

Flexural properties of polyamide versus injection-molded polymethylmethacrylate denture base materials

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ABSTRACT

Although polymethylmethacrylate is the most commonly used denture base resin, its limitation of compromised flexibility has promoted the use of nylon-based denture resins. **Aims:** The purpose of this study is to evaluate and compare flexural strength and flexural modulus of two commercially available nylon-based flexible denture base materials, Valplast and Lucitone FRS, and injection-molded SR Ivocap polymethylmethacrylate denture base resin. **Materials and Methods:** A total of 15 samples of each group (Group A, B, C [Valplast, Lucitone FRS, SR Ivocap]) were prepared. All the samples were subjected to three-point bending test on an Instron Universal Testing machine to test their flexural strength and flexural modulus. **Results:** The results were statistically analyzed using SPSS Version 12. The difference in flexural modulus and flexural strength of all the three groups was statistically significant, $P < 0.05$. **Conclusion:** The mean flexural modulus of Valplast was significantly lower than Lucitone FRS, indicating that Valplast is less rigid, more flexible than Lucitone FRS, and hence more useful in conditions where flexibility in denture base is desired. SR Ivocap displayed flexural strength comparable with Lucitone, but less than Valplast.

KEYWORDS: Flexural modulus, flexural strength, injection-molded, polyamide, polymethylmethacrylate

Introduction

Polyamide denture base material can be a useful alternative to polymethylmethacrylate (PMMA)^[1-3] in special circumstances where higher flexibility, higher resistance to flexural fatigue, higher impact strength is required, and in cases where patient is allergic to monomer. The improved flexural properties of nylon denture base materials has promoted their usage in conditions like unyielding undercuts, pronounced tuberosities, tori and bulging alveolar ridges.^[4-6] Thus nowadays, polyamide denture base materials are used because of higher flexibility compared to the commonly used poly methyl methacrylate.^[7-12]

Nylon polyamide were developed as a result of classic research of W.H. Carothers and associates of the Du Pont Chemical Co. of America in 1938^[5] and were used for construction of denture bases in 1950s.^[6]

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An increasing number of products are being marketed as a flexible denture base material. Valplast and Lucitone FRS are two commercially available monomer-free, nylon-based flexible denture base materials.^[13] With the progress in technology and understanding of material, improvised nylon polyamides are finding novel applications in fabrication of removable partial dentures, small- to medium-sized complete dentures, occlusal splints, etc.^[14,15]

To date, very few studies have assessed the potential of these improvised flexible nylon materials for denture base construction. This study evaluates and compares clinically significant flexural properties of nylon-based flexible denture base material with injection-molded, high-impact polymethylmethacrylate-based denture polymers.

Aims of the Study

The aim of this study is to evaluate and compare flexural modulus and flexural strength of two commercially available nylon-based flexible denture base materials,

Valplast and Lucitone FRS, and injection-molded SR Ivocap polymethylmethacrylate denture base resin.

Objectives

- To evaluate flexural modulus and flexural strength of Valplast, Lucitone FRS, and SR Ivocap using a three-point bending test
- To compare flexural properties of Valplast, Lucitone FRS, and SR Ivocap polymethylmethacrylate.

Materials and Methods

The materials and methodology used for this study have been described in Table 1.

Materials

- VALPLAST (Cartridge system) Valplast, Valplast International Corp, USA
- LUCITONE FRS (Cartridge system) Dentsply Trubyte, U.S.A
- SR IVOCAP (Capsule) Ivoclar Vivadent India Pvt. Ltd.

Armamentarium and equipments

- Brass Metal Dies: $64 \times 10 \times 2.5$ mm
- Valplast injection system
- SUCCESS Injection system assembly: (for Lucitone FRS and SR Ivocap samples)
- Universal testing machine (Instron Universal Testing Machine).

Methods

Preparation Of Samples: Eight brass metal dies with dimensions of $64 \times 10 \times 2.5$ mm were fabricated, according to ISO specification 1567.^[16,17]

Preparation of Valplast samples (Group A) using injection molding technique

The flask used was specially designed for injection molding. A thin layer of petroleum jelly was applied over the brass dies which were then invested in the lower part of the dental flask using dental stone. Wax sprues were attached to the metal dies. The space maintainer for the cartridge was secured in place. The counterpart of the flask was positioned over the base part and dental stone was poured in counterpart. After the stone investment was set, the flask was placed in

boiling water for 4 to 6 minutes for dewaxing. The flask was then opened and the brass dies and space maintainer were removed.

Valplast is supplied as a single component in a cartridge form. This cartridge was placed in the furnace, which was preheated to a temperature of 287.7°C (550°F) for 11 minutes. The stone moulds were exposed under heat lamps which were uniformly heated for 15 to 20 minutes to a temperature around 80°C . This was done to avoid any premature freezing of the molten nylon as it entered the mould cavity under pressure. The metal injector was placed in position, then together with the cartridge containing melted Valplast; they were placed on to the injection unit. The molten Valplast was then forced into flask using a plunger. The injection molding pressure was maintained at a pressure of 5 bars for 3 minutes and immediately after that, the assembly was removed and disengaged. The dental flask was bench-cooled for 20 minutes before deflasking. The blanks were removed from the moulds and the sprues were removed with a Valplast-specific disc. The surfaces of the specimens were polished as per manufacturer's instructions.

Preparation of Lucitone FRS (Group B) and SR Ivocap (Group C) resin samples using success injection molding technique

For Lucitone FRS samples (Group B)

Lucitone FRS is supplied as a single component in a cartridge form. Lucitone FRS cartridge was placed in the furnace, which was preheated to a temperature of 302°C (575.6°F). The stone moulds were exposed under heat lamps which were uniformly heated for 17 minutes to a temperature between 65 and 70°C . This was done to avoid any premature freezing of the molten nylon as it entered the mould cavity under pressure. The metal injector was placed in position and then the flask was assembled with brackets. Then together with the cartridge containing melted nylon, they were placed on to the SUCCESS injection unit. The injection molding pressure was maintained at a pressure of 5 bars for 1 minute and immediately after that, the assembly was removed and disengaged. The dental flask was bench-cooled for 5 minutes before deflasking. The blanks were removed from the moulds and the sprues were removed with a cut-off disc. The surfaces of the specimens were polished as per manufacturer's instructions.

Table 1: Materials and methods

Groups	Materials	No. of sample	Type	Powder: Liquid ratio	Type of processing	Manufacturer
A	Valplast	15	Nylon polyamide	Single component	Injection-moulded technique using a pressure of 5 bar; pre-heat in furnace to 287.7°C for 15 min	Valplast®, Valplast International Corp., New York, USA
B	Lucitone FRS	15	Nylon polyamide	Single component	Injection-molded technique using a pressure of 5 bar; pre-heat in furnace to 302°C for 15 min	Dentsply Trubyte York, U.S.A
C	SR Ivocap	15	Polymethyl methacrylate	Capsule content 20 gm:30 ml	Injection-molded technique using a pressure of 6 bar, heat-polymerized for 90 minutes at 100°C	Ivoclar vivadent India pvt. ltd

For SR Ivocap samples (Group C)

The monomer and polymer content within the capsule of SR Ivocap was mixed as per manufacturer instructions and was carried to the flask assembly. The pressure apparatus was placed in position, flask halves were assembled with the help of brackets. The injection process was carried out in an injection unit at a pressure at 6 bars using injection molding system. The flask was kept on bench for 30 minutes followed by curing in the acrylizer. The polymerization time, once the water starts to boil, was exactly 35 minutes. In order to reduce the content of residual monomer below 1%, the material must be polymerized for 90 minutes in boiling water. The flasks were cooled slowly to room temperature and deflasking was done. The blanks were removed from the moulds and the sprues were removed with a cut-off disc. The surfaces of the specimens were polished as per manufacturer's instructions.

Testing of samples

A flexural three-point bending test was carried out in a water bath at 37°C, on an Instron Universal Testing machine to test the flexural modulus and flexural strength. The dimensions of each specimen were entered into the program for computation. The distance between the two supporting wedges was 50 mm and the crosshead speed was set at 5 mm min⁻¹. Prior to flexural testing, all the specimens were stored in distilled water at room temperature for 50 hours.^[17-19]

Individual specimens were removed from water bath and placed on supports of the flexural testing device. Valplast specimens were dipped in warm water for 2 to 3 minutes prior to testing, as per manufacturer's instructions. While placing the sample on the testing device, care was taken that the central loading plunger was touching the midline of the sample. The force in Newton was applied perpendicular to the center of specimen strips and the specimen was gradually loaded using universal testing machine at the crosshead speed of 5 mm min⁻¹. Load and corresponding deflections were recorded for each specimen. Load deflection curve was plotted for each specimen. The samples were loaded until they fractured for SR Ivocap (Group C) samples. Valplast (Group A) and Lucitone FRS (Group B) samples did not fracture, so the load was applied till maximum capacity of the three-point testing device (26 mm of deflection).

The flexural modulus (E) and flexural strength was determined by calibrating the machine and the values automatically computed from the equation:

Flexural modulus was determined by formula:

$$E = \frac{FL^3}{4ybd^3}$$

Where, y = deflection corresponding to load F at a point in a straight line portion of the load deflection curve,

L = length between jigs,

b = width and

d = thickness of specimen.

$$\text{Flexural strength (S)} = \frac{3PL}{2bd^2}$$

Where, P = load at fracture or maximum load recorded at load deflection curve (i.e., load at maximum deflection)

Results

The results were statistically analyzed using SPSS Version 12. One-way ANOVA test of variance and *post-hoc* Scheffe multiple comparison and range test was applied. Level of significance was set at $P < 0.05$.

Table 2 shows the mean flexural modulus, standard deviation, and coefficient of variation of Group A, Group B, and Group C, respectively. The comparison of flexural modulus of three groups was done using one-way ANOVA test of variance [Table 3]. The difference in flexural modulus of all the three groups was statistically significant, $P < 0.05$.

The comparisons between three groups using *post hoc* Scheffe multiple comparison and range test revealed that the mean flexural modulus of nylon-based denture materials was higher than injection-molded polymethylmethacrylate. The difference was statistically significant, $P < 0.05$

The mean flexural modulus of Valplast (Group A) was lower than Lucitone FRS (Group B); hence, the difference was statistically significant, $P < 0.05$. This indicated that Valplast (Group A) is more flexible than Lucitone FRS (Group B).

Table 4 shows the mean flexural strength, standard deviation, and coefficient of variation of Group A, Group B, and Group C, respectively. The comparison of flexural strength of three groups was done using one-way ANOVA test of variance [Table 5]. The difference in flexural strength of all the three groups was statistically significant, $P < 0.05$. The

Table 2: Flexural modulus (MPa) of denture base material

Materials	Mean	Standard deviation	Coefficient of variation
Valplast	1211.09	103.86	0.081
Lucitone FRS	1547.9	64.59	0.04
SR Ivocap	757.8	49.59	0.063

Table 3: One-way ANOVA analysis-flexural modulus (MPa) of denture base material

	SS	Df	MS	F	P
Between	4,715,854.05	2	2,357,927.026	406.121	0.000
Within	243,851.101	42	5,805.979		
Total	4,959,705.152	44			

SS = Sum of squares, Df = Degree of freedom, MS = Mean squares, ANOVA = Analysis of variance, MPa = Mega Pascal

Table 4: Flexural strength (MPa) of denture base material

Materials	Mean	Standard deviation	Coefficient of variation
Valplast	77.28	3.443	0.0445
Lucitone FRS	73.78	3.899	0.0528
SR Ivocap	66.81	3.836	0.057

MPa = Mega Pascal

Table 5: One-way ANOVA analysis-flexural strength (MPa) of denture base material

	SS	Df	MS	F	P
Between	852.259	2	426.130	30.604	0.000
Within	584.799	42	13.924		
Total	1,437.058	44			

SS = Sum of squares, Df = Degree of freedom, MS = Mean squares, ANOVA = Analysis of variance, MPa = Mega Pascal

mean flexural strength of Valplast was highest followed by Lucitone FRS and SR Ivocap.

Discussion

Flexible resins were introduced in the market as an alternative to the use of conventional acrylic resins for the construction of complete and partial removable dentures.^[20]

For nylon samples, load deflection curves show a sudden increase in the strain at a particular value of stress and the elongation increases rapidly. This cold drawing behavior is associated with the internal irregularity of nylon. Nylon is a crystalline polymer, whereas polymethylmethacrylate is amorphous. Thus in solid nylon, there is more or less ordered parallel packing of the long-chain molecules which is due to strong attractive forces between the chains. The consequence is a more perfect parallel orientation of the molecules in the direction of elongation, which result in considerable increase in mechanical properties like high flexural modulus, high resistance to shock, i.e., impact and resistance to abrasion.^[21]

The load deflection curve of Valplast shows that the strain is directly proportional to flexural stress up to a particular point, beyond which the elongation increases considerably for the same value of stress. But unlike the behavior of Lucitone FRS after this rapid elongation, greater stress was required to produce further elongation. This strain-hardening phenomenon renders the material stronger, harder, and less ductile.

The load deflection curve of SR Ivocap shows that as flexural stress increases, strain increases steadily till the point where specimen fractures.

The mean flexural modulus of nylon-based denture material Lucitone FRS was (1547.9 ± 78.03 MPa). This was consistent with the values obtained by Yunus N *et al.*^[8] (1714.4 ± 152.3 MPa).

The mean flexural modulus of nylon-based denture materials, Valplast, was (1211.09 ± 112.7 MPa). These values were higher than those given by Moore BK *et al.*^[22] (785 ± 74.6) where a 6% maximum strain, low cycle fatigue test was performed in air at 23°C. Hence, the difference in values can be attributed to the different test conditions.

The mean flexural modulus of injection-molded SR Ivocap was (757.8 ± 13.4 MPa), which was in comparison to results obtained by Ucar.^[1] The result of this study was in agreement with those of MacGregor *et al.*,^[6] Smith DC,^[12] and Stafford *et al.*,^[23] where nylon was found to be more flexible than polymethylmethacrylate denture base polymers.

Nylon polyamide is promoted as a denture base material on the basis of its good flexural strength, which allows it to engage certain degree of undercuts for retention. It is usually indicated in certain clinical situations where flexibility is desired like tori, tuberosities, protuberance, extremely bulging alveolar processes, especially in the maxillary anterior (labial) area posing problems of esthetics as well as retention and as an alternative in patients who have sensitivity or allergy to methyl methacrylate monomer.^[24-29]

The mean flexural modulus of Valplast was significantly lower than Lucitone FRS. This indicated that Valplast is less rigid and more flexible than Lucitone FRS, and hence more useful in conditions where flexibility in denture base is desired.

The mean flexural strength of Lucitone FRS was (73.78 ± 2.1 MPa), which is comparatively higher than the values obtained by Yunus N *et al.*^[8] (55.3 ± 3 MPa). The flexural strength of nylon-based denture materials was calculated at maximum deformation, as the samples did not fracture and deflected beyond the capacity of transverse test jig. Matthews E and Smith DC,^[5] Hargreaves AS^[30] stated that though on straight comparison, the flexural strength of nylon materials is comparable to polymethylmethacrylate, the flexibility of nylon coupled with its strength enables it to resist fracture on constant stressing, i.e., under flexural fatigue.

The mean flexural strength of Lucitone FRS was significantly lower than Valplast. This is explained by the strain hardening phenomenon shown by Valplast. This indicates that Valplast is more resistant to deformation, fracture, or irreversible yield under flexural stress than Lucitone FRS. Though SR Ivocap has flexural strength comparable to Lucitone, its lower flexural modulus limits the amount of rigidity acquired by conventional compression-molded polymethylmethacrylate.

After relating all the data inferred, the results of this study indicate that the Valplast is more flexible than both Lucitone FRS and SR Ivocap. Its flexural strength is higher than Lucitone FRS and SR Ivocap.

However currently, the applications of Valplast flexible denture base material are limited to conditions like unyielding undercuts, tori, tuberosities, proven allergy to polymethylmethacrylate, and small- to medium-sized partial dentures. Hence, it has rising potential as a denture base material to be used in all conditions.

Conclusion

Within the limitations of this study, the following conclusions were drawn that the mean flexural modulus of Valplast was significantly lower than Lucitone FRS, thereby indicating that Valplast is less rigid and more flexible than Lucitone FRS. SR Ivocap displayed flexural strength comparable with Lucitone, but less than Valplast.

To substantiate the results of this study, more extensive research with larger sample size, better simulation of oral conditions, and long-term clinical trials are advocated.

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