1.6 (0.0)	0.4
Rhinorrhea	1.6 (0.0)	0.0
Back Pain	1.6 (0.0)	1.1
Rash	1.5 (0.1)	1.1

In the two dose response studies using PLENDIL as monotherapy, the following table describes the incidence (percent) of adverse expe-

riences that were dose-related. The incidence of discontinuations due to these adverse experiences are shown in parentheses.

Adverse Effect	Placebo N = 121	2.5 mg N = 71	5.0 mg N = 72	10.0 mg N = 123	20 mg N = 50
Peripheral Edema	2.5 (1.6)	1.4 (0.0)	13.9 (2.8)	19.5 (2.4)	36.0 (10.0)
Palpitation	0.8 (0.8)	1.4 (0.0)	0.0 (0.0)	2.4 (0.8)	12.0 (8.0)
Headache	12.4 (0.0)	11.3 (1.4)	11.1 (0.0)	18.7 (4.1)	28.0 (18.0)
Flushing	0.0 (0.0)	4.2 (0.0)	2.8 (0.0)	8.1 (0.8)	20.0 (8.0)

In addition, adverse experiences that occurred in 0.5 up to 1.5 percent of patients who received PLENDIL® (felodipine) in all controlled clinical studies (listed in order of decreasing severity within each category) and serious adverse events that occurred at a lower rate or were found during marketing experience (those lower rate events are in italics) were: **Body as a Whole:** Facial edema, warm sensation; **Cardiovascular:** Tachycardia, myocardial infarction, hypotension, syncope, angina pectoris, arrhythmia; **Digestive:** Vomiting, dry mouth, flatulence; **Hematologic:** Anemia; **Musculoskeletal:** Arthralgia, arm pain, knee pain, leg pain, foot pain, hip pain, myalgia; **Nervous/Psychiatric:** Depression, anxiety disorders, insomnia, irritability, nervousness, somnolence; **Respiratory:** Bronchitis, influenza, sinusitis, dyspnea, epistaxis, respiratory infection, sneezing; **Skin:** Contusion, erythema, urticaria; **Urogenital:** Decreased libido, impotence, urinary frequency, urinary urgency, dysuria.

Felodipine, as an immediate release formulation, has also been studied as monotherapy in 680 patients with hypertension in U.S. and overseas controlled clinical studies. Other adverse experiences not listed above and with an incidence of 0.5 percent or greater include: **Body as a Whole:** Fatigue; **Digestive:** Gastrointestinal pain; **Musculoskeletal:** Arthritis, local weakness, neck pain, shoulder pain, ankle pain; **Nervous/Psychiatric:** Tremor; **Respiratory:** Rhinitis; **Skin:** Hyperhidrosis, pruritus; **Special Senses:** Blurred vision, tinnitus; **Urogenital:** Nocturia.

**Gingival Hyperplasia:** Gingival hyperplasia, usually mild, occurred in <0.5 percent of patients in controlled studies. This condition may be avoided or may regress with improved dental hygiene. (See PRECAUTIONS, Information for Patients.)

#### Clinical Laboratory Test Findings

**Serum Electrolytes:** No significant effects on serum electrolytes were observed during short- and long-term therapy.

**Serum Glucose:** No significant effects on fasting serum glucose were observed in patients treated with PLENDIL in the U.S. controlled study.

**Liver Enzymes:** One of two episodes of elevated serum transaminases decreased once drug was discontinued in clinical studies; no follow-up was available for the other patient.

### OVERDOSAGE

Oral doses of 240 mg/kg and 264 mg/kg in male and female mice, respectively and 2390 mg/kg and 2250 mg/kg in male and female rats, respectively, caused significant lethality.

In a suicide attempt, one patient took 150 mg felodipine together with 15 tablets each of atenolol and spironolactone and 20 tablets of nitrazepam. The patient's blood pressure and heart rate were normal on admission to hospital; he subsequently recovered without significant sequelae.

Overdosage might be expected to cause excessive peripheral vasodilation with marked hypotension and possibly bradycardia.

If severe hypotension occurs, symptomatic treatment should be instituted. The patient should be placed supine with the legs elevated. The administration of intravenous fluids may be useful to treat hypotension due to overdosage with calcium antagonists. In case of accompanying bradycardia, atropine (0.5-1 mg) should be administered intravenously. Sympathomimetic drugs may also be given if the physician feels they are warranted.

It has not been established whether felodipine can be removed from the circulation by hemodialysis.

### DOSAGE AND ADMINISTRATION

The recommended initial dose is 5 mg once a day. Therapy should be adjusted individually according to patient response, generally at intervals of not less than two weeks. The usual dosage range is 5-10 mg once daily. The maximum recommended daily dose is 20 mg once a day. That dose in clinical trials showed an increased blood pressure response but a large increase in the rate of peripheral edema and other vasodilatory adverse events (see ADVERSE REACTIONS). Modification of the recommended dosage is usually not required in patients with renal impairment.

PLENDIL should be swallowed whole and not crushed or chewed.

**Use in the Elderly or Patients with Impaired Liver Function:** Patients over 65 years of age or patients with impaired liver function, because they may develop higher plasma concentrations of felodipine, should have their blood pressure monitored closely during dosage adjustment (see PRECAUTIONS). In general, doses above 10 mg should not be considered in these patients.

**AM GROUP**  
OF MERCK & CO., INC.

For more detailed information, consult your Astra/Merck Specialist or see complete Prescribing Information.  
Astra/Merck Group of Merck & Co., Inc.  
725 Chesterbrook Boulevard, Wayne, PA 19087

PLENDIL is a product of Astra/Merck Research  
Copyright ©1994 by Astra/Merck Group of Merck & Co., Inc.  
All rights reserved  
7650203

3000-0475/93/12-09/Pp1





Here we go again. Another new NSAID.

Is it stronger? Safer? Based on what?

I've heard about micro-this and endo-

that. But if it's not clinically significant,

I'm not interested. I've seen the proof

in my practice. I see it every day.

Contraindicated in patients hypersensitive to naproxen, aspirin, or other NSAIDs. As with other NSAIDs, the most frequent adverse events are gastrointestinal. With chronic NSAID therapy, serious GI toxicity such as bleeding, ulceration, and perforation can occur. Rare hepatic and renal reactions have been reported.

*keep doing it  
with* **NAPROSYN<sup>®</sup>**  
**(NAPROXEN) 500 mg tablets**

Also available in 375 and 250 mg tablets and in suspension 125 mg/5 mL

Please see brief summary of full prescribing information on adjacent page.

©1994 Syntex Puerto Rico, Inc. NP94016



# NAPROSYN<sup>®</sup>

(NAPROXEN) 500 mg tablets

## Brief Summary:

**Contraindications:** Patients who have had allergic reactions to NAPROSYN, ANAPROX or ANAPROX DS or in whom aspirin or other NSAIDs induce the syndrome of asthma, rhinitis, and nasal polyps. Because anaphylactic reactions usually occur in patients with a history of such reactions, question patients for asthma, nasal polyps, urticaria, and hypotension associated with NSAIDs before starting therapy. If such symptoms occur, discontinue the drug. **Warnings:** Serious GI toxicity such as bleeding, ulceration, and perforation can occur at any time, with or without warning symptoms, in patients treated chronically with NSAIDs. Remain alert for ulceration and bleeding in such patients even in the absence of previous GI tract symptoms. In clinical trials, symptomatic upper GI ulcers, gross bleeding or perforation appear to occur in approximately 1% of patients treated for 3-6 months, and in about 2-4% of patients treated for one year. Inform patients about the signs and/or symptoms of serious GI toxicity and what steps to take if they occur. Studies have not identified any subset of patients not at risk of developing peptic ulceration and bleeding. Except for a prior history of serious GI events and other risk factors known to be associated with peptic ulcer disease, such as alcoholism, smoking, etc., no risk factors (e.g., age, sex) have been associated with increased risk. Elderly or debilitated patients seem to tolerate ulceration or bleeding less well than others and most spontaneous reports of fatal GI events are in this population. In considering the use of relatively large doses (within the recommended dosage range), sufficient benefit should be anticipated to offset the potential increased risk of GI toxicity. **Precautions:** DO NOT GIVE NAPROSYN<sup>®</sup> (NAPROXEN) CONCOMITANTLY WITH ANAPROX<sup>®</sup> (NAPROXEN SODIUM) OR ANAPROX<sup>®</sup> DS (NAPROXEN SODIUM) SINCE THEY BOTH CIRCULATE IN PLASMA AS THE NAPROXEN ANION. Acute interstitial nephritis with hematuria, proteinuria, and nephrotic syndrome has been reported. Patients with impaired renal function, heart failure, liver dysfunction, patients taking diuretics, and the elderly are at greater risk of overt renal decompensation. If this occurs, discontinue the drug. Use with caution and monitor serum creatinine and/or creatinine clearance in patients with significantly impaired renal function. Use caution in patients with baseline creatinine clearance less than 20 mL/minute. Use the lowest effective dose in the elderly or in patients with chronic alcoholic liver disease or cirrhosis. With NSAIDs, borderline elevations of liver tests may occur in up to 15% of patients. They may progress, remain unchanged, or be transient with continued therapy. Elevations of SGPT or SGOT occurred in controlled clinical trials in less than 1% of patients. Severe hepatic reactions, including jaundice and fatal hepatitis, have been reported rarely. If liver disease develops or if systemic manifestations occur (e.g., eosinophilia or rash), discontinue therapy. If steroid dosage is reduced or eliminated during therapy, do so slowly and observe patients closely for adverse effects, including adrenal insufficiency and exacerbation of arthritis symptoms. Determine hemoglobin values periodically for patients with initial values of 10 grams or less who receive long-term therapy. Peripheral edema has been reported. Therefore, use with caution in patients with fluid retention, hypertension or heart failure. The drug's antipyretic and anti-inflammatory activities may reduce fever and inflammation, diminishing their diagnostic value. Conduct ophthalmic studies if any change or disturbance in vision occurs. For patients with restricted sodium intake, note that the suspension contains 8 mg/mL of sodium. **Information for Patients:** Side effects of NSAIDs can cause discomfort and, rarely, there are more serious side effects, such as GI bleeding, which may result in hospitalization and even fatal outcomes. Physicians may wish to discuss with patients the potential risks and likely benefits of NSAID treatment, particularly when they are used for less serious conditions where treatment without NSAIDs may be an acceptable alternative. Patients should use caution for activities requiring alertness if they experience drowsiness, dizziness, vertigo or depression during therapy. **Laboratory Tests:** Because serious GI tract ulceration and bleeding can occur without warning symptoms, follow chronically treated patients for signs and symptoms of these and inform them of the importance of this follow-up. **Drug Interactions:** Use caution when giving concomitantly with coumarin-type anticoagulants; a hydantoin, sulfonamide or sulfonamide, furosemide, lithium, beta-blockers; probenecid, or methotrexate. **Drug/Laboratory Test Interactions:** The drug may decrease platelet aggregation and prolong bleeding time or increase urinary values for 17-ketogenic steroids. Temporarily stop therapy for 72 hours before doing adrenal function tests. The drug may interfere with urinary assays of 5HIAA. **Carcinogenesis:** A 2-year rat study showed no evidence of carcinogenicity. **Pregnancy:** Category B. Do not use during pregnancy unless clearly needed. Avoid use during late pregnancy. **Nursing Mothers:** Avoid use in nursing mothers. **Pediatric Use:** Single doses of 2.5-5 mg/kg, with total daily dose not exceeding 15 mg/kg/day, are safe in children over 2 years of age. **Adverse Reactions:** In a study, GI reactions were more frequent and severe in rheumatoid arthritis patients on 1,500 mg/day than in those on 750 mg/day. In studies in children with juvenile arthritis, rash and prolonged bleeding times were more frequent. GI and CNS reactions about the same, and other reactions less frequent than in adults. Incidence Greater Than 1%; Probable Causal Relationship: GI: The most frequent complaints related to the GI tract: constipation, heartburn, abdominal pain, nausea, dyspepsia, diarrhea, stomatitis. CNS: headache, dizziness, drowsiness, light-headedness, vertigo. Dermatologic: itching (pruritus), skin eruptions, ecchymoses, sweating, purpura. Special Senses: tinnitus, hearing disturbances, visual disturbances. Cardiovascular: edema, dyspnea, palpitations. General: thirst. Incidence Less Than 1%; Probable Causal Relationship: GI: abnormal liver function tests, colitis, GI bleeding and/or perforation, hematemesis, jaundice, melena, peptic ulceration with bleeding and/or perforation, vomiting. Renal: glomerular nephritis, hematuria, hyperkalemia, interstitial nephritis, nephrotic syndrome, renal disease, renal failure, renal papillary necrosis. Hematologic: agranulocytosis, eosinophilia, granulocytopenia, leukopenia, thrombocytopenia. CNS: depression, dream abnormalities, inability to concentrate, insomnia, malaise, myalgia and muscle weakness. Dermatologic: alopecia, photosensitive dermatitis, skin rashes. Special Senses: hearing impairment. Cardiovascular: congestive heart failure. Respiratory: eosinophilic pneumonitis. General: anaphylactoid reactions, menstrual disorders, pyrexia (chills and fever). Causal Relationship Unknown: Hematologic: aplastic anemia, hemolytic anemia. CNS: aseptic meningitis, cognitive dysfunction. Dermatologic: epidermal necrolysis, erythema multiforme, photosensitivity reactions resembling porphyria cutanea tarda and epidermolysis bullosa, Stevens-Johnson syndrome, urticaria. GI: non-peptic GI ulceration, ulcerative stomatitis. Cardiovascular: vasculitis. General: angioneurotic edema, hyperglycemia, hypoglycemia. **Overdosage:** May have dizziness, heartburn, indigestion, nausea, vomiting. A few patients have had seizures. Empty stomach and use usual supportive measures. In animals 0.5 g/kg of activated charcoal reduced plasma levels of naproxen. **Caution:** Federal law prohibits dispensing without prescription. See package insert for full Prescribing Information.

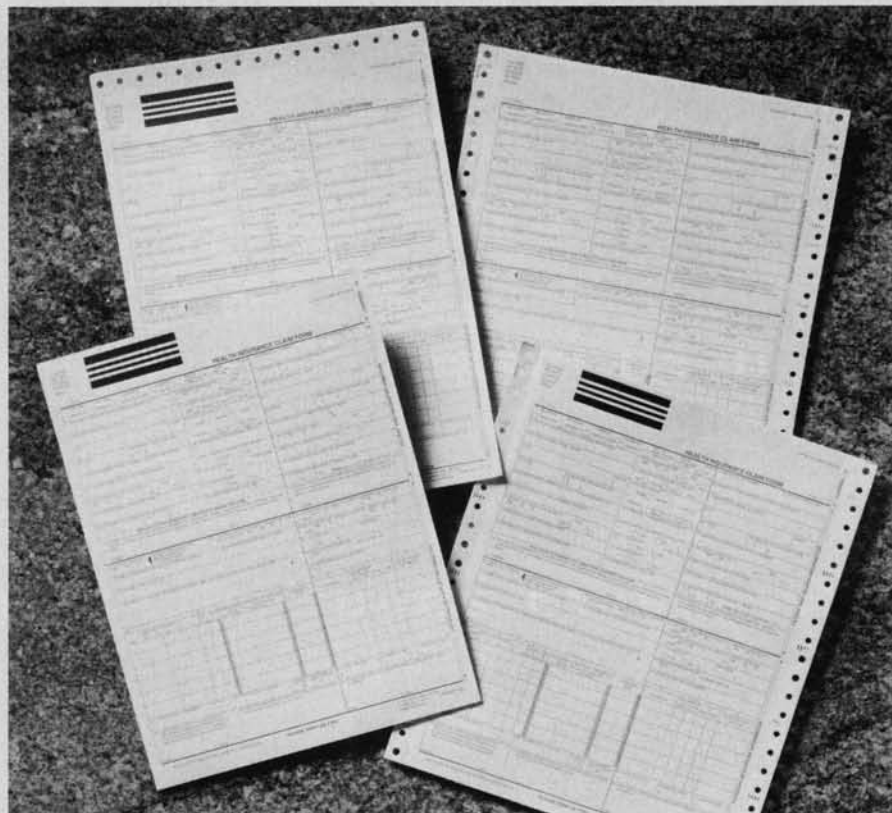
\* Incidence of reported reaction 3%-9%.

Where unmarked, incidence less than 3%.



U.S. patent nos. 3,904,682, 3,998,966 and others.

©1991 Syntex Puerto Rico, Inc. Rev. 39 September 1990



## Government-approved AMA claim forms give you flexibility and value

Whatever your insurance claim form needs, you can count on the AMA for affordability, selection and quality. We have everything from convenience packs for small volume users to special forms for large volume users.

**Single Form/Convenience Pack.** 250, 1-page single forms per package, Kodak bar code, laser printer compatible. Single sheet, not padded.

Order #: OP050692JZ

AMA member price: \$17.95/package

Nonmember price: \$21.95/package

**Single Form.** 1-page, 1000 carton, Kodak bar code, laser printer compatible. Single sheet, not padded.

Order #: OP050192JZ

AMA member price: \$34.95/carton

Nonmember price: \$43.95/carton

**Snap-out Form.** 2-part NCR, 1000 carton, Kodak bar code.

Order #: OP050292JZ

AMA member price: \$49.95/carton

Nonmember price: \$59.95/carton

**Continuous Form with Bar Code.** 2-part NCR with pinfeeds for computer printers, 1000 carton, Kodak bar code.

Order #: OP050392JZ

AMA member price: \$55.95/carton

Nonmember price: \$67.95/carton

**Continuous Form without Bar Code.** 2-part NCR with pinfeeds for computer printers, 1000 carton, no bar code.

Order #: OP050592JZ

AMA member price: \$55.95/carton

Nonmember price: \$67.95/carton

**To order, call toll free  
800 621-8335**

MasterCard, VISA, American Express, and Optima accepted.

State sales taxes and shipping/handling charges apply.

## American Medical Association

Physicians dedicated to the health of America





Once-A-Day

# Adalat<sup>®</sup>CC

nifedipine EXTENDED  
RELEASE  
TABLETS

30mg, 60mg & 90mg

## Real Value for Real People with Hypertension

### Real Therapeutic Value

- The benefits of long-acting nifedipine therapy for hypertension\*<sup>1</sup>

### Real Human Value

- Convenient, well-tolerated therapy
- Peripheral edema and headache were the most common dose-related adverse events reported; flushing/heat sensation, dizziness, and fatigue/asthenia were all reported at an incidence of 4%

### Real Economic Value

- Lower price (AWP) than Procardia XL<sup>®</sup> 30 mg, 60 mg and 90 mg—**potential 25% savings**<sup>†2</sup>

\*Not indicated for angina. Take on an empty stomach. Careful titration may be necessary when switching between Procardia XL<sup>®</sup> and Adalat<sup>®</sup> CC. Procardia XL is a registered trademark of Pfizer Labs Division, Pfizer Inc.

<sup>†</sup>Calculations based on suggested Average Wholesale Price (AWP).

Please see brief summary of Prescribing Information on back of this page.

### Candidate Profile

Name ..... Steven P.  
Age ..... 67  
Residence ..... Minneapolis  
Pretreatment BP ..... 172/94  
Marital Status ..... single  
Health Ins ..... Medicare

**“Save as much as \$111<sup>†</sup> a year?  
I could afford to paint the apartment.”**



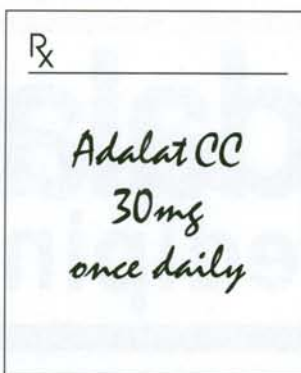
Once-A-Day

# Adalat<sup>®</sup>CC

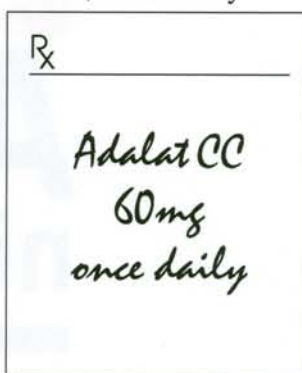
EXTENDED  
RELEASE  
nifedipine  
TABLETS

30mg, 60mg & 90mg

Start with\*



Titrate, if necessary\*



\*Please see DOSAGE AND ADMINISTRATION section in brief summary of Prescribing Information below.

### BRIEF SUMMARY CONSULT PACKAGE INSERT FOR FULL PRESCRIBING INFORMATION For Oral Use

PZ100744BS

5/93

**INDICATION AND USAGE:** ADALAT CC is indicated for the treatment of hypertension. It may be used alone or in combination with other antihypertensive agents.

**CONTRAINDICATIONS:** Known hypersensitivity to nifedipine.

**WARNINGS: Excessive Hypotension:** Although in most patients the hypotensive effect of nifedipine is modest and well tolerated, occasional patients have had excessive and poorly tolerated hypotension. These responses have usually occurred during initial titration or at the time of subsequent upward dosage adjustment, and may be more likely in patients using concomitant beta-blockers.

Severe hypotension and/or increased fluid volume requirements have been reported in patients who received immediate release capsules together with a beta-blocking agent and who underwent coronary artery bypass surgery using high dose fentanyl anesthesia. The interaction with high dose fentanyl appears to be due to the combination of nifedipine and a beta-blocker, but the possibility that it may occur with nifedipine alone, with low doses of fentanyl, in other surgical procedures, or with other narcotic analgesics cannot be ruled out. In nifedipine-treated patients where surgery using high dose fentanyl anesthesia is contemplated, the physician should be aware of these potential problems and, if the patient's condition permits, sufficient time (at least 36 hours) should be allowed for nifedipine to be washed out of the body prior to surgery.

**Increased Angina and/or Myocardial**

**Infarction:** Rarely, patients, particularly those who have severe obstructive coronary artery disease, have developed well documented increased frequency, duration and/or severity of angina or acute myocardial infarction upon starting nifedipine or at the time of dosage increase. The mechanism of this effect is not established.

**Beta-Blocker Withdrawal:** When discontinuing a beta-blocker it is important to taper its dose, if possible, rather than stopping abruptly before beginning nifedipine. Patients recently withdrawn from beta blockers may develop a withdrawal syndrome with increased angina, probably related to increased sensitivity to catecholamines. Initiation of nifedipine treatment will not prevent this occurrence and on an occasion has been reported to increase it.

**Congestive Heart Failure:** Rarely, patients (usually while receiving a beta-blocker) have developed heart failure after beginning nifedipine. Patients with high aortic stenosis may be at greater risk for such an event, as the unloading effect of nifedipine would be expected to be of less benefit to these patients, owing to their fixed impedance to flow across the aortic valve.

**PRECAUTIONS: General - Hypotension:** Because nifedipine decreases peripheral vascular resistance, careful monitoring of blood pressure during the initial administration and titration of ADALAT CC is suggested. Close observation is especially recommended for patients already taking medications that are known to lower blood pressure (See WARNINGS).

**Peripheral Edema:** Mild to moderate peripheral edema occurs in a dose-dependent manner with ADALAT CC. The placebo subtracted rate is approximately 8% at 30 mg, 12% at 60 mg and 19% at 90 mg daily. This edema is a localized phenomenon, thought to be associated with vasodilation of dependent arterioles and small blood vessels and not due to left ventricular dysfunction or generalized fluid retention. With patients whose hypertension is complicated by congestive heart failure, care should be taken to differentiate this peripheral edema from the effects of increasing left ventricular dysfunction.

**Information for Patients:** ADALAT CC is an extended release tablet and should be swallowed whole and taken on an empty stomach. It should not be administered with food. Do not chew, divide or crush tablets.

**Laboratory Tests:** Rare, usually transient, but occasionally significant elevations of enzymes such as alkaline phosphatase, CPK, LDH, SGOT, and SGPT have been noted. The relationship to nifedipine therapy is uncertain in most cases, but probable in some. These laboratory abnormalities have rarely been associated with clinical symptoms; however, cholestasis with or without jaundice has been reported. A small increase (<5%) in mean alkaline phosphatase was noted in patients treated with ADALAT CC. This was an isolated finding and it rarely resulted in values which fell outside the normal range. Rare instances of allergic hepatitis have been reported with nifedipine treatment. In controlled studies, ADALAT CC did not adversely affect serum uric acid, glucose, cholesterol or potassium.

Nifedipine, like other calcium channel blockers, decreases platelet aggregation *in vitro*. Limited clinical studies have demonstrated a moderate but statistically significant decrease in platelet aggregation and increase in bleeding time in some nifedipine patients. This is thought to be a function of inhibition of calcium transport across the platelet membrane. No clinical significance for these findings has been demonstrated.

Positive direct Coombs' test with or without hemolytic anemia has been reported but a causal relationship between nifedipine administration and positivity of this laboratory test, including hemolysis, could not be determined.

Although nifedipine has been used safely in patients with renal dysfunction and has been reported to exert a beneficial effect in certain cases, rare reversible elevations in BUN and serum creatinine have been reported in patients with pre-existing chronic renal insufficiency. The relationship to nifedipine therapy is uncertain in most cases but probable in some.

**Drug Interactions:** Beta-adrenergic blocking agents: (See WARNINGS).

ADALAT CC was well tolerated when administered in combination with a beta blocker in 187 hypertensive patients in a placebo-controlled clinical trial. However, there have been occasional literature reports suggesting that the combination of nifedipine and beta-adrenergic blocking drugs may increase the likelihood of congestive heart failure, severe hypotension, or exacerbation of angina in patients with cardiovascular disease. Digitalis: Since there have been isolated reports of patients with elevated digoxin levels, and there is a possible interaction between digoxin and ADALAT CC, it is recommended that digoxin levels be monitored when initiating, adjusting, and discontinuing ADALAT CC to avoid possible over- or under-digitalization.

Coumarin Anticoagulants: There have been rare reports of increased prothrombin time in patients taking coumarin anticoagulants to whom nifedipine was administered. However, the relationship to nifedipine therapy is uncertain.

Quinidine: There have been rare reports of an interaction between quinidine and nifedipine (with a decreased plasma level of quinidine).

**Body as a Whole/Systemic:** chest pain, leg pain **Central Nervous System:** paresthesia, vertigo **Dermatologic:** rash **Gastrointestinal:** constipation **Musculoskeletal:** leg cramps **Respiratory:** epistaxis, rhinitis **Urogenital:** impotence, urinary frequency

Other adverse events reported with an incidence of less than 1.0% were:

**Body as a Whole/Systemic:** cellulitis, chills, facial edema, neck pain, pelvic pain, pain **Cardiovascular:** atrial fibrillation, bradycardia, cardiac arrest, extrasystole, hypotension, palpitations, phlebitis, postural hypotension, tachycardia, cutaneous angiectases **Central Nervous System:** anxiety, confusion, decreased libido, depression, hypertension, insomnia, somnolence **Dermatologic:** pruritus, sweating **Gastrointestinal:** abdominal pain, diarrhea, dry mouth, dyspepsia, esophagitis, flatulence, gastrointestinal hemorrhage, vomiting **Hematologic:** lymphadenopathy **Metabolic:** gout, weight loss **Musculoskeletal:** arthralgia, arthritis, myalgia **Respiratory:** dyspnea, increased cough, rales, pharyngitis **Special Senses:** abnormal vision, amblyopia, conjunctivitis, diplopia, tinnitus **Urogenital/Reproductive:** kidney calculus, nocturia, breast engorgement

The following adverse events have been reported rarely in patients given nifedipine in other formulations: allergic hepatitis, alopecia, anemia, arthritis with ANA (+), depression, erythromalagia, exfoliative dermatitis, fever, gingival hyperplasia, gynecostasia, leukopenia, mood changes, muscle cramps, nervousness, paronid syndrome, purpura, shakiness, sleep disturbances, syncope, taste perversion, thrombocytopenia, transient blindness at the peak plasma level, tremor and urticaria.

**DOSAGE AND ADMINISTRATION:**

Dosage should be adjusted according to each patient's needs. It is recommended that ADALAT CC be administered orally once daily on an empty stomach. ADALAT CC is an extended release dosage form and tablets should be swallowed whole, not bitten or divided. In general, titration should proceed over a 7-14 day period starting with 30 mg once daily. Upward titration should be based on therapeutic efficacy and safety. The usual maintenance dose is 30 mg to 60 mg once daily. Titration to doses above 90 mg daily is not recommended. If discontinuation of ADALAT CC is necessary, sound clinical practice suggests that the dosage should be decreased gradually with close physician supervision. Care should be taken when dispensing ADALAT CC to assure that the extended release dosage form has been prescribed.

PZ100744BS

5/93

© 1993 Miles Inc.

3060

Printed in USA

### References:

1. Data on file, Miles Inc.
2. *Redbook Update*. Montvale, NJ, Medical Economics Data, Inc., October 1993; p. 34.

The digital anomalies seen in nifedipine-exposed rabbit pups are strikingly similar to those seen in pups exposed to phenytoin, and these are in turn similar to the phalangeal deformities that are the most common malformation seen in human children with *in utero* exposure to phenytoin.

There are no adequate and well-controlled studies in pregnant women. ADALAT CC should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

**Nursing Mothers:** Nifedipine is excreted in human milk. Therefore, a decision should be made to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother.

**ADVERSE EXPERIENCES:** The incidence of adverse events during treatment with ADALAT CC in doses up to 90 mg daily were derived from multi-center placebo-controlled clinical trials in 370 hypertensive patients. Atenolol 50 mg once daily was used concomitantly in 187 of the 370 patients on ADALAT CC and in 64 of the 126 patients on placebo. All adverse events reported during ADALAT CC therapy were tabulated independently of their causal relationship to medication.

The most common adverse event reported with ADALAT<sup>®</sup> CC was peripheral edema. This was dose related and the frequency was 18% on ADALAT CC 30 mg daily, 22% on ADALAT CC 60 mg daily and 29% on ADALAT CC 90 mg daily versus 10% on placebo.

Other common adverse events reported in the above placebo-controlled trials include: Headache (19%, versus 13% placebo incidence); Flushing/heat sensation (4%, versus 0% placebo incidence); Dizziness (4%, versus 2% placebo incidence); Fatigue/asthenia (4%, versus 4% placebo incidence); Nausea (2%, versus 1% placebo incidence); Constipation (1%, versus 0% placebo incidence).

Where the frequency of adverse events with ADALAT CC and placebo is similar, causal relationship cannot be established.

The following adverse events were reported with an incidence of 3% or less in daily doses up to 90 mg:

**MILES**

Pharmaceutical Division

Distributed by:  
Miles Inc.  
Pharmaceutical Division  
400 Morgan Lane  
West Haven, CT 06516 USA  
Made in Germany

## Real People, Real Needs, Real Value

Cimetidine: Both the peak plasma level of nifedipine and the AUC may increase in the presence of cimetidine. Ranitidine produces smaller non-significant increases. This effect of cimetidine may be mediated by its known inhibition of hepatic cytochrome P-450, the enzyme system probably responsible for the first-pass metabolism of nifedipine. If nifedipine therapy is initiated in a patient currently receiving cimetidine, cautious titration is advised.

**Carcinogenesis, Mutagenesis, Impairment of Fertility:** Nifedipine was administered orally to rats for two years and was not shown to be carcinogenic. When given to rats prior to mating, nifedipine caused reduced fertility at a dose approximately 30 times the maximum recommended human dose. *In vivo* mutagenicity studies were negative.

**Pregnancy:** Pregnancy Category C. In rodents, rabbits and monkeys, nifedipine has been shown to have a variety of embryotoxic, placental and fetotoxic effects, including stunted fetuses (rats, mice and rabbits), digital anomalies (rats and rabbits), rib deformities (mice), cleft palate (mice), small placentas and underdeveloped chorionic villi (monkeys), embryonic and fetal deaths (rats, mice and rabbits), prolonged pregnancy (rats; not evaluated in other species), and decreased neonatal survival (rats; not evaluated in other species). On a mg/kg or mg/m<sup>2</sup> basis, some of the doses associated with these various effects are higher than the maximum recommended human dose and some are lower, but all are within an order of magnitude of it.



**NOW FOR ANGINA**

**THE ONE**

**CARDIZEM<sup>®</sup> CD**

(diltiazem HCl) 120-, 180-, 240-, 300-mg Capsules



**ONCE A DAY**

**PROVEN 24-HOUR CONTROL OF  
BOTH ANGINA AND HYPERTENSION<sup>1,2</sup>**





# ONCE-A-DAY CARDIZEM<sup>®</sup> CD (diltiazem HCl) 24-HOUR CONTROL OF BOTH ANGINA AND HYPERTENSION

Brief Summary of  
Prescribing Information as of October 1992 (2)

## CARDIZEM<sup>®</sup> CD (diltiazem HCl)

### Capsules CONTRAINDICATIONS

CARDIZEM is contraindicated in (1) patients with sick sinus syndrome except in the presence of a functioning ventricular pacemaker, (2) patients with second- or third-degree AV block except in the presence of a functioning ventricular pacemaker, (3) patients with hypotension (less than 90 mm Hg systolic), (4) patients who have demonstrated hypersensitivity to the drug, and (5) patients with acute myocardial infarction and pulmonary congestion documented by x-ray on admission.

### WARNINGS

- Cardiac Conduction** CARDIZEM prolongs AV node refractory periods without significantly prolonging sinus node recovery time, except in patients with sick sinus syndrome. This effect may rarely result in abnormally slow heart rates (particularly in patients with sick sinus syndrome) or second- or third-degree AV block (13 of 3,290 patients or 0.40%). Concomitant use of diltiazem with beta-blockers or digitalis may result in additive effects on cardiac conduction. A patient with Prinzmetal's angina developed periods of asystole (2 to 5 seconds) after a single dose of 60 mg of diltiazem.
- Congestive Heart Failure** Although diltiazem has a negative inotropic effect in isolated animal tissue preparations, hemodynamic studies in humans with normal ventricular function have not shown a reduction in cardiac index nor consistent negative effects on contractility (dp/dt). An acute study of oral diltiazem in patients with impaired ventricular function (ejection fraction 24% ± 6%) showed improvement in indices of ventricular function without significant decrease in contractile function (dp/dt). Worsening of congestive heart failure has been reported in patients with preexisting impairment of ventricular function. Experience with the use of CARDIZEM (diltiazem hydrochloride) in combination with beta-blockers in patients with impaired ventricular function is limited. Caution should be exercised when using this combination.
- Hypotension** Decreases in blood pressure associated with CARDIZEM therapy may occasionally result in symptomatic hypotension.
- Acute Hepatic Injury** Mild elevations of transaminases with and without concomitant elevation in alkaline phosphatase and bilirubin have been observed in clinical studies. Such elevations were usually transient and frequently resolved even with continued diltiazem treatment. In rare instances, significant elevations in enzymes such as alkaline phosphatase, LDH, SGOT, SGPT, and other phenomena consistent with acute hepatic injury have been noted. These reactions tended to occur early after therapy initiation (1 to 8 weeks) and have been reversible upon discontinuation of drug therapy. The relationship to CARDIZEM is uncertain in some cases, but probable in some. (See PRECAUTIONS.)

### PRECAUTIONS

#### General

CARDIZEM (diltiazem hydrochloride) is extensively metabolized by the liver and excreted by the kidneys and in bile. As with any drug given over prolonged periods, laboratory parameters of renal and hepatic function should be monitored at regular intervals. The drug should be used with caution in patients with impaired renal or hepatic function. In subacute and chronic dog and rat studies designed to produce toxicity, high doses of diltiazem were associated with hepatic damage. In special subacute hepatic studies, oral doses of 125 mg/kg and higher in rats were associated with histological changes in the liver which were reversible when the drug was discontinued. In dogs, doses of 20 mg/kg were also associated with hepatic changes; however, these changes were reversible with continued dosing.

Dermatological events (see ADVERSE REACTIONS section) may be transient and may disappear despite continued use of CARDIZEM. However, skin eruptions progressing to erythema multiforme and/or exfoliative dermatitis have also been infrequently reported. Should a dermatologic reaction persist, the drug should be discontinued.

#### Drug Interactions

Due to the potential for additive effects, caution and careful titration are warranted in patients receiving CARDIZEM concomitantly with any agents known to affect cardiac contractility and/or conduction. (See WARNINGS.) Pharmacologic studies indicate that there may be additive effects in prolonging AV conduction when using beta-blockers or digitalis concomitantly with CARDIZEM. (See WARNINGS.)

As with all drugs, care should be exercised when treating patients with multiple medications. CARDIZEM undergoes biotransformation by cytochrome P-450 mixed function oxidase. Coadministration of CARDIZEM with other agents which follow the same route of biotransformation may result in the competitive inhibition of metabolism. Doses of similarly metabolized drugs such as cyclosporin, particularly those of low therapeutic ratio or in patients with renal and/or hepatic impairment, may require adjustment when starting or stopping concomitantly administered CARDIZEM to maintain optimum therapeutic blood levels.

**Beta-blockers** Controlled and uncontrolled domestic studies suggest that concomitant use of CARDIZEM and beta-blockers is usually well tolerated, but available data are not sufficient to predict the effects of concomitant treatment in patients with left ventricular dysfunction or cardiac conduction abnormalities. Administration of CARDIZEM (diltiazem hydrochloride) concomitantly with propranolol in five normal volunteers resulted in increased propranolol levels in all subjects and bioavailability of propranolol was increased approximately 50%. In vitro, propranolol appears to be displaced from its binding sites by diltiazem. If combination therapy is initiated or withdrawn in conjunction with propranolol, an adjustment in the propranolol dose may be warranted. (See WARNINGS.)

**Cimetidine** A study in six healthy volunteers has shown a significant increase in peak diltiazem plasma levels (58%) and area-under-the-curve (53%) after a 1-week course of cimetidine at 1200 mg per day and a single dose of diltiazem 60 mg. Ranitidine produced smaller, nonsignificant increases. The effect may be mediated by cimetidine's known inhibition of hepatic cytochrome P-450, the enzyme system responsible for the first-pass metabolism of diltiazem. Patients currently receiving diltiazem therapy should be carefully monitored for a change in pharmacological effect when initiating and discontinuing therapy with cimetidine. An adjustment in the diltiazem dose may be warranted.

**Digitalis** Administration of CARDIZEM with digoxin in 24 healthy male subjects increased plasma digoxin concentrations approximately 20%. Another investigator found no increase in digoxin levels in 12 patients with coronary artery disease. Since there have been conflicting results regarding the effect of digoxin levels, it is recommended that digoxin levels be monitored when initiating, adjusting, and discontinuing CARDIZEM therapy to avoid possible over- or under-digitalization. (See WARNINGS.)

**Anesthetics** The depression of cardiac contractility, conductivity, and automaticity as well as the vascular dilation associated with anesthetics may be potentiated by calcium channel blockers. When used concomitantly, anesthetics and calcium blockers should be titrated carefully.

Available as  
Once-A-Day

120-mg capsules

180-mg capsules

240-mg capsules

300-mg capsules

Rx  
Cardizem CD  
Start with one  
180-mg  
capsule daily

### Carcinogenesis, Mutagenesis, Impairment of Fertility

A 24-month study in rats at oral dosage levels of up to 100 mg/kg/day and a 21-month study in mice at oral dosage levels of up to 30 mg/kg/day showed no evidence of carcinogenicity. There was also no mutagenic response in vitro or in vivo in mammalian cell assays or in vitro in bacteria. No evidence of impaired fertility was observed in a study performed in male and female rats at oral dosages of up to 100 mg/kg/day.

### Pregnancy

Category C. Reproduction studies have been conducted in mice, rats, and rabbits. Administration of doses ranging from five to ten times greater (on a mg/kg basis) than the daily recommended therapeutic dose has resulted in embryo and fetal lethality. These doses, in some studies, have been reported to cause skeletal abnormalities. In the perinatal/postnatal studies, there was an increased incidence of stillbirths at doses of 20 times the human dose or greater.

There are no well-controlled studies in pregnant women; therefore, use CARDIZEM in pregnant women only if the potential benefit justifies the potential risk to the fetus.

**Nursing Mothers** Diltiazem is excreted in human milk. One report suggests that concentrations in breast milk may approximate serum levels. If use of CARDIZEM is deemed essential, an alternative method of infant feeding should be instituted.

**Pediatric Use** Safety and effectiveness in children have not been established.

### ADVERSE REACTIONS

Serious adverse reactions have been rare in studies carried out to date, but it should be recognized that patients with impaired ventricular function and cardiac conduction abnormalities have usually been excluded from these studies.

The following table presents the most common adverse reactions reported in placebo-controlled angina and hypertension trials in patients receiving CARDIZEM CD up to 360 mg with rates in placebo patients shown for comparison.

CARDIZEM CD Capsule Placebo-Controlled Angina and Hypertension Trials Combined		
Adverse Reaction	CARDIZEM CD N=607	Placebo N=301
Headache	5.4%	5.0%
Dizziness	3.0%	3.0%
Bradycardia	3.3%	1.3%
AV Block First Degree	3.3%	0.0%
Edema	2.6%	1.3%
ECG Abnormality	1.6%	2.3%
Asthenia	1.8%	1.7%

In clinical trials of CARDIZEM CD Capsules, CARDIZEM Tablets, and CARDIZEM SR Capsules involving over 3200 patients, the most common events (ie, greater than 1%) were edema (4.6%), headache (4.6%), dizziness (3.5%), asthenia (2.6%), first-degree AV block (2.4%), bradycardia (1.7%), flushing (1.4%), nausea (1.4%), and rash (1.2%). In addition, the following events were reported infrequently (less than 1% in angina or hypertension trials):

**Cardiovascular:** Angina, arrhythmia, AV block (second- or third-degree), bundle branch block, congestive heart failure, ECG abnormalities, hypotension, palpitations, syncope, tachycardia, ventricular extrasystoles

**Nervous System:** Abnormal dreams, amnesia, depression, gait abnormality, hallucinations, insomnia, nervousness, paresthesia, personality change, somnolence, tinnitus, tremor

**Gastrointestinal:** Anorexia, constipation, diarrhea, dry mouth, dysgeusia, dyspepsia, mild elevations of SGOT, SGPT, LDH, and alkaline phosphatase (see hepatic warnings), thirst, vomiting, weight increase

**Dermatological:** Petechiae, photosensitivity, pruritus, urticaria

**Other:** Amblyopia, CPK increase, dyspnea, epistaxis, eye irritation, hyperglycemia, hyperuricemia, impotence, muscle cramps, nasal congestion, nocturia, osteoarthral pain, polyuria, sexual difficulties

The following postmarketing events have been reported infrequently in patients receiving CARDIZEM: alopecia, erythema multiforme, exfoliative dermatitis, extrapyramidal symptoms, gingival hyperplasia, hemolytic anemia, increased bleeding time, leukopenia, purpura, retinopathy, and thrombocytopenia. In addition, events such as myocardial infarction have been observed which are not readily distinguishable from the natural history of the disease in these patients. A number of well-documented cases of generalized rash, characterized as leukocytoclastic vasculitis, have been reported.

However, a definitive cause and effect relationship between these events and CARDIZEM therapy is yet to be established.

Prescribing Information as of October 1992 (2)

Marion Merrell Dow Inc.  
Kansas City, MO 64114

ccdb1092(2)a

**References:** 1. Data on file, Marion Merrell Dow Inc. 2. Massie BM, Der E, Herman TS, Topolski P, Park GD, Stewart WH. *Clin Cardiol*. 1992;15:365-368.

MARION MERRELL DOW INC.  
PRESCRIPTION PRODUCTS DIVISION  
KANSAS CITY, MO 64114

RECYCLED PAPER

0115A3

CCDAK302/A8539



# FREEDOM FROM COUGH!

Alcohol  
Free

Expectorant  
**vicodin** **TUSS**™

(hydrocodone bitartrate 5mg (May be habit forming) and guaifenesin 100mg per (5mL) teaspoon)

Sugar  
Free



Expectorant  
**vicodin** **TUSS**™ **Dual Action Cough Therapy**

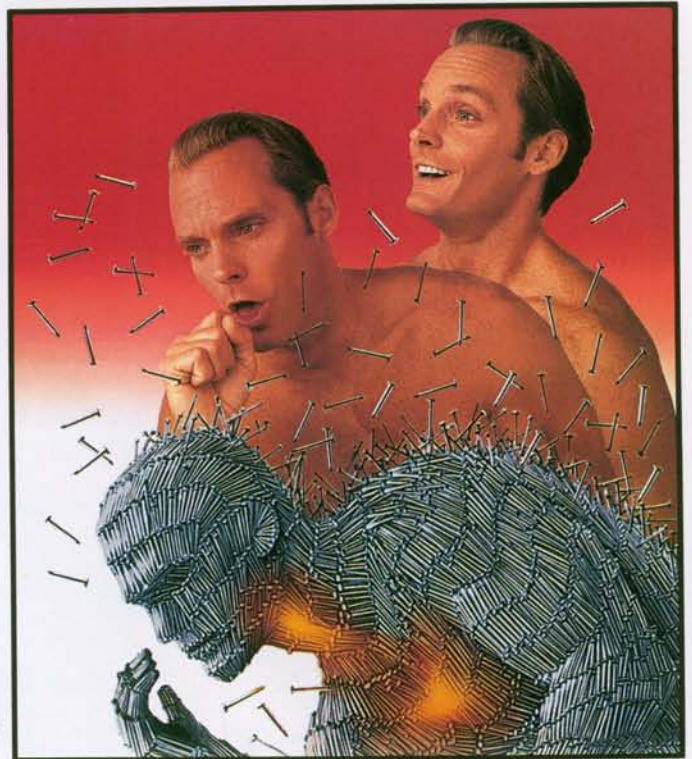


Expectorant  
**vicodin** **TUSS**™

(hydrocodone bitartrate 5mg (Warning: May be habit forming) and guaifenesin 100mg per (5mL) teaspoon)

**Combines the antitussive action of hydrocodone with the expectorant action of guaifenesin.**

- Hydrocodone helps suppress dry, hacking coughs for up to 6 hours.
- Guaifenesin enables those coughs that do occur to be more productive.
- Long lasting relief in a sugar-free, alcohol-free, dye-free, cherry flavored formula.
- Adult Dose: 1 teaspoon (5mL) every 4-6 hours not to exceed 6 teaspoons in a 24 hour period.



**Alcohol Free**

Expectorant  
**vicodin** **TUSS**™

(hydrocodone bitartrate 5mg (Warning: May be habit forming) and guaifenesin 100mg per (5mL) teaspoon)

**Sugar Free**

**Effective cough relief you can phone in.**

**INDICATIONS AND USAGE:** VICODIN TUSS™ Expectorant is indicated for the symptomatic relief of irritating non-productive cough associated with upper and lower respiratory tract congestion. **CONTRAINDICATIONS:** VICODIN TUSS™ Expectorant is contraindicated in patients hypersensitive to hydrocodone or guaifenesin. Patients known to be hypersensitive to other opioids may exhibit cross sensitivity to VICODIN TUSS™ Expectorant. Hydrocodone is contraindicated in the presence of an intracranial lesion associated with increased intracranial pressure; and whenever ventilatory function is depressed. **WARNINGS:** May be habit forming. Hydrocodone can produce drug dependence of the morphine type and therefore has the potential for being abused. Psychic dependence, physical dependence and tolerance may develop upon repeated administration of VICODIN TUSS™ Expectorant and it should be prescribed and administered with the same degree of caution appropriate to the use of other narcotic drugs (see DRUG ABUSE AND DEPENDENCE). **Respiratory Depression:** VICODIN TUSS™ Expectorant produces dose-related respiratory depression by directly acting on the brain stem respiratory centers. If respiratory depression occurs, it may be antagonized by the use of naloxone hydrochloride and other supportive measures when indicated. **Head Injury and Increased Intracranial Pressure:** The respiratory depressant properties of narcotics and their capacity to elevate cerebrospinal fluid pressure may be markedly exaggerated in the presence of head injury, other intracranial lesions or a pre-existing increase in intracranial pressure. Furthermore, narcotics produce adverse reactions which may obscure the clinical course of patients with head injuries. **Acute Abdominal Condition:** The administration of VICODIN TUSS™ Expectorant or other opioids may obscure the diagnosis or clinical course of patients with acute abdominal conditions. **PRECAUTIONS:** Before prescribing medication to suppress or modify cough, it is important to ascertain that the underlying cause of cough is identified, that modification of cough does not increase the risk of clinical or physiologic complications, and that appropriate therapy for the primary disease is provided. **Usage in Ambulatory Patients:** Hydrocodone, like all narcotics, may impair the mental and/or physical abilities required for the performance of potentially hazardous tasks such as driving a car or operating machinery, and patients should be warned accordingly. **Drug Interactions:** Patients receiving other narcotic analgesics, general anesthetics, phenothiazines, other tranquilizers, sedative hypnotics or other CNS depressants (including alcohol) concomitantly with hydrocodone may exhibit an additive CNS depression. When such combined therapy is contemplated, the dose of one or both agents should be reduced (see WARNINGS). **Laboratory Interactions:** The metabolite of guaifenesin has been found to produce an apparent increase in urinary 5-hydroxyindoleacetic acid, and guaifenesin therefore may interfere with the interpretation of this test for the diagnosis of carcinoid syndrome. **Contraindications:** Patients receiving other narcotic analgesics, general anesthetics, phenothiazines, other tranquilizers, sedative hypnotics or other CNS depressants (including alcohol) concomitantly with hydrocodone may exhibit an additive CNS depression. When such combined therapy is contemplated, the dose of one or both agents should be reduced (see WARNINGS). **Impairment of Fertility:** Carcinogenicity, mutagenicity and reproduction studies have not been conducted with VICODIN TUSS™ Expectorant. **Use in Pregnancy:** Pregnancy Category C. Animal reproduction studies have not been conducted with VICODIN TUSS™ Expectorant. It is also not known whether VICODIN TUSS™ Expectorant can cause fetal harm when administered to a pregnant woman or can affect reproductive capacity. **Use in Nursing Mothers:** Hydrocodone produces dose-related respiratory depression by acting directly on brain stem respiratory centers. **Cardiovascular System:** Hypertension, postural hypotension and palpitations. **Genitourinary System:** Urinary spasm, spasm of vesical sphincters and urinary retention have been reported with opiates. **Central Nervous System:** Sedation, drowsiness, mental clouding, lethargy, impairment of mental and physical performance, anxiety, fear, dizziness, psychic dependence, mood changes and blurred vision. **Gastrointestinal System:** Nausea and vomiting occur more frequently in ambulatory than in recumbent patients. **DRUG ABUSE AND DEPENDENCE:** Special care should be exercised in prescribing hydrocodone for emotionally unstable patients and for those with a history of drug misuse. Such patients should be closely supervised when long-term therapy is contemplated. VICODIN TUSS™ Expectorant is a Schedule III narcotic. Psychic dependence, physical dependence and tolerance may develop upon repeated administration of narcotics; therefore, VICODIN TUSS™ Expectorant should always be prescribed and administered with caution. Physical dependence is the condition in which continued administration of the drug is required to prevent the appearance of a withdrawal syndrome. Patients physically dependent on opioids will develop an abstinence syndrome upon abrupt discontinuation of the opioid or following the administration of a narcotic antagonist. The character and severity of the withdrawal symptoms are related to the degree of physical dependence. Manifestations of opioid withdrawal are similar to but milder than that of morphine and include lacrimation, rhinorrhea, yawning, sweating, restlessness, dilated pupils, anorexia, goose-flesh, irritability, and tremor. In more severe forms, nausea, vomiting, intestinal spasm and diarrhea, increased heart rate and blood pressure, chills, and pains in bones and muscles of the back and extremities may occur. Peak effects will usually be apparent at 48 to 72 hours. Treatment of withdrawal is usually managed by providing sufficient quantities of an opioid to suppress severe withdrawal symptoms and then gradually reducing the dose of opioid over a period of several days. **OVERDOSAGE: Signs and Symptoms:** Serious overdosage with VICODIN TUSS™ Expectorant is characterized by respiratory depression (a decrease in respiratory rate and/or tidal volume, Cheyne-Stokes respiration, cyanosis), extreme somnolence progressing to stupor or coma, skeletal muscle flaccidity, cold and clammy skin, and sometimes bradycardia and hypotension. In severe overdosage apnea, circulatory collapse, cardiac arrest, and death may occur. **Treatment:** Primary attention should be given to the reestablishment of adequate respiratory exchange through provision of a patent airway and the institution of assisted or controlled ventilation. The narcotic antagonist naloxone hydrochloride is a specific antidote for respiratory depression which may result from overdosage or unusual sensitivity to narcotics including hydrocodone. Therefore, an appropriate dose of naloxone hydrochloride should be administered, preferably by the intravenous route, simultaneously with efforts at respiratory resuscitation. For further information, see full prescribing information for naloxone hydrochloride. An antagonist should not be administered in the absence of clinically significant respiratory depression. Oxygen, intravenous fluids, vasopressors and other supportive measures should be employed as indicated. Gastric emptying may be useful in removing unabsorbed drug. Activated charcoal may be of benefit.

**QUALITY TOWARD EXCELLENCE**  
**Knoll Pharmaceutical Company**  
 30 North Jefferson Road  
 Whippany, New Jersey 07981



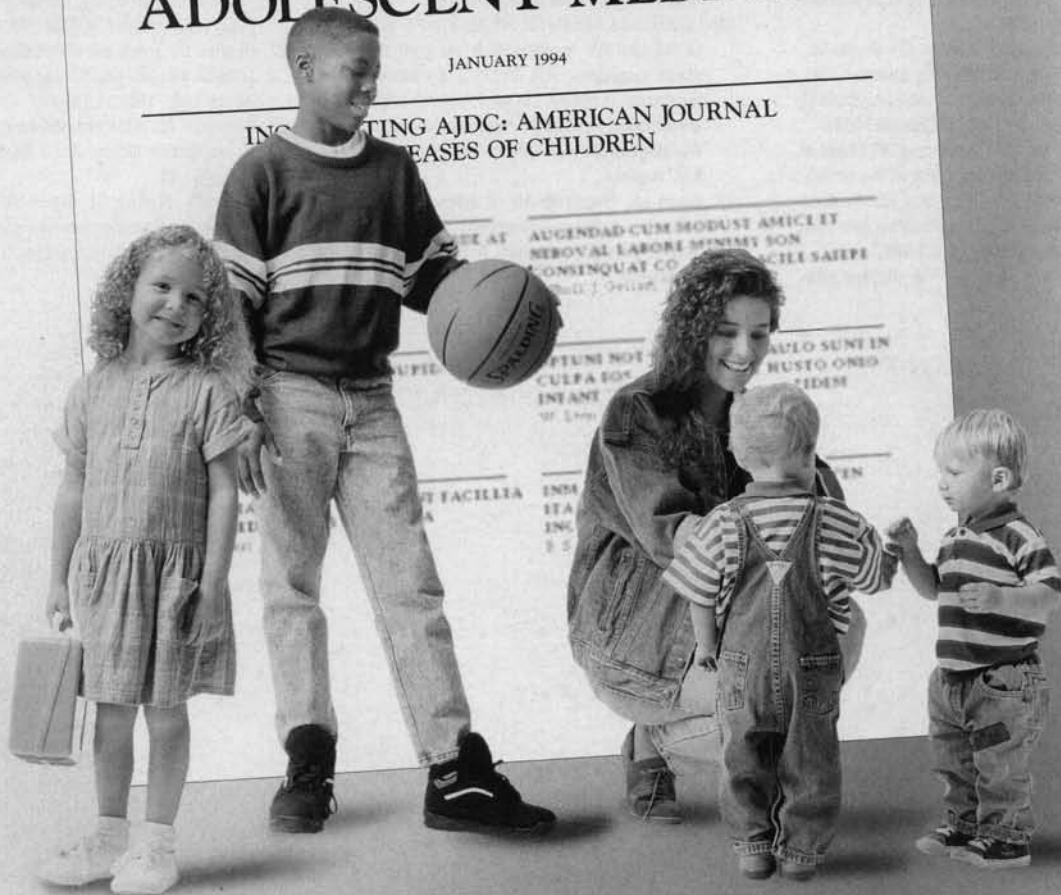
BAF Group



# ARCHIVES OF PEDIATRICS & ADOLESCENT MEDICINE

JANUARY 1994

INCLUDING AJDC: AMERICAN JOURNAL  
OF CHILDREN'S DISEASES



## We've changed our journal to help you deal with your growing concerns.

Pediatricians like you are dealing with a broader range of patients than ever before. So we've completely redone *AJDC*. Its new name is *Archives of Pediatrics & Adolescent Medicine* and it covers the entire range of pediatrics today – from the cradle all the way to college.

It has a highly respected new editor, Catherine DeAngelis, MD of Johns Hopkins University, and a new, reader-friendly format. Which means you'll get

the latest peer-reviewed, primary source information more quickly and efficiently than ever before.

Check out the new *Archives of Pediatrics & Adolescent Medicine*. It's the perfect way to keep up with your growing concerns.

**American Medical Association**  
Physicians dedicated to the health of America





Gain maximum exposure for your work!

A paper submitted to  
*The Journal of the  
American Medical Association*  
has the following advantages—

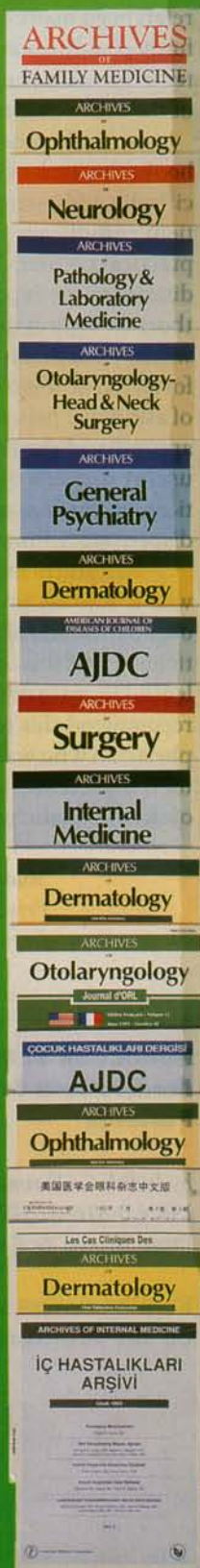
- Largest circulation of any English-language medical journal—360,000 in 148 countries
- 19 international editions in 12 languages distributed in 42 countries add 400,000 more recipients
- Highest readership of any medical journal in the United States
- Prompt editorial decisions after rigorous peer review
- Expedited review and publication when justified by physician or public need for information
- The AMA Editorial Consortium—submission to any is tantamount to submission to all 11 AMA journals
- Weekly major media coverage coordinated by AMA print, radio, and video news departments
- Full text of all articles available electronically worldwide via on-line database services
- Priority publication for large multicenter clinical trials

American Medical Association

Physicians dedicated to the health of America

515 North State Street  
Chicago, Illinois 60610

312 464-5000  
312 464-5824 Fax





# Keep on top of today's toughest legal and ethical issues.



*Current Opinions with Annotations* is an essential component of the American Medical Association's (AMA) Ethics Code. Published by the AMA's Council on Ethical and Judicial Affairs in May 1994, *Current Opinions* contains over 125 opinions, including more than 20 new opinions and 30 revised opinions. It's an invaluable tool to help you stay abreast of today's ever-changing medical/legal scene.

You'll find opinions covering the toughest legal and ethical issues facing medicine today. Rationing of health care, withdrawal of life-sustaining medical treatment, reproductive issues, managed care, and economic conflicts of interest are just a few examples.

In addition, the 1994 edition is annotated with the most recent reported court decisions and legal, medical, and health policy articles which cite the *Opinions* or the Principles of Medical Ethics. So you can be assured of complete coverage.

*Current Opinions with Annotations* is an essential reference for both academic and legal researchers, now more than ever.

Call toll free 800 621-8335 and order yours today.

## Code of Medical Ethics, Current Opinions with Annotations 1994 Edition

Order #: NC632394LS  
One copy free to AMA  
members with any purchase.

Order #: OP632394LS  
AMA Member price: \$15  
Nonmember price: \$35

American Medical Association  
Physicians dedicated to the health of America



## NAPROSYN® (NAPROXEN) 500 mg tablets

**Brief Summary:**  
**Contraindications:** Patients who have had allergic reactions to NAPROSYN, ANAPROX or ANAPROX DS or in whom aspirin or other NSAIDs induce the syndrome of asthma, rhinitis, and nasal polyps. Because anaphylactic reactions usually occur in patients with a history of such reactions, question patients for asthma, nasal polyps, urticaria, and hypotension associated with NSAIDs before starting therapy. If such symptoms occur, discontinue the drug. **Warnings:** Serious GI toxicity such as bleeding, ulceration, and perforation can occur at any time, with or without warning symptoms, in patients treated chronically with NSAIDs. Remain alert for ulceration and bleeding in such patients even in the absence of previous GI tract symptoms. In clinical trials, symptomatic upper GI ulcers, gross bleeding or perforation appear to occur in approximately 1% of patients treated for 3-6 months, and in about 2-4% of patients treated for one year. Inform patients about the signs and/or symptoms of serious GI toxicity and what steps to take if they occur. Studies have not identified any subset of patients not at risk of developing peptic ulceration and bleeding. Except for a prior history of serious GI events and other risk factors known to be associated with peptic ulcer disease, such as alcoholism, smoking, etc., no risk factors (e.g., age, sex) have been associated with increased risk. Elderly or debilitated patients seem to tolerate ulceration or bleeding less well than others and most spontaneous reports of fatal GI events are in this population. In considering the use of relatively large doses (within the recommended dosage range), sufficient benefit should be anticipated to offset the potential increased risk of GI toxicity. **Precautions:** DO NOT GIVE NAPROSYN® (NAPROXEN) CONCOMITANTLY WITH ANAPROX® (NAPROXEN SODIUM) OR ANAPROX® DS (NAPROXEN SODIUM) SINCE THEY BOTH CIRCULATE IN PLASMA AS THE NAPROXEN ANION. Acute interstitial nephritis with hematuria, proteinuria, and nephrotic syndrome has been reported. Patients with impaired renal function, heart failure, liver dysfunction, patients taking diuretics, and the elderly are at greater risk of overt renal decompensation. If this occurs, discontinue the drug. Use with caution and monitor serum creatinine and/or creatinine clearance in patients with significantly impaired renal function. Use caution in patients with baseline creatinine clearance less than 20 mL/minute. Use the lowest effective dose in the elderly or in patients with chronic alcoholic liver disease or cirrhosis. With NSAIDs, borderline elevations of liver tests may occur in up to 15% of patients. They may progress, remain unchanged, or be transient with continued therapy. Elevations of SGPT or SGOT occurred in controlled clinical trials in less than 1% of patients. Severe hepatic reactions, including jaundice and fatal hepatitis, have been reported rarely. If liver disease develops or if systemic manifestations occur (e.g., eosinophilia or rash), discontinue therapy. If steroid dosage is reduced or eliminated during therapy, do so slowly and observe patients closely for adverse effects, including adrenal insufficiency and exacerbation of arthritis symptoms. Determine hemoglobin values periodically for patients with initial values of 10 grams or less who receive long-term therapy. Peripheral edema has been reported. Therefore, use with caution in patients with fluid retention, hypertension or heart failure. The drug's antipyretic and anti-inflammatory activities may reduce fever and inflammation, diminishing their diagnostic value. Conduct ophthalmic studies if any change or disturbance in vision occurs. For patients with restricted sodium intake, note that the suspension contains 8 mg/mL of sodium. **Information for Patients:** Side effects of NSAIDs can cause discomfort and, rarely, there are more serious side effects, such as GI bleeding, which may result in hospitalization and even fatal outcomes. Physicians may wish to discuss with patients the potential risks and likely benefits of NSAID treatment, particularly when they are used for less serious conditions where treatment without NSAIDs may be an acceptable alternative. Patients should use caution for activities requiring alertness if they experience drowsiness, dizziness, vertigo or depression during therapy. **Laboratory Tests:** Because serious GI tract ulceration and bleeding can occur without warning symptoms, follow chronically treated patients for signs and symptoms of these and inform them of the importance of this follow-up. **Drug Interactions:** Use caution when giving concomitantly with coumarin-type anticoagulants; a hydantoin, sulfonamide or sulfonamide; furosemide; lithium; beta-blockers; probenecid; or methotrexate. **Drug/Laboratory Test Interactions:** The drug may decrease platelet aggregation and prolong bleeding time or increase urinary values for 17-ketogenic steroids. Temporarily stop therapy for 72 hours before doing adrenal function tests. The drug may interfere with urinary assays of SHIAA. **Carcinogenesis:** A 2-year rat study showed no evidence of carcinogenicity. **Pregnancy:** Category B. Do not use during pregnancy unless clearly needed. Avoid use during late pregnancy. **Nursing Mothers:** Avoid use in nursing mothers. **Pediatric Use:** Single doses of 2.5-5 mg/kg, with total daily dose not exceeding 15 mg/kg/day, are safe in children over 2 years of age. **Adverse Reactions:** In a study, GI reactions were more frequent and severe in rheumatoid arthritis patients on 1,500 mg/day than in those on 750 mg/day. In studies in children with juvenile arthritis, rash and prolonged bleeding times were more frequent. GI and CNS reactions about the same, and other reactions less frequent than in adults. Incidence Greater Than 1%; Probable Causal Relationship: GI: The most frequent complaints related to the GI tract: constipation,\* heartburn,\* abdominal pain,\* nausea,\* dyspepsia, diarrhea, stomatitis. CNS: headache,\* dizziness,\* drowsiness,\* light-headedness, vertigo. Dermatologic: itching (pruritus);\* skin eruptions;\* ecchymoses,\* sweating, purpura. Special Senses: tinnitus;\* hearing disturbances, visual disturbances. Cardiovascular: edema,\* dyspnea,\* palpitations. General: thirst. Incidence Less Than 1%; Probable Causal Relationship: GI: abnormal liver function tests, colitis, GI bleeding and/or perforation, hematemesis, jaundice, melena, peptic ulceration with bleeding and/or perforation, vomiting. Renal: glomerular nephritis, hematuria, hyperkalemia, interstitial nephritis, nephrotic syndrome, renal disease, renal failure, renal papillary necrosis. Hematologic: agranulocytosis, eosinophilia, granulocytopenia, leukopenia, thrombocytopenia. CNS: depression, dream abnormalities, inability to concentrate, insomnia, malaise, myalgia and muscle weakness. Dermatologic: alopecia, photosensitive dermatitis, skin rashes. Special Senses: hearing impairment. Cardiovascular: congestive heart failure. Respiratory: eosinophilic pneumonitis. General: anaphylactoid reactions, menstrual disorders, pyrexia (chills and fever). Causal Relationship Unknown: Hematologic: aplastic anemia, hemolytic anemia. CNS: aseptic meningitis, cognitive dysfunction. Dermatologic: epidermal necrolysis, erythema multiforme, photosensitivity reactions resembling porphyria cutanea tarda and epidermolysis bullosa, Stevens-Johnson syndrome, urticaria. GI: non-peptic GI ulceration, ulcerative stomatitis. Cardiovascular: vasculitis. General: angioneurotic edema, hyperglycemia, hypoglycemia. **Overdosage:** May have drowsiness, heartburn, indigestion, nausea, vomiting. A few patients have had seizures. Empty stomach and use usual supportive measures. In animals 0.5 g/kg of activated charcoal reduced plasma levels of naproxen. **Caution:** Federal law prohibits dispensing without prescription. See package insert for full Prescribing Information.

\*Incidence of reported reaction 3%-9%.  
Where unmarked, incidence less than 3%.  
U.S. patent nos. 3,904,682; 3,998,966 and others.  
© 1991 Syntex Puerto Rico, Inc. Rev. 39 September 1990





6,515 days. 67,303,212 births

in America. 37,326 major league

baseball games. 5 presidents.

1 Halley's comet. 17 more NSAIDs.

17 nice tries. 0 reasons to change.

Contraindicated in patients hypersensitive to naproxen, aspirin, or other NSAIDs. As with other NSAIDs, the most frequent adverse events are gastrointestinal. With chronic NSAID therapy, serious GI toxicity such as bleeding, ulceration, and perforation can occur. Rare hepatic and renal reactions have been reported.

*keep doing it*  
*with* **NAPROSYN<sup>®</sup>**  
**(NAPROXEN) 500 mg tablets**

Also available in 375 and 250 mg tablets and in suspension 125 mg/5 mL

Please see brief summary of full prescribing information on adjacent page.

©1994 Syntex Puerto Rico, Inc. NP94035